

The West Villager

Office: 520-294-5608
www.RinconCountry.com

Rincon Country® West RV Resort
4555 S. Mission Rd., Tucson, AZ 85746

Hollywood Comes to RCW! January 2020

Celebrities with Ties to Tucson Area



Bob Baffert
Horserace Trainer



Barbara Eden
Actress



Geraldo Rivera
Talk Show Host / Reporter



John Wayne
Actor



Gabrielle Giffords
Politician



Ted DeGrazia
Artist



Greg Kinnear
Actor



Dominic Cruz
MMA Fighter



Lee Marvin
Actor



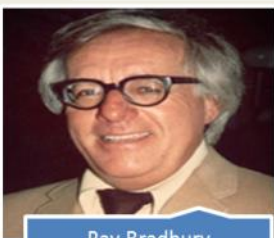
Sherry Cervi
Barrel Racer



Todd Pletcher
Horse Trainer



Lute Olson
Basketball Coach



Ray Bradbury
Author



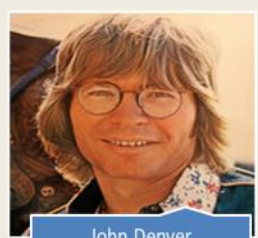
Savannah Guthrie
TV News Host



Linda Ronstadt
Singer



Cesar De La Cruz
Team Roper



John Denver
Singer

A Word from George

Rincon Country West has been open since 1984 and park models started coming in shortly after that. Being that this is over 30 years, more than a few have taken on an appearance to match their age. Many of you have updated the exterior of your park models over the years. This is an important step to keep the park in tip top shape and continue to attract buyers. During the next month, I will be asking many of the rest of you to spend a few bucks to update and repair the outside of your unit. Some units will require painting, others may require changing the siding from aluminum to hardy board, others might just need to have the existing unitized trim replaced. If we both agree that the unit, in its present condition, is okay then nothing will need to be done.

An official Rincon Country Authorization for Space Improvement form will need to be filled out and approved prior to any renovations taking place. The renovations and contractor will need to be approved by the office before any work can commence. Authorization Forms can be obtained in the Front Office.

This is not an effort to penalize anyone, rather it is fairness to the folks who spend \$70,000 or \$80,000 for a new unit. We constantly upgrade our park owned units in both RCE and RCW Resorts. This coming year, nearly \$300,000 is earmarked to add and update park owned units in RCE.

During the past few years we have been acquiring older units and have been remodeling them. When we remodel an older unit, we take out everything on the inside, sometimes add an Arizona Room and when we are finished, we rent the unit for 1 to 3 seasons. They are then sold to new owners at a fair price. Because of this, our park will always be modern and that's why we are asking for your cooperation in this matter. Over the next month, management will be sending out letters and meeting with those individuals whose park models, we feel, are in need of updates.

Happy New Year and a belated Merry Christmas to all of our residents.

January

Thursday, January 2

- **10:00 am Earthmade Farmers Market**
In the Rec Center
- **7:00 pm Concert: Sugar and The Mint**
Auditorium (T=\$12)

Friday, January 3

- **8:30 am Free Friday Morning Coffee & Donuts**
In the Rec. Hall/Auditorium—BYO mug
- **6:00 pm Amateur Radio Pie and Ice Cream**
*In the Rec. Hall (*T=\$4)*
- **6:30 pm Meet The Clubs**
In the Auditorium

Saturday, January 4

- **2:00 pm Free Movie Night: "The Great Escape"**
In the Auditorium

Tuesday, January 7

- **9:00 am Ambassadors Meeting for New Residents**
Classroom 1
- **7:00 pm BINGO!**
In the Auditorium

Wednesday, January 8

- **9:00 am Seminar: Sonoran Foot and Ankle Institute**
*In the Rec Hall (*S)*
- **10:30 am Seminar: Healthy Aging: Nutrition**
*In the Rec Hall (*S)*

Thursday, January 9

- **8:30 am Shuttle: Sabino Canyon**
*In the Parking Lot (*S)*
- **9:30 am Seminar: Continental Breakfast with SkyMed**
*In the Rec Hall (*S)*
- **10:00 am Earthmade Farmers Market**
In the Rec Center
- **7:00 pm Concert: Mario Carboni**
Auditorium (T=\$13)



Friday, January 10

- **8:30 am Free Friday Morning Coffee & Donuts**
In the Rec. Hall/Auditorium—BYO mug
- **3:00 pm Shuttle: Beer Tasting**
*In the Parking Lot (*S)*
- **7:00 pm RCW Entertainment Series: Mogollon**
*In the Auditorium (*GA=\$18)*

Saturday, January 11

- **7:00 am Pancake Breakfast by Woodshop**
In the Rec Hall & Auditorium (T=\$4)
- **5:00 pm Madrigal Dinner by Rincon/University High School Choir**
*McCorkle School (next door) (*T=\$30)*

Sunday, January 12

- **10:00 am Shuttle: Franklin Auto Museum**
*In the Parking Lot (*S)*
- **4:00 pm Seminar: Europe by Bicycle**
*In the Rally Room (*S)*

Monday, January 13

- **1:00 pm Ladies Out to Lunch at Macaroni Grille**
*5100 East Broadway (*S)*

Tuesday, January 14

- **9:00 am Ambassadors Meeting for New Residents**
Classroom 1
- **10:30 pm Shuttle: Mini Time Machine Museum & Lunch**
*In the Parking Lot (*S)*
- **5:00 pm New Facilities Open House**
In the Rec Center
- **7:00 pm BINGO!**
In the Auditorium

Wednesday, January 15

- **9:00 am Seminar: Moving to Mexico**
*In the Rec Hall (*S)*

Thursday, January 16

- **9:00 am Shuttle: Kartchner Caverns (The Big Room)**
*In the Parking Lot (*S, R=\$15)*
- **10:00 am Earthmade Farmers Market**
In the Rec Center
- **6:00 pm Ice Cream Social by Shuffleboard**
*In the Rec. Hall (*T=\$4)*
- **7:00 pm Dance: Jukebox Junquies**
Auditorium (T=\$10)



Friday, January 17

- **8:30 am Free Friday Morning Coffee & Donuts**
In the Rec. Hall/Auditorium - BYO mug
- **2:00 pm Matinee Comedy Show: Mark Cordes-Spouse Whisperer**
*In the Auditorium (*T=\$15)*

Saturday, January 18

- **10:00 am Shuttle: Dillinger Days**
*In the Parking Lot (*S, Ride=Free)*
- **5:00 pm SPUD-OUT by Garden Railroad Club**
In the Auditorium (T=\$8)

Tuesday, January 21

- **8:00 am Vitalent Blood Drive**
In the Rally Room
- **9:00 am Ambassadors Meeting for New Residents**
In Classroom 1
- **7:00 pm BINGO!**
In the Auditorium

Wednesday, January 22

- **9:00 am Right Path Health Screenings**
In the Rally Room (Appointment Required)
- **10:30 am Seminar: "Loose Leaves Book Signing**
*In the Rec Hall (*S)*

Thursday, January 23

- **10:00 am Earthmade Farmers Market**
In the Rec Center
- **10:00 am Shuttle: Pima Air and Space Museum**
*In the Parking Lot (*S, Ride=Free)*
- **7:00 pm Concert: Neil Diamond Story by William Florian**
*In the Auditorium (*T=\$14)*

Friday, January 24

- **8:30 am Free Friday Morning Coffee & Donuts**
In the Rec. Hall/Auditorium - BYO mug
- **7:00 pm RCW Entertainment Series: "Take It Easy, A Tribute to the Eagles"**
*In the Auditorium (*GA=\$18)*

Saturday, January 25

- **7:00 am Pancake Breakfast by Woodshop**
In the Rec Hall & Auditorium (T=\$4)
- **10:00 am Shuttle: Arizona Wine Festival in Willcox**
*In the Parking Lot (*S, Ride=\$15)*

Sunday, January 26

- **4:00 pm Shuttle: Gaslight Theatre**
*In the Parking Lot (*S, Ride=Free)*
- **6:00 pm Gaslight Theatre: Showdown in Tucson**
*Gaslight Theatre (*T=\$22)*

Monday, January 27

- **4:00 pm San Carlos Travelers Meeting**
In the Rally Room

Tuesday, January 28

- **Shuttle Bus Sign-ups for February**
- **8:45 am Charter: Five C's to Biosphere 2**
*In the Parking Lot (*S, T=\$40)*
- **9:00 am Ambassadors Meeting for New Residents**
Classroom 1
- **7:00 pm BINGO!**
In the Auditorium

