

#### Highlights

**NEW!** EBike Rentals 50th Wedding Anniversary Recap 2023-2024 Season

#### **Planning Ahead**

2025 RCW Entertainment Series Renew Entertainment Your Series Tickets 2024-2025 Room Reservation Forms



NEW 'campersApp' for Activitites

When you are on the move and don't have access to your printed activity schedule.



# **EBIKE** RENTALS

#### RCW IS YOUR LAUNCH PAD TO THE LOOP

Living at RCW offers a unique opportunity to have private access to the LOOP right outside your back door.

Enjoy why USA Today named The Loop the number one bike path in America!



XPSTEP-THRU

DAILY \$5 WEEKLY \$20

HELMET RENTAL



XTRIKE







What an amazing season this has been—full of soul-stirring experiences, unforgettable memories, and new acquaintances that turned into friendships. So many of you spent your winter this year at Rincon Country West RV Resort, and we cherish every single moment you shared with us. It was such an honor and a great pleasure to welcome you and pamper you while you are here!

The bright smiles on your faces as you checked into the Activity Office, and your kind words were our biggest reward! As we wrap everything up, we would like to thank each and every one of you from the bottom of our hearts, for giving us the chance to do what we love—thank you for an absolutely magical season! See you again in a few months!

Your Activity Team Marletta, Mary, and Mickie

# MEMORIES FOR A LIFETIME































Activity Office: 520-889-6900



# Safety First!

#### I'm OK

Here at RCW we want to make sure you are A-OK! The "I'm Okay Club" is a program for guests and residents who are living alone.

Once you sign up with the Activity Office, you must call in daily before 10:00AM. This is just a daily check-in by phone that allows us to make sure you are OK. If you don't call in by 10:00AM, we will try and reach you. If we are unsuccessful, we will come to your house and check on you.

Please stop by the Activity Office during the season or the Main Office during the summer to sign up. We look forward to hearing from you.

Concerned about a neighbor? Call the Activity Office and we will reach out.



#### Speed Limit

Please observe the 10-mph speed limit inside the park.

Only you can prevent speed bumps.

#### AED Devices



We have four (4) Automated External Defibrillator (AED) devices. Make it a point to learn their locations. There is one in the Breezeway near the Auditorium, D street Laundry, Rally Room, and Pickleball/Tennis courts.

#### Wifi HotSpots @ Rincon West



Network	PW	
RCW Auditorium HotSpot	None	
RCW Billiard Room HotSpot	None	
RCW CardRoom HotSpot	None	
RCW Classroom 2 HotSpot	None	
RCW Coffee Room HotSpot	None	
RCW Exercise Room HotSpot	None	
RCW Extended Network	None	
RCW Office HotSpot	None	
Rincon-Guest	beattheher	

## Safety and Wildlife



For maximum safety, carry a flashlight when you are walking at night, keep pets on a leash, and remain alert to an unlikely, but possible encounter.

#### Avoid Heat Related Illness

Drink water - at least 2 liters (8 cups) of water per day.

Dress properly - lightweight, light colored clothing, wear a hat or carry an umbrella. Apply sunscreen to exposed skin.



Take it easy - avoid strenuous activity. If you must, do it in the morning between 4:00AM to 7:00AM (summer time). Take breaks in a cool place if possible.



#### Amazon orders:

DO NOT USE the Words "Site" or "Rincon" on your orders. Use #:

Your Name
4555 S Mission Rd #421,
Tucson, AZ 85746

Missing a package? USPS go to mailbox

UPS, FEDEX (couriers) go to door.

## Get Text Alerts from Rincon Country!

Sign up to receive text alerts from the Rincon Country office. Send RCWalerts to 41372. This will be strictly **used for utility outages and emergencies** and you can opt out at any time.

