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Rincon Country® West RV Resort
4555 S. Mission Rd., Tucson, AZ 85746
Business Office: 520-294-5608
Activity Office: 520-889-6900



March, 2011
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Number 6

Email: activities@rinconcountry.com

NICK LEWIN

“THE BRITISH TRICKSTER”

Nick Lewin is a “laugh-a-minute” magical treat. He is considered to be one of the most inventive, cleverest and funniest comedy-magic performers from the British Empire. There’s nothing serious or death-defying here ... just some of the most hilarious and amazing gags ever presented by this delightfully charismatic performer. **Nick Lewin** has starred in his own Las Vegas show for nearly ten years but on Friday, March 11 he will be right here at RCW.

Join us at 7:00 pm in the Auditorium. General admission tickets are available for \$12.00

“THE MARLINS”

4 BROTHERS – 4 ENTERTAINERS

These four talented musicians and singer brothers, from Indiana, have spent a lifetime of successful years entertaining and thrilling audiences from coast-to-coast. Truly one of our all-time favorite show groups, once again, performing their excellent musicianship, wonderful vocal harmonies and family humor. **The Marlins** will again prove *“The family that plays together, stays together”*.

These talented men will be at RCW on Friday, March 25 at 7:00 pm in the Auditorium. General admission tickets are on sale now for only \$12.00. This is a “MUST SEE” performance!

50th WEDDING ANNIVERSARY



A reception honoring those celebrating their 50th Wedding Anniversary sometime in 2011 will be held Sunday, March 6 at 1:00 pm. Please join us for cake and punch and help us celebrate this big event!

If you have never celebrated your 50th Anniversary with us, please sign up in the Activity Office.

Do you have wedding pictures available? Bring them along to share with us. Celebrants are asked to arrive by 12:30 for pictures.

Tickets are **\$3.50** so come celebrate with your friends.

Tuesday, March 1

4:00 pm **Villageaires Social**
Place: Rally Room
See sign up sheet in Coffee Room for information.

6:15 pm Doors open
7:00 pm **Bingo**
Place: Auditorium

Wednesday, March 2

11:00 am **Investment Seminar
by Merrill Lynch**
Speaker: Harold Langer
Place: Rec. Hall
Tickets: Complimentary

4:00 pm **Illinois Pot Luck**
Place: Rally Room
See sign up sheet in Coffee Room for information.

Thursday, March 3

4:00 pm **Shuffleboard Pot Luck**
Place: Rally Room
See sign up sheet in Coffee Room for information.



Friday, March 4

9:00 am **Coffee by Freedom RV**
Bring your own cup
Meet in the Auditorium



7:00 pm **Playcrafters Present:
"The Attempted Murder
of Peggy Sweetwater"**
Place: Auditorium
Tickets: \$5.00



Saturday, March 5

7:00 pm **Playcrafters Present:
"The Attempted Murder
of Peggy Sweetwater"**
Place: Auditorium
Cost: \$5.00



Sunday, March 6

1:00 pm **50th Golden Wedding Anniversary**
Place: Auditorium
Cost: \$3.50



5:00 pm **Solos Social**
Place: Recreation Hall

See Solo's bulletin board in the Coffee Room. Information is also in the article in this Villager.

Monday, March 7

4:00 pm **Genealogy Pot Luck**
Place: Rally Room
See sign up sheet in Coffee Room for information.

Tuesday, March 8

11:30 am **Ladies Luncheon**

Place: Sam Hughes

Address: 446 N Campbell #150

Ticket: \$18.00

Includes: Lunch, beverage, tax and tip.

See written article in this Villager for details.

4:00 pm **"F" & "F" Street Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

6:15 pm Doors open

7:00 pm **Bingo**

Place: Auditorium

Wednesday, March 9

9:00 am **Investment Seminar**

by JD Agency

Speaker: Jim Deloy

Place: Rec. Hall

Tickets: Complimentary

3:00 pm **"Volunteer Bash"**

Place: Auditorium

Tickets: Complimentary

If you are a Volunteer, you are invited to pick up your ticket for this event.

THANK YOU

WOW- have you noticed what a great job Tom Nimlos and his Street Cleaning Crew has done on Mission Rd. Super job everyone!