Wednesday, January 29

- **8:30 am AARP Smart Driver Refresher Course**
*In the Rally Room (*S, T=\$20)*
- **10:30 am Seminar: Tucson Gems and Minerals**
*In the Rec Hall (*S)*

Thursday, January 30

- **10:00 am Earthmade Farmers Market**
In the Rec Center
- **10:00 am Shuttle: Titan Missile Museum**
*In the Parking Lot (*S, Ride=Free)*
- **6:00 pm Root Beer Floats by Shuffleboard**
In the Rec Hall (T=\$4)
- **7:00 pm Concert: Cahal Dunne**
In the Auditorium (T=\$11)

Friday, January 31

- **8:30 am Free Friday Morning Coffee & Donuts**
In the Rec. Hall/Auditorium - BYO mug
- **2:00 pm Free Movie: True Grit**
In the Auditorium
- **6:30 pm Charter: Fox Theatre**
*In the Parking Lot (*S, T=\$12)*
- **7:30 pm Concert: Pavlo Concert at Fox Tucson Theatre**
*Fox Theatre (*T=\$20)*

SHORTHAND KEYS

(*T) = Tickets
(*S) = Sign Up (*F) = Free
(*D) = Donation,
(*G.A.) = General Admission

See articles for more information .

Safety First!

I'm OK

Here at RCW we want to make sure you are A-OK! The "I'm Okay Club" is a program for guests and residents who are living alone.



Once you sign up with the Activity Office, you must call in daily before 10:00 am. This is just a daily check-in by phone that allows us to make sure you are OK. If you don't call in by 10:00 am, we will try and reach you. If we are unsuccessful, we will come to your house and check on you.

Please stop by the Activity Office to sign up. We look forward to seeing you.



Speed Limit

Please observe the 10-mph speed limit inside the park.

AED Devices & 911 Phones

We have four Automated External Defibrillator (AED) devices. Make it a point to learn their locations. There is one in the Breezeway across from the Office and by each Laundry Room, and one between the Pickle Ball and Tennis Courts. Stay tuned to "The Villager" for upcoming CPR and AED classes. You could save a life!

Safety from Wildlife

The weather is cooling and this is a time when rattlesnakes might seek the warmth of a cozy asphalt street after sundown. For maximum safety, carry a flashlight when you are walking at night, keep pets on a leash, and remain alert to an unlikely, but possible encounter.



NOTARY FOR RCW RESIDENTS!

Gene Kuharski is offering to notarize documents for RCW residents. Please phone (801) 703-0413 to make an appointment with Gene if you are needing a document notarized.



RCW Announcements

Get Text Alerts from Rincon Country West!

Sign up to receive text alerts from the Rincon Country West main office. Send RCW alerts to 74121. This will be strictly used for utility outages and emergencies.

Cable Upgraded

We now offer high definition and an expanded line up with over 50 channels. It is still very affordable at \$49.00 a month. How much are you paying for Dish or DirecTV? Stop in the office for the new list of channels and compare. If you would like to switch from your satellite provider, let us know. -Annette

BE THE FIRST TO GET YOUR NEWSLETTER!

By subscribing to a paperless "Villager", you will see the newsletter before it is printed, save 20-40 sheets of paper each month, and have access to RCW news from afar.

Simply fill out the Paperless RCW Villager Newsletter Form to receive the Villager Newsletter via email.

CUTTING EDGE
COLLISION CENTER



RV Paint & Body
CUTTINGEDGEREF.COM
520.624.2787



Words from Janet



Happy New Year! Rincon Country West RV Resort is the #1 place to enjoy making your new year's resolutions happen. Do you resolve to get more exercise, make new friends, find a new hobby, volunteer, learn a new sport or craft, go dancing, appreciate great music, learn a challenging card game, visit new places, or just read more good books? Come shop for ways to fulfill all your resolutions with the help of one of our 85+ resident driven activities at the Meet the Clubs event on Friday, January 3, from 6:30 - 8:00, in the Auditorium. Can't make it to the Meet the Clubs event? Check out the 2019 - 2020 Club and Activities Guide. Your new adventure awaits - right here at RCW.

Please join us for an Open House on January 14, 2020, from 5:00 - 7:00 pm. Come and see the new building, the expanded Woodshop, and new and updated Arts, Crafts and Sewing rooms. Club members will be in the Woodshop, the new Sewing and Crafts Room, the Arts and Crafts Room (former Sewing and Crafts), and the Multi-purpose Craft Room to show off our new facilities. Refreshments will be served in the new Classroom 2. The O'Leary family is continually upgrading our facilities to meet the needs of our residents and we want to share the latest additions. See you there!

Once again RCW residents have outdone themselves during the season of giving. Generous donations were given to Community Foundation for Southern Arizona, Toys for Tots, the Pajama Project, Literacy Connect, and Salvation Army Christmas Angel. Thank you for spreading the Christmas Spirit far into the Tucson Community.

I have some personal news. In October I turned in my resignation effective April 15, 2020. It has been a great eight years since I picked up a volunteer form at the Meet the Clubs event and checked a box that I might be interested in working in the Activity Office. I have been honored to work with an amazing team of Activity Office staff and volunteers, had great support from the O'Leary family and the Front and Back Office Staff, and will miss all your smiling faces. Please welcome Mary Collins, Director in Training. She and the rest of your Activity Team will do a great job in the years to come.



Words from Mary



Hi, my name is Mary Collins. My husband, Bill, and I moved to Tucson 20 years ago. We have one daughter and two grandchildren in Denver, Colorado.

I am training to be the Activity Director replacing Janet for the next season. I am very fortunate to be able to work alongside Janet for this season. I have been here for about a month now, what a great place, and am amazed at the scope of this job. I realize this place is so successful because of the current staff, and as important, all the volunteers. I have met many of the residents here and looking forward to getting to know everyone. Rincon West has so much to offer and I am looking forward to contribute in any way I can.

RCW 2020 PHONE DIRECTORY

The Activity Office will be producing a 2020 Phone Directory. Yellow consent forms with the resident data from the Front Office were put in your mailboxes the week of December 16. Please update the information, let us know if you wish to be in the Directory or not, and return to the Activity Office by February 12. Only residents who indicate they wish to be in the directory will be listed. If you do not receive a Yellow Directory Consent Form please come to the Activity Office. We hope to have the Directory printed by the end of March, 2020.



Pool Hours for Children

December 24 –
January 2
Noon to 4:00 pm

Earthmade Farmer's Market



Support local vendors, enjoy the Arizona sunshine, and meet your neighbors at the Earthmade Farmers Market - Thursday, November 7th in the Courtyard area by the Auditorium. The RCW Farmers Market will continue every Thursday during the season.

Our Farmers Markets will feature local artisans selling hand-crafted jewelry, soaps, clothing, and yard art. In addition to fresh produce, you can buy locally-made salsas, soups, and baked goods. At the Farmers Market, you can grab a snack, have lunch, or take food home to enjoy later.

If you'd like to purchase gifts that are unique to Arizona for friends and family back home, the Earthmade Farmers Market is the place to shop.

Cameron's Reliable Maintenance Services (520) 490-7632

Kenneth Cameron - Owner, Operator
RV REPAIR • PARK MODELS • MOBILE HOMES
HEATING • COOLING • ELECTRICAL • PLUMBING

COMMERCIALLY INSURED
24 HOURS / 7 DAYS



IMPLANTS! DENTURES! BRIDGES!

Have questions? Need a second opinion?

We can help! Call today for your **FREE**

Rincon Country Resident **CHECK UP!** (\$187.00 Value!)

Includes:

- ★ Necessary X-Ray
- ★ Examination
- ★ Consultation



Mission Location: 4001 S Mission Rd **520-573-1900**

Wilmot Location: 801 N Wilmot Ste A-2 **520-750-1500**

New to Tucson or Rincon Country West?

The RCW Ambassadors are a group of volunteers who would like to help you learn more about our great community. The Ambassadors welcome newcomers to RCW every Tuesday at 9:00 am in Classroom 1.

We'll help you get acquainted with RCW's facilities and activities. We can tell you where you can find grocery stores, shopping malls, restaurants, a hospital or urgent care clinic, and sightseeing.

We will try to answer any questions you may have. We look forward to seeing you!



Activity Office Communications and Advertising

Club and Event Communication

The Activity Office communicates club and community news with the following publications:

The Club and Activity Guide will be distributed to all residents in December 2019. This guide will have information about all current clubs. Information can also be found in the Club Spinner in the Activity Office.