Hours: M - F 9am to 4pm | Closed for Lunch Noon to 1pm

#### For Club Leaders "The Villager" Submissions

Club and Group leaders, if you wish to promote your club's activities in the upcoming issue of "The Villager", the submission deadline is the 5th of each month. You may submit your articles at any time between now and then. Remember to include times, dates, room locations, contact names, and phone numbers in your articles.

You may email your articles to marletta@rinconcountry.com

Submission Guidelines: Do NOT bold, underline, or use all CAPITALs in your articles, and keep articles to 150 words or less. Submit one for each month.

#### Bulletin Boards & Signs

The bulletin boards located in front of the main office and next to Jewelry Arts are used for club schedules and communication from the Activity Office. If you or your club would like to post something on these boards, it must be 1/2 page and approved by the Activity Office. Each room has new frames or bulletin boards (Rec Hall) for each room specific activities. You are invited to post your clubs activities in these shared frames. The new standing bulletin board is for that days or the weeks events. Keys are located in the Activity Office.

## Friday Coffee Slide Show

Items can be in the Friday Coffee slide show for the upcoming week. Slideshow deadlines are each Monday and can be submitted to marletta@rinconcountry.com or on the form in the Activity Office.

## Club and Activity Guide

Distributed to all residents in December and available in print in the Activity Office. This guide will have details about all current clubs and contact information. If there are changes please notify the Activities Office.

### campersApp - \*\*New 2023-2024 Season \*\*

We're introducing a tool to help keep you in the know while you are here at Rincon or away \*\*campersApp\*\*

#### FREE download and use

This App is great when you are on the move and don't have access to your printed activity

place, so you don't miss out on the fun activities planned during your stay. Scan the QR code with your phone or go to your phones Apple App Store or your Android Google Play to locate and download the App. No credit card or sign up required. Please stop by the Activity Office if you have any questions.

#### Active Winter Lifestyle



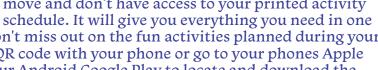












Activity Office: 520-889-6900

#### Pima County Food Bank

Rincon Country West supports the Pima County Food Bank. Please note there is a bench with a lift up lid in front of the Registration Office. Any extra non-perishable food items you may have can be put inside this bench. We regularly contact the Food Bank to stop by and pick up the items. This makes it handy for when you clean out those kitchen cupboards and you want to donate to a good cause!

#### RCW Food Events

#### BYOS "Green" Initiative

In an effort to reduce waste please be advised that unless otherwise noted, ALL breakfasts, lunches, dinners, and other food events sponsored by RCW are "BYOS." This means "bring your own service" - plate, fork, etc. Together, let's work together to reduce the volume of disposable waste that ends up in landfills.



#### **BINGO**

Practice your loudest "B-I-N-G-O" yell and bring your lucky charms. You could be the next big jackpot winner! Doors open 6pm. Ticket sales start 6:15pm. Ticket sales end 6:50 pm. Bingo will begin promptly at

7:00 pm. We will have fresh popcorn, coffee, soda, candy, cookies, and daubers. The concession stand opens at 6:30 pm. Unable to accept \$50s and \$100s.



# Be the first to get your Newsletter!

By subscribing to a paperless Villager, you will see the newsletter before it is printed, save 20-40

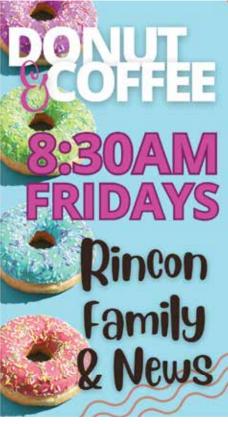
sheets of paper each month, and have access to RCW news from afar. Simply fill out the Paperless RCW Villager Newsletter Form to receive the Villager Newsletter via email.

Go Green...Go Paperless!

## Refund Policy

Always keep your receipts. Refunds can only be given with receipt. Shuttle trips - No refunds or cancellations within 7 days of shuttle departure. No refunds after announced deadline dates. A minimum of 6 reserved seats per shuttle trip are needed. Charter bus trip cancellations require 3 week notice or before announced deadline. Each refund will be reviewed on a case-by-case basis.