Doreen

Thursday, March 10

11:30 am- 12:15 pm **Sandwich Luncheon**

Sponsored by The Library Volunteers

Menu: Turkey Salad sandwich, chips, light dessert and a beverage. Yummy!

Ticket: \$5.00

4:30 pm **"O" Street" Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

Friday, March 11

9:00 am **Coffee by Edward Jones**

Speaker: Craig Guernsey

Bring your own cup

Meet in the Auditorium



10:00 am **Mission Rd. Clean Up**

Meet at the front gate.

7:00 pm **"Nick Lewin"**

the fifth show of our Entertainment Series.

General admission (not reserved) \$12.00

Place: Auditorium

Saturday, March 12

7:00 - 9:00 am **Pancake Breakfast**

Cooked and served by The Wood Shop

Bring your own service.

Advance Tickets: \$3.00

\$4.00 at the door

10:00 am - 4:00 pm **Rails in the Garden Tour**

4:00 pm **Lapidary Get Together**

Place: Rally Room

6:00 pm **Hot Fudge Sundaes**

Place: Recreation Hall

Serving: Hot Fudge Sundaes - \$3.00

Bring: Your own bowl and spoon



Sunday, March 13

10:00 am - 4:00 pm **Rails in the Garden Tour**

2:00 pm **Round Dance Party**

Place: Auditorium

4:00 pm **Wine Tasting**

Tickets: \$3.50

Bring: 2 Wine glasses each and munchies

Place: Recreation Hall

4:00 pm **Split "P" Street Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

Monday, March 14

8:00 am **Pie Sale**

Place: Pottery & Ceramics Room

Price: 1 Slice = \$2.00

Whole Pie = \$12.00

5:30 pm **Computer Club Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

Tuesday, March 15

1:00 pm **"Q" Street Pot Luck**

Place: Rally Room

5:00 pm **California Pot luck**

Place: Rally Roc

See sign up she
for information.

6:15 pm Doors open

7:00 pm **Bingo**

Place: Auditoriur



Wednesday, March 16

9:00 am **Breast Cancer Seminar**

Presented by the Susan G. Komen
for the Cure Organization.

Place: Recreation Hall

Cost: Complimentary ticket

11:30 pm **Bowling Banquet**

Place: Rally Room

4:00 pm **Tennis Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

Thursday, March 17



7:00 pm **St. Patrick's Day Dance with
"Tom Chesnut"**

Place: Auditorium

Bring your own beverage and snacks

Ticket: \$7.00

See written article on for details.

Friday, March 18

9:00 am **Coffee by RCW Activity Staff**

Bring your own cup

Meet in the Auditorium

3:30 pm **Summer/Winter Monitor Class**

Place: Wood Shop

4:00 pm **Men's Golf Recognition**

Place: Rally Room

See sign up sheet in Coffee Room for information.

Saturday, March 19

8:00 am **Parking Lot Sale**

See newsletter article for details.

4:00 pm **Garden Railroad Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

7:00 pm **The Villageaires Present: "With A Song In My Heart"**

Place: Auditorium

Tickets: \$6.00



Sunday, March 20

SPECIAL MATINEE PERFORMANCE

2:00 pm **The Villageaires Present: "With A Song In My Heart"**

Place: Auditorium

Tickets: \$6.00



5:00 pm **Solos Pizza Party**

Place: Recreation Hall

See Villager article for details.

Tuesday, March 22

6:15 pm Doors open

7:00 pm **Bingo**

Place: Auditorium

THANK YOU

A big thanks to Rachael, our new office clerk who does the research for the article "Around Town".

Thanks go to Betty Blackstock for writing "Medical News You Can Use." Great job ladies!

Thursday, March 24

11:00 am **Playcrafters Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

6:00 pm **Strawberry Shortcake**

Prepared by: The Digital Imaging Club

Cost: \$3.00

Place: Recreation Hall

Friday, March 25

9:00 am **Coffee by Sky Med**

Bring your own cup

Meet in the Auditorium

7:00 pm **"The Marlins"**

the final show of our Entertainment 2011 Series.

General admission (not reserved) \$12.00

Place: Auditorium

Saturday, March 26

7:00 - 9:00 am **Pancake Breakfast**

Cooked and served by The Wood Shop

Bring your own service.