The “West Villager” monthly newsletter will be published by the 1st of each month. Articles should be submitted for current month’s events by the 5th of the previous month to westnewsletter@rinconcountry.com.

Weekly Reminders and Friday Coffee Slide Shows are published on Fridays. Items can be in the weekly reminder and/or in the slide show for the upcoming week. Deadline is each Monday and can be submitted to Activites@rinconcountry.com or on the form in the Activity Office.

Bulletin Boards (In front of the office and next to Jewelry Arts) are used for club schedules, and communication from the Activity Office. Items must be approved by Activity Office Staff.

Please see the Activity Office staff for more information regarding Activity Office publications. The Activity Staff reserves the right to edit all submissions to our publications.



News 4 Less

Arizona Daily Star

#1 Source of Information in Southern AZ

\$15 per mo. 7 day per wk. delivery

\$10 per mo. Wed and Sun only

All premium issues and full online access included

9 mo. rate guarantee, cancel any time



For details call Authorized Agents

Martha or Linda

at (520) 278-4613

or email: news4lessazstar@gmail.com



The Activity Office

accepts credit

and debit cards.



Refund Policy: All refunds will only be given with a receipt and with the credit/debit card used.

Mail Room

Hours

12:00 – 3:00 p.m.

Monday– Saturday

The mail is ready when the mailroom flag is raised.



Bingo is coming **BACK!** Practice your loudest “B-I-N-G-O” yell and bring your lucky charms. You could be the next big jackpot winner! Buy your cards by 6:55 pm. Bingo will begin promptly at 7:00 pm.

We will have fresh popcorn, coffee, soda, candy, cookies, and daubers. The concession stand opens at 6:30 pm.



About RCW Food Events:

BYOS "Green" Initiative

Please be advised that unless otherwise noted, ALL breakfasts, lunches, dinners, and other food events sponsored by RCW are "BYOS." This means "bring your own service" - plate, fork, etc. Together, we will reduce the volume of disposable waste that ends up in landfills.



Rincon Country TV - Channel 2

Would you like to stay in tune with what's going on around Rincon Country West RV Resort?

Just turn on Channel 2 on the Park Cable.



Toto, I've got a feeling we're not in Kansas anymore.



Friday Morning Coffee & Donuts

Join us for a free donut and cup of coffee in the Auditorium on Friday mornings. Bring your own mug and we will fill it up with hot coffee (regular or decaf) or hot water for tea. As you pass through the hall between the Rec. Hall and Auditorium, select a donut or a piece of fruit.

We'll give you important park news hot off the press, and there will usually be a brief message from our coffee sponsor. Doors open at 8:00 am. Coffee and donuts will be served at 8:30 and our program will begin at 9:00 am. See you there!



ANYWHERE BIKE REPAIR

**First and Third Wednesday
of every month.**

8:00 am to 4:00 pm in RCW Parking Lot.

For more info, call 515-661-1434.

Massage Therapy with Barbara Bancroft

Barbara Bancroft, LMT has been practicing massage therapy in Tucson since 1994, and has worked both in top resort spas and in private practice. She specializes in integrative/Swedish massage, lymphatic drainage, Reiki and reflexology. Offering relaxing customized massage with a personal healing touch!

Call or text for an appointment at
(520) 270-1575

Email at bebancroft54@gmail.com



**Massage Therapy
with
Sankhara Edwards**
520-971-3577

Sankhara Edwards is an Arizona state licensed massage therapist with 25 years of experience. She has a private practice in Tucson called Radiant Soul Massage. She's highly skilled at reading and intuiting the body's needs and creating specialized treatments for her clients. It is my intention to provide massage treatments that will promote well-being to body, mind, soul and spirit. I'm available for Swedish Esalen, Deep Tissue, Hot Stones and Geriatric massage. Aromatherapy upon request.

Call or text for an appointment: 520-971-3577

sankhara.makare@gmail.com

IF YOU WERE A CACTUS,
I'D ENDURE ALL THE PAIN
JUST TO HUG YOU!



Seminars

Healthy Aging



Healthy Aging Seminar #1

“Nutrition; the Good, the Bad and the Healthy”

January 8, 10:30 a.m. in the Recreation Hall



Wanda Amey, RCW resident nurse educator, is presenting a monthly series of three seminars on healthy aging. The first seminar will focus on our diet and the impact certain foods can have on our well-being. Participants will gain an understanding of how fat, salt and sugar sneak into our diets, and will learn how small changes in food choices can promote health and reduce the risk of developing certain diseases. The confusion over good fats and bad fats will be discussed. To ensure there are enough handouts for everyone, please sign up for this seminar in the Activity Office by Monday, January 6.



Healthy Aging Seminar #2

“Let’s Get Physical”

February 12, 10:30 a.m. in the Recreation Hall



Wanda Amey, our RCW resident nurse educator, is presenting a monthly series of seminars focusing on healthy aging. The second seminar centers around changes that take place in our body as we age, and how we can positively impact those changes. Participants will gain an understanding of how different types of physical activity can promote good health, improve mobility and reduce risk of developing illness and injury as we age.

To ensure there are enough handouts for everyone, please sign up for this seminar in the Activity Office by Monday, February 10.



Healthy Aging Seminar #3

“Don’t Worry, Be Happy”

March 11, 10:30 a.m. in the Recreation Hall

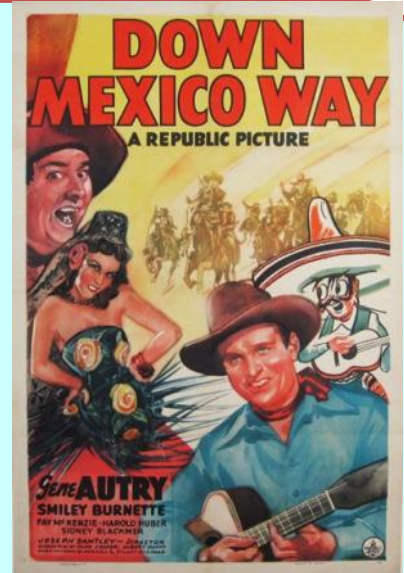


This is our third and final seminar on healthy aging. Life has a habit of throwing us curve balls when we least expect it. This seminar will focus on the role mental and emotional health plays on our overall health and well-being as we age. Participants will gain insight into their own personal style of responding to stressors, and will be aware of personal coping responses. The profound impact that our thoughts and attitude has on happiness and emotional well-being will be discussed. To ensure there are enough handouts for everyone, please sign up in the Activity Office by Monday, March 9.

Seminar “Moving to Mexico”

Wednesday, January 15
9:00 am-10:00 am in the Rec Hall

Andrew Watson is a retired California lawyer and law professor. After retirement, he moved to Mexico, joining almost 2 million American expatriates living there. He lived for 8 years in Ajijic [ah-hee-HEEK], an expatriate retirement community of about 20,000 (including Canadians and various Europeans), teaching American law and high school English. He brings a wealth of experience and enthusiasm to this seminar on Living in Mexico -- The Good Life.



Seminar “Loose Leaves” Book Signing

Wednesday, January 22
10:30 am in the Rec Hall

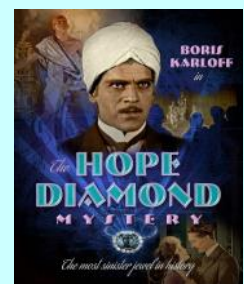
Loose Leaves is part of a compilation consisting of 37 stories which tell of different events and my interaction with different characters in the theater of life.

I, Prem Moksha, was born in a very humble home in Cananea, Sonora, Mexico. Tucson Arizona has been my home for 40 years. I am one of eight siblings. I have two sons, whom “I love with all my heart, from Tucson to Pluto.” I have worked on the streets and studied college art. Meditating is the best experience of my life. All of this and love for writing have contributed to the creation and completion of this book.

Loose Leaves has the intention of motivating those who like to write. By publishing *Loose Leaves*, I tell all potential authors that the realization of their dreams is possible! We all have a unique story to tell, to write.

Seminar “Tucson Gems & Minerals”

Wednesday, January 29
10:30 am in the Rec Hall



I am a retired geological engineer who spent 42 years working for the US Geological Survey, other government agencies, and several large consulting companies. In my "spare time", I also taught a graduate course at the Colorado School of Mines for 6 years as an adjunct professor. In retirement, I utilize my geology background by guiding student and adult tours at Dinosaur Ridge, a Denver-area National Natural Landmark site containing dinosaur fossil bones and tracks.