Come and enjoy a cup of coffee and a doughnut provided by our sponsors.

The Activity Staff and Volunteer MC's will keep you up-todate about what is happening at RCW.

## Rincons Got Talent!!!

You may be treated to some amazing entertainment from one of our own RCW residents, Club, or a Special Guest.

Auditorium Fridays 8:30am.

#### 2024-2025 Room Reservation Forms Available

Need a room for your Club, Event, or Potluck in the coming season? Stop by the Activity office to get your new Room Reservation form to request a room to be reserved for your activity.

Stop by the Activity Office to get your forms.





















Activity Office: 520-889-6900























Hours: M - F 9am to 4pm | Closed for Lunch Noon to 1pm

































Thank you for a wonderful season! See you in the Fall

## THE 2025 RCW ENTERTAINMENT SERIES

This 2025 RCW Entertainment Series consists of the six shows below and will be held on Friday evenings in the RCW Auditorium at 7:00 p.m.

## January 10th — White Winged Dove A TRIBUTE TO STEVIE NICKS and FLEETWOOD MAC

Founded in 2019, White Winged Dove is comprised of veteran musicians led by the accomplished vocalist Kristine Robin. This high energy band will take you through the 40+ years of Stevie's legendary solo career as well as her Fleetwood Mac classics. The band brings to the stage, an authentic tribute to one of the most influential female rock vocalists and songwriters of all time. You'll be taken back in time as White Winged Dove rocks Stevie's hits including Stand Back, Edge of Seventeen, Rhiannon, Gypsy, If Anyone Falls, Landslide and many more.



# January 24th — WILLIAM FLORIAN BEATLES ACOUSTIC SING ALONG

William Florian is a former member of the famous 60s folk music group The New Christy Minstrels and he is also a favorite performer with our residents. Save the date and join us in the ballroom and sing along with William in this fun-filled concert as he performs your favorite Beatles songs including "I Saw Her Standing There", "Yesterday", "Help", "Yellow Submarine", and many more.

# February 7th — KENNY HESS THE SONGS THAT WROTE COUNTRY MUSIC

Recording artist, songwriter, performer and music entrepreneur Kenny Hess has been deeply involved in the country music industry since the early 80's. Born in small-town Saskatchewan, he cut his teeth singing the songs of such greats as Charlie Pride, Kris Kristofferson and George Jones.



#### February 21st — MARIO CARBONI

#### PIANIST EXTRAORDINAIRE

Mario Carboni, also known as the Honky-Tonk Rebel, was born in 1986, and started playing keyboards at a very early age (9 months!) He has been delighting audiences ever since with his extensive repertoire of honky-tonk, country-western, piano rock and roll, New Orleans jazz, blues, and boogie woogie.





## March 7th — BOURBON STREET BASH

STARRING MISTER BOOGIE WOOGIE

Bourbon Street Bash is a hand-clapping, foot-stomping, one-of-a-kind tribute to the music of New Orleans. International superstar Mister Boogie Woogie sings the hits of famed blues artists Dr. John, Allen Toussaint, and — of course — Fats Domino. Come for an evening of classics like Blueberry Hill, I'm Ready, Blue Monday, Holy Cow, Working in a Coal Mine, and many, many more.

#### March 28th —THE CHICAGO EXPERIENCE

A TRIBUTE TO A LEGENDARY BAND

23 gold albums. 5 number one albums. 21 top-ten singles. 100+ million albums sold. Celebrate the music and majesty of the original "rock and roll band with horns". Two vocalists blend seamlessly

with amazing horn and rhythm sections to recreate the signature sound of the Rock & Roll Hall of Fame members. The Chicago Experience features "Saturday in the Park," "If You Leave Me Now," "Does Anybody Really Know What Time It Is," and many, many more — it'll be an evening of the greatest hits from the greatest band of all time.