Advance Tickets: \$3.00

\$4.00 at the door

4:30 pm **"M" Street Pot Luck**

Place: Rally Room

See sign up sheet in Coffee Room for information.

5:00 **Dinner & Seminar by Sky Med**

Place: Rec. Hall

Sign Up Sheet in the Activity Office

7:00 pm **Line Dance Party**

Host: Carol Bandy

\$5.00 Pay at door

Place: Auditorium

Sunday, March 27

4:00 pm **Wine Tasting**

Tickets: \$3.50

Bring: 2 Wine glasses each and munchies

Place: Recreation Hall

Monday, March 28

7:00 pm **U. of A. "Encore"**

Present: Frank Loesser Music

Place: Auditorium

Tickets: \$6.00

Tuesday, March 29

6:15 pm Doors open

7:00 pm **Bingo**

Place: Auditorium

Thursday, March 31

7:00 pm **Free Movie "Secretariat"**

Starring Diane Lane & John Malkovich

Rated: PG

Bring your snacks and beverage

PANCAKE BREAKFAST

The Wood Shop pancake breakfasts for March will be Saturday the 12th and the 26th from 7 - 9 am. Cost is \$3.00 and the menu will be eggs, sausage, pancakes, juice and coffee. Tickets are \$4.00 at the door.

Enjoy a delicious breakfast at the start of a beautiful day. If you buy advance tickets you will be included in the door prize drawing.

Please bring your own service.



ST. PATRICK'S DANCE

On St. Patrick's Day – everyone wants to be Irish! Put on your green and join us in the Auditorium, Thursday, March 17 at 7:00 pm for the St. Patrick's Day Dance.

Tom Chesnut will be playing all your favorites songs. He is full of fun and energy and will supply you with an evening of pure enjoyment. Tom has a good singing voice and certainly knows how to entertain us.

He has a large array of music including old classics like New York New York, some 60's music, some country, a few disco songs and much more. Get ready to do all sorts of dancing including a line dance, waltz, two step and probably a polka. You are sure to have a great evening for your listening and dancing pleasure.

Join us in the Auditorium at 7:00 pm. Tickets are \$7.00 and are available in the Activity Office or Friday coffee. Bring your own beverage and snacks.

PLAYCRAFTERS

Present: "The Attempted Murder of Peggy Sweetwater"

Dates: Friday, March 4

Saturday, March 5

Time: 7:00 pm

Place: Auditorium

Tickets: \$5.00



Turkey Salad Sandwich

Date: Thursday, March 10

Time: 11:30 to 12:15 pm
Place: Auditorium

Sponsored by:
The Library Volunteers

Menu: Turkey Salad Sandwich, Chips, light
dessert and beverage

Tickets: \$5.00

VILLAGEAIRES

Presents: "With A Song In My Heart"

Dates: Saturday, March 19

Time: 7:00 pm

Sunday, March 20- **Matinee**

*****Note Time: 2:00 pm**

Place: Auditorium

Tickets: \$6.00

HOT FUDGE SUNDAES

Date: Saturday, March 12

Time: 6:00 pm

Place: Rec. Hall

Tickets: \$3.00

Sponsored by: Shuffleboard Club

DINNER & SEMINAR

by Sky Med

Date: Saturday, March 26

Time: 5:00 pm

Sign up in the Activity Office

Place: Recreation Hall

PARKING LOT & CRAFT SALE

Last chance of the season to sell all of your gently used or unwanted items.

If you are selling things, just bring your merchandise to the Parking Lot and set up your table. If you use our tables, please be sure to put the tables back in storage where they belong. Please note that the Villageaires will have their seating set up for their concert so. . . .Please DO NOT move their seating.

Clean out the shed and from under the park homes and sell all those things you have been saving for just such an occasion.

There is no sign up sheet just show up, set up and sell!!! The date is Saturday, March 19 at 8:00 am.

