

STAY & PLAY AT TUCSON'S FAVORITE 55+ RESORT

HELLO
April 2024



The West Villager

4555 S. Mission Rd., Tucson, AZ 85746

520-889-6900

www.RinconCountry.com

Highlights

NEW! EBike Rentals
50th Wedding Anniversary
Recap 2023-2024 Season

Planning Ahead

2025 RCW Entertainment Series
Renew Entertainment Your Series Tickets
2024-2025 Room Reservation Forms



NEW 'campersApp' for Activities

When you are on the move and don't have access to your printed activity schedule.

NEW!

Introductory Offer

**DAILY \$25
WEEKLY \$100**

**EBIKE
RENTALS**

**RCW IS YOUR LAUNCH PAD TO
THE LOOP**

Living at RCW offers a unique opportunity to have private access to the LOOP right outside your back door.

Enjoy why USA Today named The Loop the number one bike path in America!

**DISCOVER
THE LOOP**

From Rincon Country West

Scan Me



XPSTEP-THRU



XPEAK STEP-THRU



XTTRIKE

**HELMET RENTAL
DAILY \$5
WEEKLY \$20**

What an amazing season this has been—full of soul-stirring experiences, unforgettable memories, and new acquaintances that turned into friendships. So many of you spent your winter this year at Rincon Country West RV Resort, and we cherish every single moment you shared with us. It was such an honor and a great pleasure to welcome you and pamper you while you are here!

The bright smiles on your faces as you checked into the Activity Office, and your kind words were our biggest reward! As we wrap everything up, we would like to thank each and every one of you from the bottom of our hearts, for giving us the chance to do what we love—thank you for an absolutely magical season! See you again in a few months!

Your Activity Team
Marletta, Mary, and Mickie

MEMORIES FOR A LIFETIME





Safety First!

I'm OK

Here at RCW we want to make sure you are A-OK! The "I'm Okay Club" is a program for guests and residents who are living alone.

Once you sign up with the Activity Office, you must call in daily before 10:00AM. This is just a daily check-in by phone that allows us to make sure you are OK. If you don't call in by 10:00AM, we will try and reach you. If we are unsuccessful, we will come to your house and check on you.

Please stop by the Activity Office during the season or the Main Office during the summer to sign up. We look forward to hearing from you.

Concerned about a neighbor? Call the Activity Office and we will reach out.

Safety and Wildlife



For maximum safety, carry a flashlight when you are walking at night, keep pets on a leash, and remain alert to an unlikely, but possible encounter.

Avoid Heat Related Illness

Drink water - at least 2 liters (8 cups) of water per day.

Dress properly - lightweight, light colored clothing, wear a hat or carry an umbrella. Apply sunscreen to exposed skin.

Take it easy - avoid strenuous activity. If you must, do it in the morning between 4:00AM to 7:00AM (summer time). Take breaks in a cool place if possible.



Speed Limit

Please observe the 10-mph speed limit inside the park.

Only you can prevent speed bumps.



AED Devices

We have four (4) Automated External Defibrillator (AED) devices. Make it a point to learn their locations. There is one in the Breezeway near the Auditorium, D street Laundry, Rally Room, and Pickleball/Tennis courts.



Amazon orders:

DO NOT USE the Words "Site" or "Rincon" on your orders. Use #:

Example for lot 421

Your Name

4555 S Mission Rd #421,
Tucson, AZ 85746



Missing a package?

USPS go to mailbox

UPS, FEDEX (couriers) go to door.

Wifi HotSpots @ Rincon West



Network	PW
RCW Auditorium HotSpot	None
RCW Billiard Room HotSpot	None
RCW CardRoom HotSpot	None
RCW Classroom 2 HotSpot	None
RCW Coffee Room HotSpot	None
RCW Exercise Room HotSpot	None
RCW Extended Network	None
RCW Office HotSpot	None
Rincon-Guest	beathelcent

Get Text Alerts from Rincon Country!

Sign up to receive text alerts from the Rincon Country office. Send RCWalerts to 41372. This will be strictly **used for utility outages and emergencies** and you can opt out at any time.

Hours: M - F 9am to 4pm | Closed for Lunch Noon to 1pm

For Club Leaders "The Villager" Submissions

Club and Group leaders, if you wish to promote your club's activities in the upcoming issue of "The Villager", the submission deadline is the 5th of each month. You may submit your articles at any time between now and then. Remember to include times, dates, room locations, contact names, and phone numbers in your articles.

