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# Villager



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Coming to RCE This Month



How many of you have travelled along Route 66? As a park we have started a virtual walk along the iconic Route 66. Since we are not able to get out and about as usual, we thought it would be fun to have a park-wide activity and “see” the sights on Route 66. On January 1, 2021, we started in Chicago and we are making our way to Santa Monica.

We have walked, swam, and bicycled over 600 miles in our first week! That is AWESOME!! We are so excited that so many residents have taken part. The route is 2,448 miles in total and with the start that we have had, we are looking at completing Route 66 in no time!

All that is needed is a Pedometer, Fitbit, smart watch or smart phone that tracks your steps or miles each day. To participate, bring in your device with the readings each Friday, so the results can be added each week. A map is posted outside the Activity Office with the route highlighted. Each week we will be marking how far along the journey we have gotten. We will also be posting updates about all of the sites that we have visited.

What will we do when we complete Route 66? Well, watch out Appalachian Trail....here we come!

Even if we are unable to travel in our traditional way, we can still work together to complete virtual adventures while being healthy and safe at the same time.

Please feel free to email your miles each week to [shannon@rinconcountry.com](mailto:shannon@rinconcountry.com) if you are not able to come into the office to record your miles.



## “Acting Up” with the Activity Office

Hello and Happy New Year to you all from the Activity Office. We are super excited to welcome in the new year and with it hopefully some awesome activities. We have been thrown a lot of curve balls this past year and we have sure tried to rise to the challenge! We would like to thank everyone for being so supportive of the activities and events that we have been able to hold.

These cute baby pictures above reminded us of what we have been doing this past year...we have been sleeping a little bit more; maybe reading a little bit more; exercising a little bit more; and of course enjoying the gorgeous Tucson sunshine on our faces! We hope these made you smile like we did when we saw these.

We hope to be back up and running soon and will be back to delivering coffee and a joke to your doors on a Wednesday morning; following your Route 66 journey; and bringing in more food trucks to the park.

Even though we are not able to go out just yet like we used to, we still have some great adventures awaiting us in Tucson. We are hoping that the information to the right will give you some inspiration to get out and about while being safe.

Be safe and well,

Shannon, Sue, Jean and Jennifer

## Adventure Awaits in Pima County

**“A” Mountain:** Whether you are walking, biking or driving, Sentinel Park or “A” Mountain will offer some of the best views of Tucson that you can find!

**Agua Caliente Park:** Agua Caliente, literally meaning hot water, features a perennial warm spring and pond; the 101-acre park also includes a diversity of other habitats, attracting a wide variety of bird species. Bring a picnic and enjoy Agua Caliente.

**Botanical Gardens:** Make sure to check on what exhibits are being held at the gardens before you go. They are always offering great exhibits in addition to the beautiful gardens.

**International Wildlife Museum:** Founded in 1988, the museum highlights over 400 species of insects, mammals and birds from around the globe. We took a shuttle here last month and our driver, Bobby Marie loved the museum so much that he became a member of the museum that very day on his first trip there!

**Mini Time Machine Museum of Miniatures:** This is a Tucson hidden gem for sure. They have guest artists/exhibits and one of the current displays is the Itty Bitty Backlots of the Boroughs. In which Sahuarita resident, Tom Del Giorno, pays homage to the setting of his youth– the neighborhood backlots and gritty street scenes embodying life in the boroughs of New York City from the 1950s through the 1970s.



# Happy New Year!



We sure love food trucks here at RCE and we have lined up two food trucks for January.

Friday, January 22. Urban Bistro. 12:00 - 2:00 PM

Friday, January 29. Mutt's Sausages. 12:00 - 2:00 PM

Come out to support local business and enjoy a day off from cooking!



## Ben's Bikes of Tucson

Whether you're an experienced rider or you're just starting out, **Ben's Bikes of Tucson** has the expertise and the wide range of inventory that will ensure you get exactly what you're looking for. They have spent over 25 years serving the Tucson area and its biking needs. They are a fully stocked bicycle shop, but also offer rentals and repair. No matter what your needs are in relation to biking, they've got you covered! They are your friendly neighborhood bike shop, veteran owned and operated.

Ben's Bikes will be here for all of your biking repairs, to answer questions and to share their biking knowledge with RCE residents. **They will be in front of the Breezeway on the following dates:**  
**Feb 12, Mar 12 from 9:00 a.m. - 12:00 p.m.**

# Ben's Bikes

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# Let's get moving!



We are still holding some of our exercise classes at RCE but have moved them outdoors and have limited the number of attendees to 10. Masks are required at all classes and you will be social distancing during the classes. This is a great way to keep active, to meet up with friends and stay healthy while being safe!



## Mondays

9:30 a.m. Line Dancing. Breezeway. \$5.00 per session.

12:00 p.m. Stretch, Strength, and Balance with Marci. Breezeway. \$5.00 per session.

## Tuesday

1:00 p.m. Strength Class with Dee. Outside Rec Hall area. \$5.00 per session.

2:30 p.m. Tai Chi with Sue. Breezeway. Free of Charge.

## Wednesday

11:00 a.m. Aqua Zumba. Swimming Pool. \$5.00 per session.

12:00 p.m. Stretch, Strength, and Balance with Marci. Breezeway. \$5.00 per session.

## Friday

11:00 a.m. Aqua Zumba. Swimming Pool. \$5.00 per session.



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