MON 1

9:30AM SHUTTLE - Strolls & Stories Tour of Tucson &

Lunch

TUE 3

4:30pm SHUTTLE - Tanque Verde Cowboy Cookout

FRI 5

8:30am Friday Coffee & Donut Program

3:00pm SHUTTLE - Beer Tasting

SUN 7

11:00am SHUTTLE - Tucson Folk Festival #1

3:00pm SHUTTLE - Tucson Folk Festival #2

MON 8

8:30am Blood Drive Rally Room Vitalant

10:00am SHUTTLE - Desert Museum

**WED 10** 

10:00Am SHUTTLE - Sonoita Area Wine Tasting &

Lunch at Dos Cabezas

FRI 12

8:30am Friday Coffee & Donut Program \*Last one of the season

5:30pm SHUTTLE - Hockey Game: Tucson Roadrunners vs. Colorado Eagles

**MON 15** 

10:00am SHUTTLE - Madaras Gallery & Lunch

Activity Office Closes for the Season @ 4pm

See you next Season!

## Wood Carver of the Year

Woodcarvers President, Tim Heidlebaugh, presents the 2023-2024 Carver of the Year Award. Our sincere appreciation to Armatha Green for her continued support to the Woodcarving Club of RCW. Armatha has been selected to be the Wood Carver of the Year.

Picture left Armatha Green, right Tim Heidlebaugh





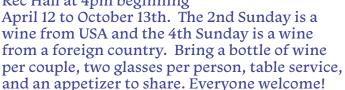
# Club News

#### Rincon Country West

### SunBird Summer Sippers

Wine Tasting

We will be meeting the 2nd & 4th Sundays in the Rec Hall at 4pm beginning



Jan Hedgpeth - 520 741-9565 Rick & Gloria Paul - 806-654-2649



#### RCW's Nana's Needles

Proud of our Nana's Needles club! This early December we were able to deliver 50 blankets, 90 infant & children's hats, plus a few misc. knitted & crocheted items to Casa de los Ninos! Thankful

for support of RCW friends who donate yarn & purchased items at recent Craft Fair.

#### When & Where

Fridays 9:30-11:30am, Arts & Crafts room Contact: co-leaders Cathy Hershberger, #1085, 402-304-7579, clhersh622@gmail.com & Joan Van Loozenoord, #1088, 303-908-8746, jkvanlooz@gmail.com

#### Stained Glass:



With copper foil or lead came. Starts March 4th Sign-up for lessons in Multi-Purpose

Lessons are two weeks on Monday morning starting at 9 am.

Classes on cutting, grinding, foiling and soldering will be

provided.

Project kits and tools are available.

GREAT NEWS! The Stained Glass Club Is now offering Knife Sharpening Tuesday—Friday from 9:00 to 11:00 Multipurpose room \$5.00 for 3 knives

#### RCW's Artful Coloring

Enjoy 1.5 hours of fellowship, coloring with your own choice of pencils, pens, etc. Please bring your own coloring book and "tools" to color. We also have paints & rocks with brushes & decorating tools to design your own creations. Extra rocks always appreciated!! Beginners to advanced artists.

#### When & Where

Wednesdays, 2-4:30pm, December-April Cardroom 2.

Contacts: Co-leaders Cathy Hershberger, #1085, 402-304-7579, clhersh622@gmail.com & Connie McElvain, #265, 402-499-1035, clmc622@aol.com







#### TED Talk Discussion Group

Do you enjoy good conversation with interesting and intelligent people? Have you ever watched TED Talks online and like the idea of talking with others about what you've seen? Kathy & Thom Gottberg (J352) will be leading a new moderated discussion group held once a month for Jan/Feb/March and April using TED Talks to start off the conversations. (Go to TED.com if you want examples of the diverse subjects—they are no cost, you do not have to join to watch) A specific talk will be selected in advance (10-20 minute max) and then we will all watch it together before the conversation begins. Join us!