You may email your articles to marletta@rinconcountry.com

Submission Guidelines: Do NOT **bold**, underline, or use all CAPITALS in your articles, and keep articles to 150 words or less. Submit one for each month.



Bulletin Boards & Signs

The bulletin boards located in front of the main office and next to Jewelry Arts are used for club schedules and communication from the Activity Office. If you or your club would like to post something on these boards, it must be 1/2 page and approved by the Activity Office. Each room has new frames or bulletin boards (Rec Hall) for each room specific activities. You are invited to post your clubs activities in these shared frames. The new standing bulletin board is for that days or the weeks events. Keys are located in the Activity Office.

Friday Coffee Slide Show

Items can be in the Friday Coffee slide show for the upcoming week. Slideshow deadlines are each Monday and can be submitted to marletta@rinconcountry.com or on the form in the Activity Office.

Club and Activity Guide

Distributed to all residents in December and available in print in the Activity Office. This guide will have details about all current clubs and contact information. If there are changes please notify the Activities Office.

campersApp - **New 2023-2024 Season**

We're introducing a tool to help keep you in the know while you are here at Rincon or away
campersApp



FREE download and use



This App is great when you are on the move and don't have access to your printed activity schedule. It will give you everything you need in one place, so you don't miss out on the fun activities planned during your stay. Scan the QR code with your phone or go to your phones Apple App Store or your Android Google Play to locate and download the App. No credit card or sign up required. Please stop by the Activity Office if you have any questions.

Activity Office: 520-889-6900

Active Winter Lifestyle



Pima County Food Bank

Rincon Country West supports the Pima County Food Bank. Please note there is a bench with a lift up lid in front of the Registration Office. Any extra non-perishable food items you may have can be put inside this bench. We regularly contact the Food Bank to stop by and pick up the items. This makes it handy for when you clean out those kitchen cupboards and you want to donate to a good cause!

RCW Food Events

BYOS "Green" Initiative

In an effort to reduce waste please be advised that unless otherwise noted, ALL breakfasts, lunches, dinners, and other food events sponsored by RCW are "BYOS." This means "bring your own service" - plate, fork, etc. Together, let's work together to reduce the volume of disposable waste that ends up in landfills.



BINGO

Practice your loudest "B-I-N-G-O" yell and bring your lucky charms. You could be the next big jackpot winner! Doors open 6pm. Ticket sales start 6:15pm. Ticket sales end 6:50 pm.

Bingo will begin promptly at 7:00 pm. We will have fresh popcorn, coffee, soda, candy, cookies, and daubers. The concession stand opens at 6:30 pm. Unable to accept \$50s and \$100s.



Be the first to get your Newsletter!

By subscribing to a paperless Villager, you will see the newsletter before it is printed, save 20-40 sheets of paper each month, and have access to RCW news from afar. Simply fill out the Paperless RCW Villager Newsletter Form to receive the Villager Newsletter via email.

Go Green...Go Paperless!

Refund Policy

Always keep your receipts. Refunds can only be given with receipt. Shuttle trips - No refunds or cancellations within 7 days of shuttle departure. No refunds after announced deadline dates. A minimum of 6 reserved seats per shuttle trip are needed. Charter bus trip cancellations require 3 week notice or before announced deadline. **Each refund will be reviewed on a case-by-case basis.**

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DONUT & COFFEE

8:30AM FRIDAYS

Rincon Family & News

Come and enjoy a cup of coffee and a doughnut provided by our sponsors.

The Activity Staff and Volunteer MC's will keep you up-to-date about what is happening at RCW.

Rincons Got Talent!!!

You may be treated to some amazing entertainment from one of our own RCW residents, Club, or a Special Guest.

Auditorium
Fridays
8:30am.

Hours: M - F 9am to 4pm | Closed for Lunch Noon to 1pm

2024-2025 Room Reservation Forms Available

Need a room for your Club, Event, or Potluck in the coming season? Stop by the Activity office to get your new Room Reservation form to request a room to be reserved for your activity.

Stop by the Activity Office to get your forms.