While we are at RCW in January, I will lead a 1-2 hour "training session" on minerals, fossils, and gemstones. I would start with a mostly non-technical Powerpoint presentation on mineralogy, showing photos of the types of specimens likely to be seen at all the shows. I could also provide a few mineral crystals, metallic ores, and semi-precious gemstones for residents to examine in person. I would definitely appreciate additional mineral or gem specimens or other assistance from members of the lapidary club. And I would certainly be willing to stay and answer questions.



Seminar

“SkyMed Protects You and Your Assets”

Thursday, January 9
9:30 am-10:30 am in the Rec Hall

SkyMed invites all RCW residents for pastries and fruit while learning about the many unique benefits of a SkyMed medical transportation membership. “Never heard of SkyMed?” or “Still have questions?”—get your questions answered for your worry-free travel.

“It’s far better to have SkyMed and not need it than to need it and not have it” as testified by many of the 350,000 members who have protected thousands of dollars and their lives. A 30-minute helicopter evacuation could cost you \$30,000—minimum and upfront! Preserve your retirement money—for less than a dollar a day!



Seminar

Sonoran Foot and Ankle Institute

Wednesday, January 8
9:00 am in the Rec Hall



Doctor David C. Hatch Jr. DPM: A native to Arizona with prolific training in foot and ankle disease, Dr. David Hatch is proud to practice in Tucson. Dr. Hatch is dedicated to providing compassionate and considerate care to all. Dr. Hatch is one of the most well published podiatrists in southern Arizona and is actively involved in advancing his field and continuing education as a lecturer and adjunct professor at Midwestern University.

Seminar Europe by Bicycle

Sunday, January 12
4:00 pm-5:00 pm in the Rally Room



Share the adventure of bicycling through Germany, Netherlands, Belgium, France, and ending in Santiago de Compostela in western Spain. Six weeks, 2000 miles for us, forty-five minutes for you.!

Come join Bob and Lori Spoelhof, fellow RCW residents!





Seminar

Understanding the Role of Cholesterol

Thursday, January 23
9:45 am in Classroom 2

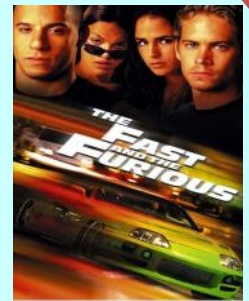
We will be discussing the physiology of cholesterol (in layman's terms), why we have it, what the numbers really mean, traditional medications (pros and cons), alternatives to gaining health cholesterol levels and "are you truly at risk".

Dr. Babette Melka, PharmD graduated from the University of Wyoming, School of Pharmacy 2000. She was trained in the art of compounding medications and also earned a Fellowship in Anti-Aging Regenerative & Functional Medicine.

Seminar

Why Take the AARP Smart Driver Course?

Wednesday, January 29
8:30 am to 12:30 pm in the Rally Room
Course \$20.00 in Activity Office



The AARP Smart Driver™ Course is the nation's first and largest **refresher** course for drivers age 50 and older. (You must have taken the AARP 8-hour class in order to enroll in this refresher four hour course.) It has given millions of drivers the skills and tools they need to drive safely on today's roads, allowing them to remain independent for many years to come. In fact, 97% of those who take it change at least one unsafe driving behavior. And the best part? There are no tests to pass - just useful information to keep you safe on the road! **You might even get a discount on your auto insurance.** Class limited to 25. Fee required Taught by David Fawcett, an AARP instructor for over seven years and Rincon RV'er for 20 years.

Paul McCartney has a major connection with Tucson, Arizona. His first wife, Linda Eastman, attended the University of Arizona. In 1969 Paul and Linda married. During the same year, the Beatles recorded the song Get Back, with the lyrics mentioning Tucson. Throughout their 29-year marriage. The band even performed a concert in Tucson on June 18, 1976.

Paul McCartney's Ranch

Three years later, Linda and Paul returned to Tucson and purchased 151 acres near the Tanque Verde River in the foothills of the Rincon Mountains, northeast of Tucson. The ranch property is located south of Redington Road around Mile Two. The ranch has a closed gate, but from the road, the corral and stables and other buildings can be seen with binoculars. Because of its location, the ranch provided the family with privacy and was connected to the outside world by a helicopter pad. Having four children, the family spent time together here during the spring and fall for 19 years. Frequently the family thrilled the locals when seen shopping or eating out in Tucson. Paul McCartney still owns the ranch here in Tucson.

Get Back

Jo Jo was a man who thought he was a loner, but he knew it couldn't last.
Jo Jo left his home in Tucson, Arizona, for some California grass.
Get back...Get back...



January

Sugar and The Mint Concert

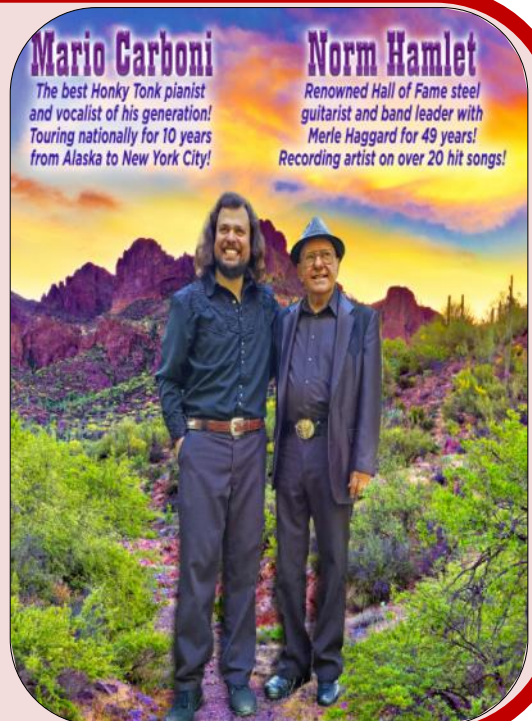
Thursday, January 2
7:00 pm
In the Auditorium
Tickets \$12.00



Sugar and the Mint's spirited take on folk and bluegrass excites audiences across the country. The band synthesizes genres into a sparkling repertoire of original songs, balancing first-time singalong hooks with robust musicality. Sugar and the Mint's unique vocal approach features complex, ethereal harmonies supporting accessible melodies. Informed by everything from bluegrass to baroque to current pop and country, the traditional blend of guitar, violins, mandolin and bass instrumentation is anything but standard-fare acoustic music.

Mario Carboni and Norm Hamlet In Concert!

Thursday, January 9
7:00 p.m.
In the Auditorium
Tickets \$13.00



January



2020 RCW Series

MOGOLLON



Friday, January 10th

7:00 pm

Auditorium

General Admission \$18.00

Mogollon, (pronounced Mug-e-on) began in the small Northeastern Arizona town of Overgaard. The name of the band is derived from the "Mogollon Rim". Mogollon has earned the reputation as one of the Premier Country Rock Entertainment groups in the West and continues to keep their high standard. Their scope of performing ability is truly amazing! They can play about anything, from Hank Williams to Pink Floyd to their original written songs.

Madrigal Dinner



Saturday, January 11

5:00 pm - 8:00 pm

McCorkle Academy - The School Next Door

Tickets = \$30



We are invited to journey back in time with the Rincon/University High School Choir to medieval England. Enjoy traditional madrigal ambiance including music, food, and drink. The event will be held at Mary Belle McCorkle Academy of Excellence, right across the street.

We welcome you to arrive in madrigal attire! Tickets are available for \$30



January

DANCE WITH THE JUKEBOX JUNQUIES!



Thursday,

January 16

7:00 p.m.

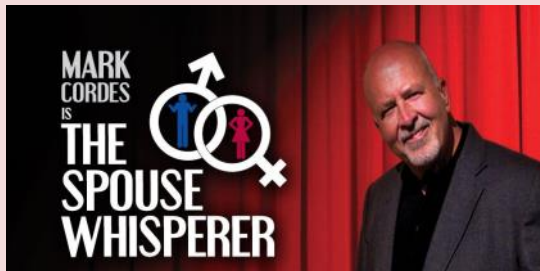
Auditorium

Tickets \$10.00

We're "Gonna Rock This Town" with The Jukebox Junquies, a variety dance band that will take you back to yesterday! MOVE and feel the music! It will be a great party!



Mark Cordes "The Spouse Whisperer" Comedy Matinee Show



Friday, January 17

2:00 p.m.