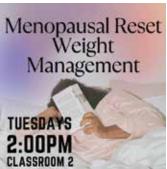
DISCUSSION GROUP APRIL 9, 1PM - 2:30PM REC HALL

#### When & Where

April 9 @ 1:00 pm in Rec Room Questions: email Kathy & Thom at kathy@gottgreen.com

#### Menopausal Reset Weight Management

Who wouldn't like to reset the symptoms of menopause and aging? Side effects such as weight gain, hot flashes, type two diabetes, inflammation, etc. Now you might be saying, yeah I've heard it all before; it is what it is. But what if I told you there are things we can do to reduce symptoms backed by viable research of Dr. Ohsumi who won the Nobel Award in 2016; he proved fasting reduces not only weight gain and diabetes, but also helps heal many conditions that we contract after the age of 50. His findings show that fasting affects not only our physiology, but also slows the aging process and increases overall health down to the cellular level.



Personally, I have always believed that we don't have to endure all these conditions or surrender to a plethora of medication. I have always felt that we can heal ourselves naturally through diet and lifestyle.

So what exactly is the menopausal reset? Finding how the body can do its own repair Come discover how. Together we will read together Dr. Peltz's book, watch videos and offer support.

Join us each Tuesday at 2:00 in Classroom #2

#### Photography Club









#### RCW COOKBOOK PRESALE

**Save 20%** 

Until June 1st, 2024

Officially reserve yours today! Save 20% off Retail Now until June 1st! The cookbook will be available in early 2025 for \$15. Right now you can purchase a copy for \$12 by filling out the Advance Sale Cookbook Coupon available in the coffee room. Simply write in your information, make a check out to RCW recipe club for \$12 and send it to us through "in park" mail to Mailbox R-1037!

#### Recipes Wanted!

We would love your special recipes to include in the RCW Cookbook!

Please send your favorites through "in park mail" to Mailbox R-1037 or email them to <a href="RCWrecipe@gmail.com">RCWrecipe@gmail.com</a>.

Just remember to add your name, state/providence, city, and a phone number we can use to contact you in case of questions!



## YOGA

## MONDAY & WEDNESDAY 8:30-9:30AM Last day 4/3

# STRENGTH &

## FLEXIBILITY

Fee: \$5.00/ class. Bring a mat. *Taught by Jeri Wilson, Certified Yoga Teacher*. Jeriwilson723@gmail.com 207-692-4191



#### Patriotic Project Quilts

When: 8:30 am - 3:30 pm Friday Where: Sewing Room. Oct 20,2023 -April 12, 2024

Contact: Sharon Young 479-644-8643, youngsharon87@ gmail.com or Jan Anders 520-349-0370.

Patriotic Project creates quilts for residents of the Tucson's Veterans Home. The groups' goal is to make 30 quilts a years and personally deliver them to the residents of the Veterans Home. The project is funded by donations. It's a wonderful place to

gain knowledge, to piece, bind, sandwich and quilt. Come join us to assemble the red, white and blue with fun and laughter.





Monday to
Saturday
8-9am
&
10-11am
All Summer Long



#### \*\*NEW\*\*

Shuttle Information Guide book available in Activity Office

NEW SHUTTLE

#### Strolls and Stories Tours of Tucson

Monday, April 1st 9:30am Sign up at Activity Office









Tanque Verde Cowboy Cookout Wednesday, April 3 4:30pm Sign up at Activity Office











Sunday, APRIL 7 11:00am & 3:00pm









Sign up at Activity Office

**APRIL 8, MONDAY 10AM** 









See you soon!