2024-2025 Major Park-Wide Event Request
Rincon Country West Activity Office – Phone: 520-889-6900 Email: activities@rinconcountry.com
Sponsoring Club / Group: _____
Event Start Time: _____ Event End Time: _____
Room Tear Down Time: _____

☐ ONE TIME EVENT ☐ ON GOING EVENT

2024-2025 ROOM Request
Rincon Country West Activity Office – Phone: 520-889-6900 Email: activities@rinconcountry.com

Room Requested:	Start Date:	End Date:
Alternate Room (If 1 st choice not avail)	Alternate Date:	

Activity: _____ Yes: _____ No: _____
SUBMIT YOUR ROOM RESERVATION REQUEST FORMS
Event Start Time: _____ Event End Time: _____
Special Needs: _____
SEE ACTIVITY OFFICE
Reminder: It is the responsibility of each activity/function to provide their own supplies and to leave the room clean and organized with tables and chairs.

Water ☐ Electricity ☐ Lighting ☐



Activity Office: 520-889-6900



Hours: M - F 9am to 4pm | Closed for Lunch Noon to 1pm



Thank you for a wonderful season!
See you in the Fall

THE 2025 RCW ENTERTAINMENT SERIES

This 2025 RCW Entertainment Series consists of the six shows below and will be held on Friday evenings in the RCW Auditorium at 7:00 p.m.

January 10th — White Winged Dove

A TRIBUTE TO STEVIE NICKS and FLEETWOOD MAC

Founded in 2019, White Winged Dove is comprised of veteran musicians led by the accomplished vocalist Kristine Robin. This high energy band will take you through the 40+ years of Stevie's legendary solo career as well as her Fleetwood Mac classics. The band brings to the stage, an authentic tribute to one of the most influential female rock vocalists and songwriters of all time. You'll be taken back in time as White Winged Dove rocks Stevie's hits including Stand Back, Edge of Seventeen, Rhiannon, Gypsy, If Anyone Falls, Landslide and many more.



January 24th — WILLIAM FLORIAN

BEATLES ACOUSTIC SING ALONG

William Florian is a former member of the famous 60s folk music group The New Christy Minstrels and he is also a favorite performer with our residents. Save the date and join us in the ballroom and sing along with William in this fun-filled concert as he performs your favorite Beatles songs including "I Saw Her Standing There", "Yesterday", "Help", "Yellow Submarine", and many more.

February 7th — KENNY HESS

THE SONGS THAT WROTE COUNTRY MUSIC

Recording artist, songwriter, performer and music entrepreneur Kenny Hess has been deeply involved in the country music industry since the early 80's. Born in small-town Saskatchewan, he cut his teeth singing the songs of such greats as Charlie Pride, Kris Kristofferson and George Jones.



February 21st — MARIO CARBONI

PIANIST EXTRAORDINAIRE

Mario Carboni, also known as the Honky-Tonk Rebel, was born in 1986, and started playing keyboards at a very early age (9 months!) He has been delighting audiences ever since with his extensive repertoire of honky-tonk, country-western, piano rock and roll, New Orleans jazz, blues, and boogie woogie.



March 7th — BOURBON STREET BASH

STARRING MISTER BOOGIE WOOGIE

Bourbon Street Bash is a hand-clapping, foot-stomping, one-of-a-kind tribute to the music of New Orleans. International superstar Mister Boogie Woogie sings the hits of famed blues artists Dr. John, Allen Toussaint, and – of course – Fats Domino. Come for an evening of classics like Blueberry Hill, I'm Ready, Blue Monday, Holy Cow, Working in a Coal Mine, and many, many more.



March 28th — THE CHICAGO EXPERIENCE

A TRIBUTE TO A LEGENDARY BAND

23 gold albums. 5 number one albums. 21 top-ten singles. 100+ million albums sold. Celebrate the music and majesty of the original “rock and roll band with horns”. Two vocalists blend seamlessly with amazing horn and rhythm sections to recreate the signature sound of the Rock & Roll Hall of Fame members. The Chicago Experience features “Saturday in the Park,” “If You Leave Me Now,” “Does Anybody Really Know What Time It Is,” and many, many more – it’ll be an evening of the greatest hits from the greatest band of all time.





MON 1

9:30AM SHUTTLE - Strolls & Stories Tour of Tucson & Lunch

TUE 3

4:30pm SHUTTLE - Tanque Verde Cowboy Cookout

FRI 5

8:30am **Friday Coffee & Donut Program**

3:00pm SHUTTLE - Beer Tasting

SUN 7

11:00am SHUTTLE - Tucson Folk Festival #1

3:00pm SHUTTLE - Tucson Folk Festival #2

MON 8

8:30am Blood Drive Rally Room Vitalant

10:00am SHUTTLE - Desert Museum

WED 10

10:00am SHUTTLE - Sonoita Area Wine Tasting & Lunch at Dos Cabezas

FRI 12

8:30am **Friday Coffee & Donut Program *Last one of the season**

5:30pm SHUTTLE - Hockey Game: Tucson Roadrunners vs. Colorado Eagles

MON 15

10:00am SHUTTLE - Madaras Gallery & Lunch
Activity Office Closes for the Season @ 4pm

See you next Season!