Auditorium

Tickets \$15.00



"My favorite jokes are about relationships - How to spice up your current relationship, or how to get out of a bad one. I've written and produced a 90 minute, one-man show called The Spouse Whisperer and you should check it out." - Mark Cordes

January

WILLIAM FLORIAN

“The Neil Diamond Story”



Thursday, January 23
7:00 pm
Auditorium
Tickets \$14.00



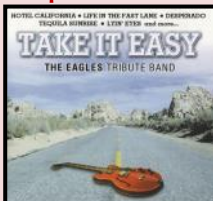
William weaves stories, songs, and humor as we honor the life and achievements of this legendary minstrel. You will find yourself singing along with William as he performs Diamonds most celebrated songs ... Song Sung Blue, Sweet Caroline, Play Me, and many many more ...

TAKE IT EASY



“Tribute to The Eagles”

Friday, January 24th
7:00 pm
Auditorium
General Admission
\$18.00



This production features all the hits! This concert experience takes you on a musical ride through the Eagles long and game-changing career! From the frenetic rock of “Life In The Fastlane” to the rich, dynamic harmonies of “Desperado” and “Tequila Sunrise” to the blistering solos of “Hotel California,” you’ll hear the Eagles performed with the authenticity and respect they deserve. The Eagles Greatest Hits was the best selling album of the 20th century and this amazing tribute will remind you why.

January

CAHAL DUNNE

"Ireland's Happy Man"

Thursday, January 30

7:00 pm

Auditorium

Tickets \$11.00



Cahal Dunne, "Ireland's Piano Man - The Man of Many Jackets", possesses that certain magical quality known in show business as "it." "It" transcends talent. "It" comes from deep within a great entertainer and washes over an audience, captivating them. This native of County Cork has a following of loyal admirers and friends that is unique in the rich history of Pittsburgh entertainment, and continues to make new friends with each appearance.

Pavlo – In Concert is coming to the Fox Tucson Theatre stage!

January 31, 2020 • 7:30 pm • Rincon RV Resort Tickets = \$20

Chartered Bus • 6:30 pm • \$ 12

Pavlo returns to Tucson with a bigger show off the heels of his brand new PBS TV Special. "Pavlo live in Guadalajara, Mexico" Join Pavlo and band as they provide a Mediterranean Escape performing their signature "Feel Good Music."

Pavlo has reserved the Balcony at the Fox Theatre and provided discount tickets for Rincon Country RV Resort residents. The Balcony is not handicap accessible, but arrangements can be made through the Activity Office.

We have reserved a deluxe motor coach to transport you to the Fox Theatre for \$12 per seat.



The motor coach will leave the RCW parking lot at 6:30 p.m. Other transportation options: Drive and park on the street or at the Old Pueblo Parking Garage, Catch the Sun Link Street Car and make the evening a dinner and concert adventure.

Tickets for the Theatre and tickets for the motor coach must be purchased separately by January 15th.

"Showdown in Tucson"

Sunday, January 26

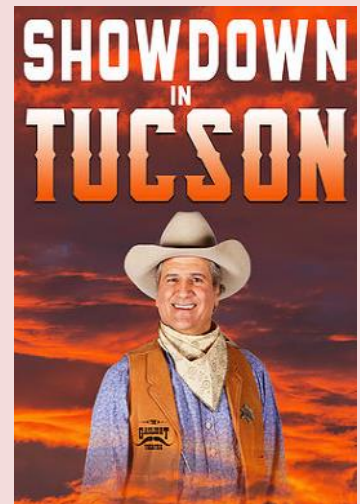
Show starts 6:00 pm

Tickets \$22.00

Gaslight Theatre's western themed melodrama shows are always a knee slapping good time! Hey, Cowboys and Cowgirls...mosey along on over to the Activity Office today!



Tickets must be purchased by Friday, January 10. The 12 passenger shuttle is available, but you must sign up in the Activity Office.



MEET THE CLUBS



Friday, January 3
6:30 pm
Rec Hall & Auditorium



Come and visit with representatives from RCW's many clubs, activities and sports. You will find many groups ready to welcome you to a new pastime.

PIE AND ICE CREAM

Presented by Amateur Radio



Friday, January 3
5:00 p.m.
In the Rec Hall

\$4.00 in Activity Office



LADIES OUT TO LUNCH



MACARONI GRILLE RESTAURANT
5100 East Broadway
Monday, January 13

ROMANO'S
Macaroni
GRILL

At Romano's Macaroni Grille, you'll experience modern flavors, showcased in a chef-driven, evolving menu with the same attention to detail as when Phil Romano first wrote the original recipe book. Macaroni Grill captures the Italian experience, down to each individual ingredient, and delivers the extraordinary flavors of Italy to ordinary life.

Sign up sheet in the Coffee Room. Carpooling always encouraged, so if you have room in your car, please leave your phone number on the sign-up sheet so people can find you. The sign-up sheet will be removed when the reservation is made (usually 3 days before lunch). Separate checks issued. Come join us, meet new friends, and enjoy a wonderful authentic Italian meal.

ICE CREAM SOCIAL

By Shuffleboard Club

Thursday, January 16th
6:00 p.m.

In the Rec. Hall

\$4.00

Bring your bowl and spoon

HERE'S
THE
SCOOP!



Come to the Rec. Hall and
enjoy a Hot Fudge Sundae and
support the Shuffleboard Club.

Tucson's Ballet Dance and Dessert

Saturday, March 14th

2:00 p.m.

Steve Eller Dance Theatre

\$36.00

**Sign up in Activity Office by
January 3 for adjacent seating
and group rate.**



Join us for this season's performance featuring modern dance and ballet including George Balanchine's Concerto Barocco - a dance visualization of Johann Sebastian Bach's Concerto in D minor for Two Violins. As relevant today as it was on New York City Ballet's debut program in 1948, Ballet Tucson dances this newest Balanchine acquisition with verve and panache. Master Daniel Precup stages his dynamic dance interpretation of the legend of Castor and Pollux and the formation of the constellation Gemini, presented with other entertaining selections from the company's eclectic repertoire.



Dessert tastings are served on the patio at the conclusion of each show.

Carpooling recommended - If you have room in your car, there is a sign up sheet in the coffee room for your telephone number so others can reach you. Questions, contact Pam Anderson 218-348-4777.

Jewelry Arts Cook-Out Event

Saturday, February 8

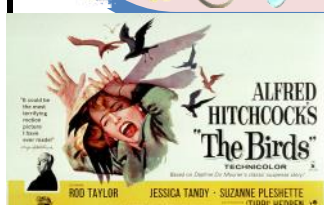
11:30 am to 1:30 pm

RCW Courtyard and Rec Hall

Cost only \$9.00

Tickets go on sale in the Activity Office in January. Enjoy a grilled bratwurst or chicken sandwich. Lunch includes potato salad, sauerkraut, cheese, a Suspiros Cupcake, & beverage!

(Offering Gluten Free option- Chicken on GF Bun, salad, fruit, beverage)



Super Bowl Picnic

Sponsored by RCW Golfers

ALL RCW Residents and Guests Invited

Sunday, February 2
1:00 p.m. in the RCW Parking Lot
(Food served from 1:00-1:30 pm)
Cost \$9.00

- Hamburger or Hot Dog
- Potato Chips and Beans
- Cookie and 2 Sodas or Beer



ROOT BEER FLOATS

By Shuffleboard



Thursday, January 30
6:00 p.m.
In the Rec Hall
\$4.00

Creamy & Refreshing
ROOT BEER
Floats!

SPUD OUT

By Garden Railroad Club

Saturday, January 18
5:00 pm in the Auditorium
\$8.00

Must be present to win prizes.



TWO FREE MOVIE NIGHTS!



Saturday, January 4

**7:00 pm in Auditorium
"THE GREAT ESCAPE"**

Imprisoned during World War II, a group of Allied soldiers are intent on breaking out, not only to escape, but also to draw Nazi forces away from battle to search for fugitives. Outwitting their captors by digging a tunnel out of the prison grounds, the soldiers find the stakes much higher.



Friday, January 31

**2:00 pm Matinee in the Auditorium
"TRUE GRIT"**

After hired hand Tom Chaney murders the father of 14-year-old Mattie Ross, she hires U.S. Marshal "Rooster" Cogburn, a man of "true grit," to track Chaney. As the two begin their pursuit, a Texas Range joins the manhunt in hopes of collecting a substantial reward. The three clash on their quest of bringing to justice.