STRAWBERRY SHORTCAKE

Date: Thursday, March 24

Time: 6:00 pm to 7:00 pm

Place: Recreation Hall

Cost: \$3.00

Homemade Shortcake, Strawberries, Fresh Whipping Cream

Sponsored By Digital Imaging Club

PIE SALE

Date: Monday, March, 14

Time: 8:00 am

Place: Near the coffee room

Sponsor: Ceramics and Pottery

Cost: \$2.00 a Slices Or \$12.00 a pie

Plates and forks will be provided. The sale will last until the pies are gone.



VOLUNTEER BASH

Volunteers are cordially invited to attend our Volunteer Bash.

The RCW Activity Staff would like to express our thanks to all the volunteers who donate their time and expertise in helping to create a fantastic recreation program. Everyone does some specific job, some small, some large. Some volunteers work in the limelight and some work behind the scenes. No matter what job you volunteer to do, you are very appreciated.

If you volunteer, please be our guest for this event on Wednesday, March 9th in the Auditorium at 3:00 pm.

Complimentary tickets are available in the Activity Office or at morning coffee. Deadline to get your ticket is Monday, March 7.

Doreen, Betty & Ken

FREE MOVIE “SECRETARIAT”

When Penny Chenery (Diane Lane) agrees to take over her ailing father’s thoroughbred stable, she transforms from housewife to horse breeder — and owner of the colt that will take the 1973 Triple Crown — in this dramatic biopic. The film explores Chenery’s bond with “Big Red” and depicts her rise to greatness as the “first lady of racing.” John Malkovich plays trainer Lucien Laurin, and Fred Dalton Thompson co-stars as big-shot breeder Bull Hancock.

Join us in the Auditorium on Thursday, March 31 at 7:00 pm. The Movie is Free but bring your own snacks and beverages.

Rated PG

POT LUCKS

“RALLY ROOM”

- Mar. 1 Villageaires Social
- Mar.2 Illinois Pot Luck
- Mar. 3 Shuffleboard Pot Luck
- Mar. 6 Solo’s Social
- Mar. 7 Genealogy Pot Luck
- Mar. 8 “F” Street Pot Luck-Both sides
- Mar. 10 “O” Street Pot Luck
- Mar. 12 Lapidary Get Together
- Mar. 13 Split “P” St. Pot Luck
- Mar. 14 Computer Club Pot Luck
- Mar. 15 “Q” Street Pot Luck
- Mar. 15 California Pot Luck
- Mar. 16 Bowling Banquet
- Mar. 16 Tennis Pot Luck
- Mar. 18 Men’s Golf Recognition Event
- Mar. 19 Garden Railroad Pot Luck
- Mar. 20 Solos’s Pot Luck
- Mar. 24 Playcrafters Pot Luck
- Mar. 26 “M” Street Pot Luck



HEALTH SEMINAR

Join us on Wednesday, March 16, 2011, in the Recreation Hall, from 9:00 am - 10:30 am for a health seminar. The topic is Breast Cancer and will be presented by the Susan G. Komen for the Cure Organization.

The discussion will center around new advances in detection and treatment of breast cancer, lumpectomy versus mastectomy, sign and symptoms, and new ideas on frequency of a mammogram.

Tickets are complimentary. Pick up a ticket in the Activity Office.

LIBRARY LUNCH

We would like to invite all of you to a lunch put on by the Library Volunteers. Just a good old fashion lunch with the proceeds going to keep the Library in tip-top condition, to purchase supplies, ya know?

The menu will include a Turkey Salad Sandwich, chips, beverage and a light desert. Please get your tickets for this March 10th lunch at the Activities Office or Friday coffee. Serving time will be from 11:30 am to 12:15 pm.

Tickets are only \$5.00 with all proceeds going to support your Library. Deadline for ticket purchase is Tuesday, March 8.

Let's show our appreciation for all their hard work by supporting them at their lunch.



LADIES LUNCHEON

We had a great time in February – so don't miss our next outing. If you were unable to come to the Monday and Wednesday lunches earlier, we're scheduling for those who don't have regular Tuesday commitments. Please join us if you can.

Date: Tuesday, March 8
Time: 11:30 am
Place: Sam Hughes
Address: 446 N Campbell #150
Tickets: \$18.00

We are limited to 30 people, so get your tickets early.

Directions: North of Broadway on Campbell & 6th Street. If you need a ride, or are willing to drive, please contact :

Pam Anderson at 889-1310.