Wood Carver of the Year

Woodcarvers President, Tim Heidlebaugh, presents the 2023-2024 Carver of the Year Award. Our sincere appreciation to Armatha Green for her continued support to the Woodcarving Club of RCW. Armatha has been selected to be the Wood Carver of the Year.

Picture left Armatha Green, right Tim Heidlebaugh



Club News

Rincon Country West

SunBird Summer Sippers

Wine Tasting

We will be meeting the 2nd & 4th Sundays in the Rec Hall at 4pm beginning April 12 to October 13th. The 2nd Sunday is a wine from USA and the 4th Sunday is a wine from a foreign country. Bring a bottle of wine per couple, two glasses per person, table service, and an appetizer to share. Everyone welcome!

Jan Hedgpeth - 520 741-9565

Rick & Gloria Paul - 806-654-2649



Stained Glass:



With copper foil or lead came.

Starts March 4th Sign-up for lessons in Multi-Purpose room.

Lessons are two weeks on Monday morning starting at 9 am.

Classes on cutting, grinding, foiling and soldering will be

provided.

Project kits and tools are available.

GREAT NEWS! The Stained Glass Club Is now offering Knife Sharpening Tuesday—Friday from 9:00 to 11:00 Multipurpose room \$5.00 for 3 knives

RCW's Artful Coloring

Enjoy 1.5 hours of fellowship, coloring with your own choice of pencils, pens, etc. Please bring your own coloring book and "tools" to color. We also have paints & rocks with brushes & decorating tools to design your own creations. Extra rocks always appreciated!! Beginners to advanced artists.

When & Where

Wednesdays, 2-4:30pm, December-April

Cardroom 2.

Contacts: Co-leaders Cathy Hershberger, #1085, 402-304-7579, clhersh622@gmail.com & Connie McElvain, #265, 402-499-1035, clmc622@aol.com

RCW's Nana's Needles

Proud of our Nana's Needles club! This early December we were able to deliver 50 blankets, 90 infant & children's hats, plus a few misc. knitted & crocheted items to Casa

de los Ninos! Thankful

for support of RCW friends who donate yarn & purchased items at recent Craft Fair.

When & Where

Fridays 9:30-11:30am, Arts & Crafts room

Contact: co-leaders Cathy Hershberger, #1085, 402-304-7579, clhersh622@gmail.com & Joan Van Loozenoord, #1088, 303-908-8746, jkvanlooz@gmail.com



TED Talk Discussion Group

Do you enjoy good conversation with interesting and intelligent people? Have you ever watched TED Talks online and like the idea of talking with others about what you've seen? Kathy & Thom Gottberg (J352) will be leading a new moderated discussion group held once a month for Jan/Feb/March and April using TED Talks to start off the conversations. (Go to TED.com if you want examples of the diverse subjects—they are no cost, you do not have to join to watch) A specific talk will be selected in advance (10-20 minute max) and then we will all watch it together before the conversation begins. Join us!

When & Where

April 9 @ 1:00 pm in Rec Room

Questions: email Kathy & Thom at kathy@gottgreen.com



**DISCUSSION GROUP
APRIL 9, 1PM - 2:30PM
REC HALL**

Menopausal Reset Weight Management

Who wouldn't like to reset the symptoms of menopause and aging? Side effects such as weight gain, hot flashes, type two diabetes, inflammation, etc. Now you might be saying, yeah I've heard it all before; it is what it is. But what if I told you there are things we can do to reduce symptoms backed by viable research of Dr. Ohsumi who won the Nobel Award in 2016; he proved fasting reduces not only weight gain and diabetes, but also helps heal many conditions that we contract after the age of 50. His findings show that fasting affects not only our physiology, but also slows the aging process and increases overall health down to the cellular level.

Personally, I have always believed that we don't have to endure all these conditions or surrender to a plethora of medication. I have always felt that we can heal ourselves naturally through diet and lifestyle.

So what exactly is the menopausal reset? Finding how the body can do its own repair. Come discover how. Together we will read together Dr. Peltz's book, watch videos and offer support.