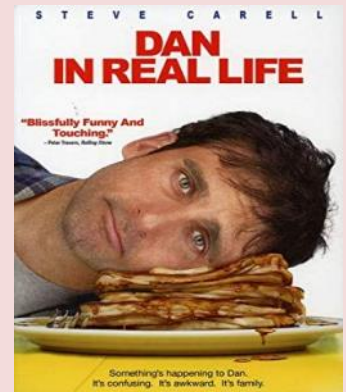


Pancake Breakfast By Woodshop

Saturdays, January 11 & 25

7:00 am - 9:00 am

**\$4.00 from Activity Office
\$5.00 at Door**



Saturday, February 1

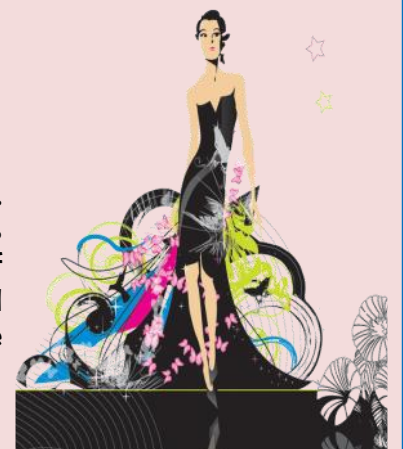
**Enjoy the RCW stuff exchange in the
Parking Lot.**



LUNCH AND STYLE SHOW Friday, February 1 * 12:00 pm \$5.00 from Activity Office

Rincon parade committee will be hosting a lunch - style show on Feb. 1st. \$5.00 will get you a grilled cheese sandwich and a bowl of delicious tomato soup with a beverage. At the show you will see a different kind of style. Maybe you would like to copy one of the creative designs. Lunch will be served starting at 12 with the style show starting at 1 pm Tickets may be purchased at the Activity Office.

For more information, contact Mary Pascal at 505-360-4047





Blood Drive

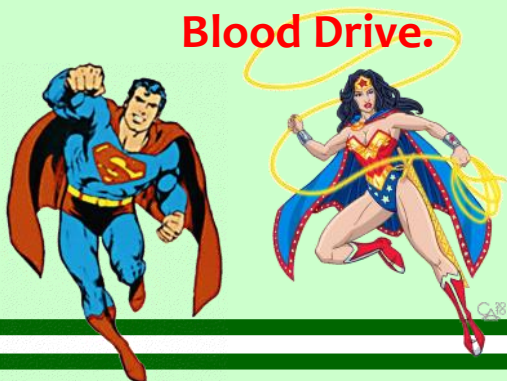
Tuesday, January 21

8:00 am to 12:30 pm

Rally Room

To register, visit

www.bloodhero.com and use code
RCWRVP, or call **877-25-VITAL**



Is Your Health at Risk?

Wednesday, January 22

HEART DISEASE – STROKE –

CANCER – ANEURYSM - KIDNEY/LIVER/THYROID DISEASE

ELEVEN cardiovascular and abdominal ultrasound screenings

will be available - only \$200 (Compare at \$2,000 on up)

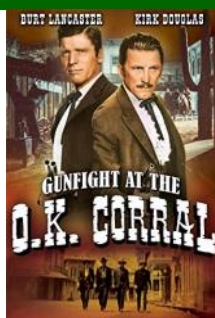
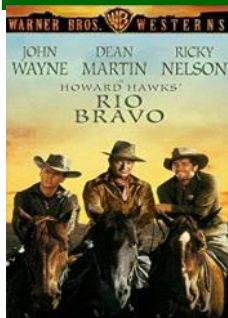
Appointment is required.

Call: 800-770-0240 to schedule

SPACE IS LIMITED!

THIS SCREENING COULD SAVE YOUR LIFE!

RightPath is a non-profit organization providing screenings for 32 years. We are based locally. Our goal is education, information and early detection of disease processes. Mostly ultrasound, the screenings are performed by experienced, local, skilled ultrasound professionals. We strive to make this a private, personal experience performed in an efficient and timely manner.





RIDE FREE on ALL trips under 100 miles round trip!

RCW SHUTTLE *EXCURSIONS*

Save gas and save the parking hassle; ride the RCW Shuttle to many exciting local events and area attractions. The RCW Shuttle will drop you off and pick you up at easy-access locations.

Sign up for these trips early!

About the RCW Shuttle

- Sign up for all trips, in the Activity Office. All trips under 100 miles are free. The charge varies for trips over 100 miles.
- On all trips, a 24-hour notice of cancellation must be given to avoid a \$15 charge.
- Unless otherwise noted, admission fees and meals are not included in the trip prices shown.
- The driver is in charge of actual departure times.
- The shuttle can accommodate 12 passengers on a first-come, first-served basis.
- A resident can sign-up themselves and one other person for two shuttle trips per month. Residents are limited to two bus trips to the same destination per season.

Franklin Auto Museum

**Sunday, January 12
10:00 am to 2:30 pm
Parking Lot • Ride Free**

Founded by Thomas Hubbard, the Franklin Auto Museum is a means to continue Hubbard's collection of classic Franklin automobiles, and to provide an opportunity to develop a comprehensive Franklin Museum covering all years of the company's production.

Mr. Hubbard put into trust the following:
His entire Franklin automobile collection

- An extensive library of Franklin Company research materials
- His aunt's extensive collection of native American artifacts
- A historical adobe home, museum and other buildings

After touring the museum, head over to one of Tucson's best Mexican restaurants, Guadalajara Grille where you will start off with table side salsa making - just to your liking....mild, medium or hot, hot, hot! Guadalajara Grille has been in Tucson for a number of years and is a Tucsonian favorite!

Museum Admission: \$8.00 (seniors)
Price of lunch is not included on this shuttle.



Sabino Canyon & Lunch

**Thursday, January 9
8:30 am to 2:30 am
Parking Lot • Ride Free**

The saguaro draped foothills of the Santa Catalina Mountains harbor countless scenic ravines featuring streams waterfalls,



cacti and other Sonoran Desert plants. The small shuttle is running. Enjoy a beautiful day in Sabino Canyon!

Beer Tasting

**Friday, January 10
3:00 pm to 8:00 pm
Parking Lot • Ride Free**

Enjoy a relaxing afternoon as you tour four breweries. Price of food and drink not included.



Kartchner Caverns

Thursday, January 16

9:00 am to 3:00 pm

Parking Lot

Cost of Tour is \$20

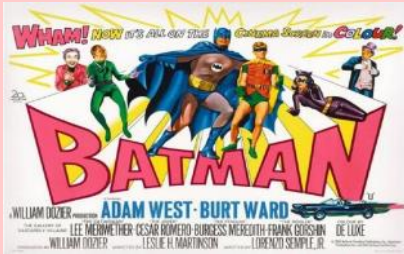
Cost of Shuttle is \$15

Total cost must be paid when you sign up.

Shuttle leaves at 9:00 am.

Tour of the Big Room begins at 10:45 am.

Stop for lunch on the way home.



In November 1974, Gary Tenen and Randy Tufts were exploring the limestone hills at the eastern base of the Whetstone Mountains. They were looking “for a cave no one had ever found” and found it. The two kept the cave a secret until February 1978 when they told the property owners, James and Lois Kartchner, about their awesome discovery. Since unprotected caves can be seriously damaged by unregulated use, they knew the cave had to be protected. Tenen and Tufts spent several years looking into the possibility of developing the cave themselves. Some members of the Kartchner family lived in Tucson and were very impressed with the development and operation of Catalina State Park by Arizona State Parks. They decided to approach State Parks to see if the agency was interested in acquiring this outstanding resource

Mini Time Machine Museum

Tuesday, January 14

10:30 am to 2:30 pm

Parking Lot • Ride Free

Ticket \$5.00 at the door.

Discover the magical world of miniatures at The Mini Time Machine Museum of Miniatures, where visitors are seemingly transported to different lands and times through the stories told by over 300 miniature houses and roomboxes, expertly displayed in over 10,000 square-feet of state-of-the-art exhibit space.

The Museum’s permanent collection boasts antique dollhouses dating to 1742, contemporary fine-scale miniatures and enchanting collectibles. Frequent temporary exhibits, special programs and events mean there is always something new to see. The Chicago Tribune has claimed; “The magic of this place cannot be overstated.” For a truly memorable experience, don’t miss this one-of-a-kind collection in a world-class setting.