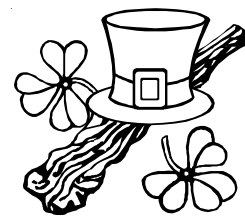
Loesser is More

Encore! Celebrates a Broadway Legend's 100th Birthday

Frank Loesser has been called the most versatile of all Broadway composers. He penned the lyrics to over 700 songs for the stage and screen, which earned him four Tony Awards, a Pulitzer, a Grammy, an Academy Award, and an iconic place in American musical theatre history. Although he produced only five musicals, (*Where's Charlie?*, *Guys and Dolls*, *The Most Happy Fella*, *Greenwillow*, and *How to Succeed in Business Without Really Trying*), each made unique contributions to the art of American musical theatre.

More than a catchy songwriter, Loesser beautifully captured the human experience, and his music and words still touch our minds, hearts, and funny bones to this day. Some of Loesser's most memorable songs include, "Once in Love with Amy," "I Believe in You," "Standing on the Corner," "Adelaide's Lament," "If I Were a Bell," "Baby, It's Cold Outside," and "What Are You Doing New Year's Eve?"

Join us on Monday, March 28 at 7:00 pm in the Auditorium and enjoy the wonderful music of Frank Loesser sung by The University of Arizona "Encore". Tickets are \$6.00.



WINE TASTING

The dates in March are Sunday the 13th and 27th at 4:00 pm in the Rec Hall. All you need is a ticket (\$3.50) from the Activity Office as well as 2 glasses and some tasty treats to share with the folks at your table. There will be wine waiting for you, fun too. Questions?

Judy Fried 294-2879

WOOD SHOP MONITOR CLASS

If you are planning on using the Wood Shop during the summer months please plan on attending the Monitor Class on Friday, March 18 at 3:30 pm in the Wood Shop.



ROOM REQUESTS

If you want to reserve a meeting room for next season, please stop by the Activity Office and fill out a request sheet. We currently have forms for both on-going and one-time events. Be sure to get the correct color form. **One time events (ie. potlucks) use the tan. Ongoing events (ie. club meetings) use the lime green color sheets.**

All rooms will be scheduled during the summer months, so be sure to take care of this task before you go home.

Please, remember that room reservations will be assigned with size of group, special needs and date of submission taken into consideration.

Anyone requesting dates for event, especially the state Pot Lucks, should verify their dates and times with the Activity Office before writing your newsletter articles next season. Even though we try to give you what you want, it is not always possible.

One other thing, please submit your request **once** and only one representative from your group should do this. Thank you.

Doreen

CLEANING FOR A REASON

The following article was emailed to me so that I could pass this along to our residents.

If you know any woman currently undergoing chemotherapy, please pass the word to her that there is a cleaning service that provides FREE house-cleaning - once per month for 4 months while she is in treatment. All she has to do is sign up and have her doctor fax a note confirming the treatment. Cleaning for a Reason will have a participating maid service in her zip code area arrange for the service. This organization serves the entire USA and currently has 547 partners to help these women. It's our job to pass the word and let them know that there are people out there that care. Be a blessing to someone and pass this information along.

www.cleaningforareason.org

THANK YOU MAILROOM VOLUNTEERS

I wanted to recognize some very special Volunteers. They give freely of their time to work in our Mail Room with Carol Bucenell. They do a fantastic job and because of them, you receive your mail pretty early in the day. Thank you Mail Room Volunteers you are very appreciated. Does anyone know that some of these people work up to six mornings a week? They do and we thank them all.

Doreen

BLOOD PRESSURE CLINIC

The blood pressure clinic will continue each Monday through March 28, 2011.

Special thanks to everyone who helped to make the blood pressure clinic a success. The residents, who encouraged us and waited patiently to be seen and all the nurses and registrars who volunteered their time.

MISSION ROAD CLEANUP

Join the crew to clean up Mission Road from Ajo to Irvington.

Meet after coffee on Friday, March 11 at 10 am at the front gate. Bring hats and gloves. Transportation and pig stickers will be provided.

Tom Nimlos

SOLOS

We welcome all single new comers to our park if you are single and would like to meet other singles with same desire for friendship. Join us on the first and third Sundays in the Rec. Hall (Town Hall).