Join us each Tuesday at 2:00 in Classroom #2



Photography Club



RCW COOKBOOK PRESALE

Save 20% Until June 1st, 2024

Officially reserve yours today! Save 20% off Retail Now until June 1st! The cookbook will be available in early 2025 for \$15. Right now you can purchase a copy for \$12 by filling out the Advance Sale Cookbook Coupon available in the coffee room. Simply write in your information, make a check out to RCW recipe club for \$12 and send it to us through "in park" mail to Mailbox R-1037!

Recipes Wanted!

We would love your special recipes to include in the RCW Cookbook!

Please send your favorites through "in park mail" to Mailbox R-1037 or email them to RCWrecipe@gmail.com. Just remember to add your name, state/providence, city, and a phone number we can use to contact you in case of questions!



YOGA

MONDAY & WEDNESDAY
8:30-9:30AM Last day 4/3

STRENGTH & FLEXIBILITY

Fee: \$5.00/ class. Bring a mat. Taught by Jeri Wilson, Certified Yoga Teacher. Jeriwilson723@gmail.com
 207-692-4191



Patriotic Project Quilts

When: 8:30 am - 3:30 pm Friday
 Where: Sewing Room. Oct 20, 2023 - April 12, 2024

Contact: Sharon Young
 479-644-8643, youngsharon87@gmail.com or Jan Anders
 520-349-0370.

Patriotic Project creates quilts for residents of the Tucson's Veterans Home. The groups' goal is to make 30 quilts a years and personally deliver them to the residents of the Veterans Home. The project is funded by donations. It's a wonderful place to

gain knowledge, to piece, bind, sandwich and quilt. Come join us to assemble the red, white and blue with fun and laughter.



**Monday to
 Saturday
 8-9am
 &
 10-11am
 All Summer Long**

Shuttles

Rincon Country West

****NEW****

Shuttle Information
Guide book available in
Activity Office

NEW SHUTTLE

Strolls and Stories Tours of Tucson

Monday, April 1st 9:30am
Sign up at Activity Office



NEW SHUTTLE

Deadline 3/25

Tanque Verde Cowboy Cookout
Wednesday, April 3 4:30pm
Sign up at Activity Office



NEW SHUTTLE Beer Tasting & Dinner

Sign up at Activity Office

• **Friday, APRIL 5**
@ 3:00pm



NEW SHUTTLE

Sunday, APRIL 7
11:00am
&
3:00pm



Shuttles

Rincon Country West

NEW SHUTTLE

ARIZONA-SONORA
DESERT
MUSEUM

Arizona-Sonora Desert
Museum

Sign up at
Activity
Office

APRIL 8 , MONDAY 10AM



NEW SHUTTLE

Sonoma Area Wine Tasting

**Wed, April 10
10:00am**

Sign up at Activity Office



NEW SHUTTLE



VS



**Friday
April 12, 5:30pm**

Sign up at Activity Office

NEW SHUTTLE

madaras
Gallery

Mon, April 15 10:00am

Sign up at Activity Office



**See you
soon!**



The 50th Wedding Anniversary Celebration



50th Wedding Anniversary



Photo Credits: Larry Padgett, Steve Peachey, and Bruce Petway / Photography Club



The 50th Wedding Anniversary Celebration



50th Wedding Anniversary





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\$50,000	\$2,500	\$25,000	\$5,000	\$100,000	\$500	\$1,000	\$318
\$60,000	\$3,500	\$30,000	\$6,000	\$100,000	\$500	\$1,000	\$337
\$70,000	\$4,500	\$35,000	\$7,000	\$100,000	\$500	\$1,000	\$365
\$80,000	\$5,500	\$40,000	\$8,000	\$100,000	\$500	\$1,000	\$390
\$90,000	\$6,500	\$45,000	\$9,000	\$100,000	\$500	\$1,000	\$416
\$100,000	\$7,500	\$50,000	\$10,000	\$100,000	\$500	\$1,000	\$438
\$110,000	\$8,500	\$55,000	\$11,000	\$100,000	\$500	\$1,000	\$456
\$120,000	\$9,500	\$60,000	\$12,000	\$100,000	\$500	\$1,000	\$471

*** Prices printed are subject to change without notice. For the most up to date information visit at: foxreliable.com.

The Arizona rates listed above are based on the following assumptions: Insured's age is 64 years old, no mortgage, no claims for three years, and the unit was built in 1995 or newer. Home values are based on an \$85 square foot replacement cost with a deductible of \$1,000. Visa / Mastercard / Discover / American Express