Titan Missile Museum

Thursday, January 30

10:30 am to 2:30 pm

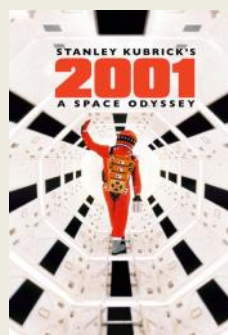
Parking Lot • Ride Free

Ticket \$10.50 at the door.

The Titan Missile Museum showcases the dramatic vestiges of the Cold War between the U.S. and former Soviet Union and provides a vivid education about the history of nuclear conflict.



On this tour, you'll stand on top of the launch duct and observe the Titan II missile in the duct.



Then you'll descend 35 feet into the underground missile complex and visit the launch control center where you'll experience a simulated launch of the missile. Finally, you'll visit level 2 of the missile silo where you'll have another view of the missile in the duct.

Dillinger Days

Saturday, January 18

10:00 am to 1:00 pm

Parking Lot • Ride Free

For one weekend a year, the historical Hotel Congress takes you back to the 1930's.

The Historic Hotel Congress will commemorate the anniversary of the Tucson capture of "America's Most Wanted" gangster John Dillinger and his gang.

Activities include a Speakeasy, historical reenactments depicting Dillinger's capture, a vintage car show, historical artifacts exhibit, lectures, arts and crafts, historical walking tours of downtown, and "the actual Tommy Gun" on display.



Pima Air & Space Museum

Thursday, January 23

10:00 am to 2:00 pm

Parking Lot • Ride Free

The Pima Air & Space Museum is one of the largest non-government funded aviation and space museums in the world! Featuring over 350 historical aircrafts, from a Wright Flyer to a 787 Dreamliner. Sitting on 80 acres the museum opened its doors to the public in May of 1976. Over the past forty years, the museum has grown immensely and today encompasses six indoor exhibit hangars (three dedicated to WWII).



Join RCW on this awesome shuttle adventure to the Pima Air and Space Museum!

Admission: \$13.75 senior rate.
Tram Tour \$6.00.

Arizona Wine Festival in Willcox

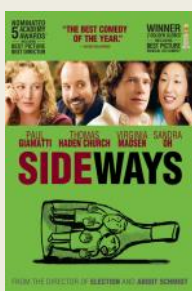
Saturday, January 25

10:00 am to 4:30 pm

Parking Lot • Ride \$15.00

\$25.00 at the Gate

The Cochise Graham Wine Council, Inc partners will present the largest gathering of Arizona wineries. This festival will feature over 25 Arizona Wineries pouring over 200 different wines. The festival will have 5 to 7 food trucks, a vintage village and numerous other non-winery vendors. There will be live entertainment throughout the festival. More details to follow.



It's not too far, but feels a world away. Listen to music and browse vendor and wine booths. There are several downtown shops and cooperative events within walking distance. Wine, Food, Music, Fine Art, Crafts, Local Produce & More! Live Music!



Actor James Arness from the "Gunsmoke" television series, compares boot sizes with Texas Ranger Capt Clint Peoples while in Tucson on January 30, 1959.



Ricky Nelson messes around with his co-stars Dean Martin and John Wayne, on the set of 'Rio Bravo' filmed at Old Tucson. May 10, 1958.



Ricky Nelson in Tucson. Ricky Nelson is presented with a special cake from two of his fans in 1958.



Writer Ernest Hemingway with longtime friend and notable painter, Waldo Peirce, in the Baghdad Room at the Tucson Inn in Tucson, Ariz., on March 20, 1959. This photo was supposedly the last time the two met in person before Hemingway died.

Club and Activities Notices

PARADE!

MONDAY, FEBRUARY 17

11:00 am

Park-Wide Event

What travels on golf carts, bikes, cars and feet? A PARADE! That's what happens on Monday, Feb. 17 at 11 a.m. right here in the park. All kinds of colorful and noisy units will move along a designated route. We are anticipating some sirens from emergency vehicles.



Time to get your club organized hopefully following the theme "Hollywood comes to RCW". Individual participants are more than welcome. What are we celebrating----- life and friendship. Don't want to participate or can't---come and watch. There will be a review station again in the parking lot with an announcer relating information that you provide about your group.

As the parade ends, the fun continues. Again in the parking lot you will find a spin the wheel game, guessing beans in a bottle, and car racing all with prizes. It is a \$1.00 for each game with proceeds going to the parade committee.

It is a day of fun and frivolity. Come and enjoy. Contact Barb or Clubby at B34 or phone 605-440-1585

RCW Third Annual Silent Auction Event Saturday, February 8th

The Jewelry Arts Club is once again sponsoring a 'Silent Auction' on February 8, 2020. This is a call to all RCW clubs, activities, & groups to participate. It was lots of fun the last two years with great participation across the entire RCW Community.

Sign up at the Jewelry Arts shop or Activity Office to let us know you are participating. The sooner the better to allow your members time to come up with ideas for items to auction off. Your items can be handmade, gift baskets, creative genius, or 'like new' items. Once you sign-up, you will receive more details on the simple process.

Proceeds from the items or services donated for auction are returned to you. Some clubs / groups need extra funds & some groups have donated funds to charity.

Come on, join in this fun activity! Sign-up early. If any questions, see the co-chairs of this event, Bob Howland or Mo Sobieski.



RCW SILENT AUCTION

Sponsored by Jewelry Arts
February 8th
11:30 am – 1:30 pm
Auditorium

This is a resort wide event! Items up for auction are from numerous RCW clubs and groups and include many handmade & unique gift items. Stop by the RCW Auditorium to browse the Silent Auction and bid on the items you really must have! Browsing is free, no admission charge.

Club and Activities Notices

BLOOD PRESSURE CLINICS

In 2003, a group of retired nurses in RCW decided to hold a weekly blood pressure clinic to assist residents in managing their blood pressure goals. At that time they called themselves the "RCW Nurses Group." Today the blood pressure clinics continue to be popular, but our group has grown to include other health professionals as well. To date we have 10 members who are trained in blood pressure measurement, and two volunteers who act as receptionists, record keepers, and so much more.

Starting January 6, clinics are held every Monday morning 10-11:30 in Classroom 2. This service is free.


If you are trained in blood pressure measurement, and would like to help out, please see Wanda Amey at S-986.



Enjoy Square Dancing At the corner of fun and fitness

FREE Introductory Dance Party
Rincon Country West Auditorium
Monday, January 13, 2020
6:00 PM to 8:00 PM



Casual Attire  Couples & Singles Welcome

If you have ever thought about your future **mental health**, this is for you. Science indicates that good mental health requires physical exercise, mental exercise, and social exercise. Square dancing provides **all three of these**. Join us, no experience needed. After a few instructions, **YOU WILL BE DANCING!**

For Information: Bob Asp 815-262-4911



Club and Activities Notices

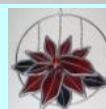
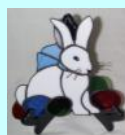
COMEDY AND TALENT SHOW

It is not too early to start planning for our Comedy and Talent show scheduled for March 21, 2020 in the auditorium. We will have many skits, and funny things for many of us to do. If you would like to help or participate in the show, please let Barb or Clubby know at B34 or call at 605-440-1585. Our committee will be meeting during January and February to get the planning all done.



Stained Glass

Are you are interested in learning more about Stained Glass with copper foil or lead? Our first Meeting will be Monday, January 6 and first class will be Wednesday, January 8, 2020, both at 9:00 am. We will be in the Multi-purpose Craft Room. For more information, contact Dave Pogrant, Lot A125 after December 10th.
dpogrant@charter.net



FITNESS ZUMBA

Zumba is a dynamic low impact, fun and effective cardio workout! It is a great way to get into shape AND have fun, all at the same time!

It is a workout experience like no other that provides an effective, easy-to-follow, and Latin-inspired dance fitness party. NO dance experience is needed.



In the Exercise Studio
Tuesdays and Thursdays
10:30 am to 11:30 am
Starts January 7
Contact Estella at 520-907-6633

YOGA 101

FREE

Thursday, January 16
6:30 - 8:00 PM
Exercise Studio



This is a high level introduction to yoga history and philosophy.

It will include gentle yoga class focusing on pose structure.

Bring an exercise mat, beach towel, water, pen/pencil. A handout will be provided.

Julie Cherry, 817-716-3678

When you own your breath, no one can steal your peace.