Mon, April 15 10:00am

Sign up at Activity Office







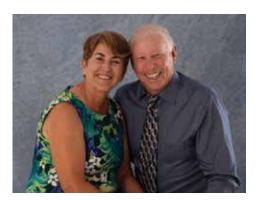






















#### 50th Wedding Anniversary



Photo Credits: Larry Padgett, Steve Peachey, and Bruce Petway | Photography Club



# The 50th Wedding Anniversary Celebration































#### 50th Wedding Anniversary

























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DIAGNOSTIC AND

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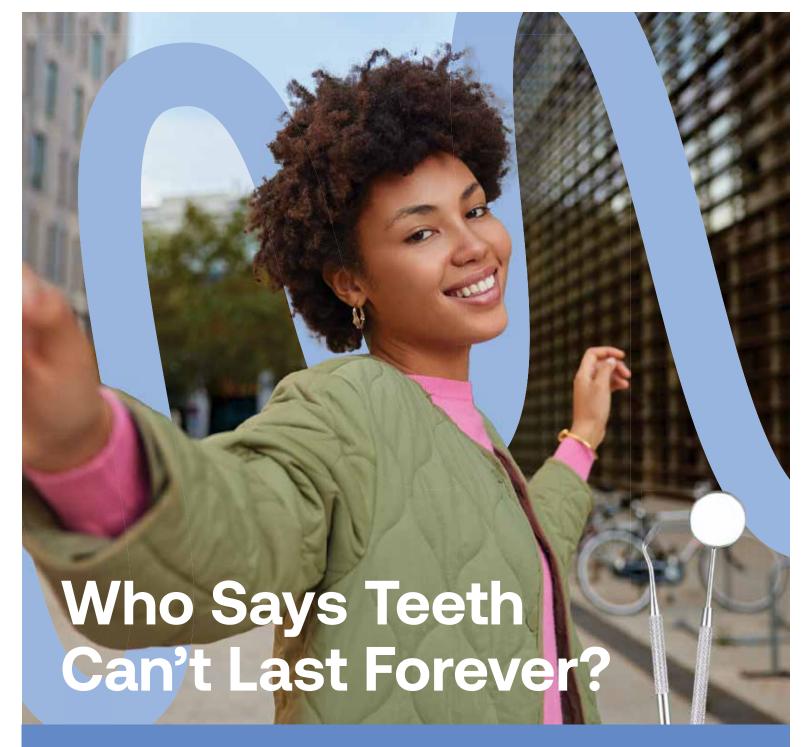




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# (a \$195 value)

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ervices

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... Your Air Ducts Are the Source of the Air You Breathe!

\*Under house inspection included in this service

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Single Wide \$495 Double Wide \$595 \*Duct cleaning and under house inspection included in this service.

**RECOMMENDED EVERY 3 - 5 YEARS** 

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\$50,000	\$2,500	\$25,000	\$5,000	\$100,000	\$500	\$1,000	\$318
\$60,000	\$3,500	\$30,000	\$6,000	\$100,000	\$500	\$1,000	\$337
\$70,000	\$4,500	\$35,000	\$7,000	\$100,000	\$500	\$1,000	\$365
\$80,000	\$5,500	\$40,000	\$8,000	\$100,000	\$500	\$1,000	\$390
\$90,000	\$6,500	\$45,000	\$9,000	\$100,000	\$500	\$1,000	\$416
\$100,000	\$7,500	\$50,000	\$10,000	\$100,000	\$500	\$1,000	\$438
\$110,000	\$8,500	\$55,000	\$11,000	\$100,000	\$500	\$1,000	\$456
\$120,000	\$9,500	\$60,000	\$12,000	\$100,000	\$500	\$1,000	\$471

<sup>\*\*\*</sup> Prices printed are subject to change without notice. For the most up to date information visit at: foxreliable.com.

The Arizona rates listed above are based on the following assumptions: Insured's age is 64 years old, no mortgage, no claims for three years, and the unit was built in 1995 or newer. Home values are based on an \$85 square foot replacement cost with a deductible of \$1,000. Visa / Mastercard / Discover / American Express