Club and Activities Notices

ACS Bake Sale

The Arts Crafts and Sewing Club (ACS) Bake Sale will take place on Super Bowl Sunday, February 2. All who are members of ACS, a member of one of the groups under the ACS umbrella, or use the Arts and Crafts Room and/or Sewing and Crafts Room are asked to participate by baking home-made goodies to sell. Please bring your items wrapped and labeled to the Arts and Crafts Room (original Crafts and Sewing Room) between 7:30 am - 9:00 am on February 2nd. The sale will take place in the breezeway (weather permitting) or the Auditorium starting at 10:00 am. This is how we are able to purchase items needed for you all to use. We ask that all who use the room help in our effort to keep it well equipped.

ACS Craft Fair

The ACS Club is hosting the 2020 RCW Spring Craft Fair on February 15 from 12:00 pm—3:00 pm in the Auditorium and breezeway.

If you reserved and paid for a table at the December 2019 Craft Fair then you do not need to call me. If you haven't already paid, please do so now. Cancellations for a refund need to be received by January 30th, so the table can be assigned to another vendor that may be waiting for your space.

If you would like to reserve a table for the February 2020 Craft Fair or have any questions, please contact me ASAP. Tables go fast.

Table Rent per table is as follows: Full tables are \$10.00 for all RCW Residents, \$20.00 for all non-residents. Card table are \$5.00 for all RCW Residents, \$10 for all non-residents.

Please state the description of the items that you will be selling when you contact me. We are looking forward to another successful Craft Fair. Contact: Joanne Carley, chairperson - email sommantha@hotmail.com, phone (781-258-3660).

Villageaires

Villageaires Completes the Fall Show and Plans Spring Show!

Villageaires thanks the many supporters who got on board *The Polar Express* for the 2019 Holiday Show. Ticket sales allow us to acquire new music and equipment, such as the new spotlight, a joint purchase with the Playcrafters,

Sing soprano, alto, tenor, or bass? Come blend your voice with the 40+ chorus members every Tuesday, starting Jan. 7, from 9:00 am to 11:30 pm in the Recreation Hall, ending with shows on March 13 and 14. Don Austin has selected a delightful variety of *Just Good Music from Hollywood and Beyond*.

Interested residents may contact chorus members anytime or at the *Meet the Clubs* event on Jan. 3 for more info.

President Lowell Pinney, 317-881-8474

Publicity Chairman Marilyn Collins, 208-853-6583

Reader's Theatre

Want a chance to be on stage? Reader's Theatre is a dramatic presentation of a written work in a script form. Readers Theatre is easy – no lines to memorize and no previous acting experience necessary – just the ability to read short paragraphs of large print and a willingness to take part in the fun. None or minimal costumes are necessary.

We use humorous plays to make it fun for everyone – the performers and the audience. No experience necessary!

Regular rehearsal for Readers Theatre will begin on Monday, January 6, 2020 in the Rally Room at 9:30 am. We will begin rehearsing 2 skits that we will perform in 6 or 7 Assisted Living Homes throughout Tucson on Mondays in February and March.

For further information, contact Margaret Babineau, Director, 248-330-2658, Site #874.

2019 - 20 Charter Bus Opportunities

Mesa Market Place Swap Meet and Organ Stop Pizza

March 21, 2020 • \$27 • 7:45 am

Come enjoy 'Recreational Shopping' at Mesa Market Place Swap Meet! Admission is FREE! Parking and entertainment in the Food Court is also FREE!

Take a minute and visit our Coupon Page on Organ Stop Pizza website. You'll find our Market Breakfast Coupons there! Print them out or show them to the Cashier on your smartphone so you can start your day with a good breakfast: Two Eggs, Toast and Hash Browns for either \$2 or \$2.50, depending on whether or not you're an early bird!



After a day of shopping we will stop at Organ Stop Pizza. Organ Stop Pizza offers the most entertainingly affordable pizza in town. We don't stop there, however, we also offer specialty pizzas, pastas, appetizers, sandwiches, salad bar, desserts, a variety of soft drinks, beer, and wine. Please be prepared to purchase your dinner. No credit cards accepted at Organ Stop Pizza.



Organ Stop's Wurlitzer theatre organ was built for the Denver Theatre and was installed in 1927. The organ was used regularly until the early 1930s.

Mecum Auctions

in Glendale Arizona

March 11, 2020 • 8:00 am • \$53.00

The Mecum Auction Company is the world leader of collector car, vintage and antique motorcycle, and Road Art sales, hosting auctions throughout the United States. The company has been specializing in the sale of collector cars for 29 years, now offering more than 20,000 lots per year and averaging more than one auction each month. "We've come a long way from our first official auction at the Rockford Airport in 1988," notes President Dana Mecum. "We're really a family business that grew up and got big. Our goal has always been to give Mecum Auction attendees an amazing experience and unite them with an incredible car they will enjoy."

A deluxe motor coach will pick you up in the RCW parking lot at 8:00 am sharp. General Admission (included) gets you everywhere except the bidders area. You can see what is going on, you just cannot be up close and personal with the cars while they are on the block. However, outside of the block area, it is more like a car show where you can walk around and view all the cars up close. There is also vendor spaces (many things to buy), as well as other activities. You will have a blast. **Please wear comfortable walking shoes and do not forget your camera. We will leave the Auction at 4:00 pm or when the gates close.**



Join Rincon Country on this exciting journey through the five C's of Arizona charter bus tour! Experience firsthand the importance of the five C's in Arizona's history, Arizona's economy past and present and the cultural role that they all play.

We will be offering a GREAT deal on these trips! Either purchase tickets for each trip at \$40 per person or why not purchase a package deal for all five bus trips for \$175 per person? Get bragging rights with your friends and family when you can say that you have toured ALL of Arizona's Five C's!

We will explore the following:

Climate: Biosphere 2, Oracle

Jan 28 • \$40 per person • 8:45 am - 3:15 pm

Come tour one of the world's most unique facilities dedicated to the research and understanding of global scientific issues. The Biosphere 2 facility serves as a laboratory for controlled scientific studies, an arena for scientific discovery and discussion, and a far-reaching provider of public education.

After the tour, we will be stop on the way back to Tucson, so you can grab a bite for lunch. Please bring additional money for lunch.

Copper: Queen Mine Tour, Bisbee

Feb 4 • \$40 per person • 8:30 am - 5:15 pm

Outfitted in hard hat, miner's headlamp and a yellow slicker, thousands of Bisbee visitors ride into the Queen Mine Tour each year - heading underground and back in time. Tour guides, retired Phelps Dodge employees, lead the group 1,500 feet into the mine and recount mining days, techniques, dangers and drama. Adding a personal touch, the miner-turned-tour guides help visitors experience what it was like to work underground.

Enjoy walking around the historic town of Bisbee and grabbing a bite for lunch at one of their many restaurants! Please bring additional money for lunch.

Cotton: Caywood Family Cotton Farm, Casa Grande

Feb 11 • \$40 per person • 8:45 am - 2:15 pm

Caywood Farms is a fourth-generation, family-operated farming business located near Casa Grande, Arizona. In addition to the production of cotton and forage crops, their family runs seasonal tours which we will be taking part in. This isn't just your everyday tour of a cotton farm - you will enjoy music performed by the family, explore their cotton farm, the farm equipment and enjoy a day on a down home Arizonan cotton farm with this awesome family.

After the tour, we will be enjoying a Rincon Country picnic with the Caywood Family. **Please make sure to pack a picnic lunch to bring.**

Cattle: Shamrock Farms, Stanfield

Feb 18 • \$40 per person • 9:30 am - 4:15 pm

Founded in 1922, Shamrock Farms is the largest family-owned and operated dairy in the Southwest. It produces and distributes a full line of dairy products. Join their mascot, Roxie the Cow, and enjoy learning all about how Shamrock Farms grew from a small herd of 20 in Tucson and a Model T delivery truck into a dairy with over 10,000 cattle.

After the tour, we will be stopping at Ak-Chin Casino where you can grab a bite for lunch on the way back to Tucson. Please bring additional money for lunch.

Citrus: Hagen Family Citrus Farm, Queen Creek

Feb 25 • \$40 per person • 8:45 am - 4:30 pm

Join the Hagen Family as they talk with you about how they produce navels, AZ Sweet, pink grapefruit, kinnows and tangos, representing one of the AZ Five C's in their family run farm. Starting in 1949, this 220 acre farm is a great place to spend the day with your Rincon Country friends.

After the tour, we will be stopping at Queen Creek Market where you can grab a bite for lunch on the way back to Tucson. Please bring additional money for lunch.





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Personal Liability	\$100,000	\$100,000	\$100,000	\$300,000
Annual Premium	\$207	\$235	\$280	\$380

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