Our gatherings for March are as follows:

The Social will be Held on Sunday March 6th in the Recreation Hall at 5:00 pm. Bring Snacks to share and beverage of choice. Coffee and tea will be available. B.Y.O.S.

Our Luncheon will be held on March 14th at The Old Pueblo located on the N.E. corner of Broadway and Alvernon at 11:30 am.

Sunday March 20th will be our Pizza Party Tickets will be \$3.00. Please purchase them in advance. Tickets will not be sold at the door. Soft drinks are available or bring the beverage of your choice.

Please sign up in the Coffee Room for the above Functions.

THANK YOU

A Special Thanks to all the nurses, aids, clerical Volunteers and including everyone who works to keep the Blood Pressure days Clinic open. I know for a fact that because you volunteer your time and knowledge that you have sent many people to see their doctor and probably saved their lives. So from all of us to all of you, THANK YOU!!

Doreen

CALIFORNIA POT LUCK

The California Pot Luck will be held in the Rally Room on March 15th . Sign up in the Coffee Room.

Dinner will be at 5:00 pm. Please bring a dish to share for 12 people. Additional information is available in the Coffee Room.

Tina Luke, Lot 587

KNIFE SHARPENING DONATION

This year Jim sharpened 168 knives (120 knives last year) with all contributions donated to the Tucson Community Food Bank.

Thanks to the generosity of the folks at Rincon Country the Community Food Bank received \$500.

Donations totaling \$258 were given in cash for sharpening. A private party donated a check for \$30 and then another private party donated \$212 to bring the total donation to \$500. What a great bunch of neighbors! Thank you everyone.

Jim and Maggie Haack
Shear Magic



KEEP YOUR INVESTMENTS SAFE

Come to the Recreation Hall on on Wed., March 9 at 9 am to hear how to keep your investments safe.

This will be a short presentation. I look forward to seeing you there.

Jim Deloy, JD Agency, Belle Fourche, SD



Steve and Beckey Douglass

by Norm Miller

Steve and Beckey are two people who have been very active around Rincon Country West RV Resort (RCW). As you can tell from the activities they are involved in, it was difficult to schedule a time for the interview.

Steve was born and raised in Nebraska and Beckey is from Kansas. They both moved to the Denver area, where they met in 1983 at the local roller rink — they had each taken their children from previous marriages to the roller rink. Beckey and Steve have been married for 27 years and have five “his and hers” children.

Steve, a University of Colorado graduate with a degree in Engineering, retired from a utility company as a systems engineer. Beckey retired from a surety company as a bond underwriter for large construction jobs.

While they were still working in 1995 they came to RCW to visit Beckey’s mother Elsie Loop who has been a resident here for many years. They liked what they saw and came here again in 2000, and have been here since 2002. First they were in a fifth-wheel trailer, and now are in a park model. Steve is involved in pickle ball, table tennis, pool, play crafters (sound system) and setup and take down in the Auditorium. Beckey has taken over primary responsibility for RCW’s television network (Channel 2). Along with help from Clara Harold, Beckey makes videos and DVDs promot-

ing the various clubs and activities at RCW. In addition, she plays pickle ball, works with the Digital Imaging Club, teaches a class in basic photography, is a monitor in the Video Room, attends dances, is in Play Crafters, Bible study and teaches a class in Tole painting. [Editors note: Is that all?].

When asked what they like about RCW, the answers were obvious: the weather, the activities, the people and the overall social life here. They are both wonderful Volunteers at RCW in their spare time!

AMBASSADOR CLUB

The Ambassadors welcome newcomers every Tuesday morning at 9:00 am in the Card Room.

Come in to get acquainted with RCW, the Tucson area, how to find a hospital or urgent care clinic, grocery stores, malls, restaurants, and the interesting sights of the area. Also, we will try to answer any questions you may have.

SENIOR OLYMPIC WINNERS

Pistol Center Fire:

Gold- Mary Ellen Conrado

Rimfire Pistol:

Gold- Dee Marsh

Pistol:

Gold- Jim Marsh

Table Tennis Mioxed Doubles:

Gold- Dottie Gregerson

Gold- Dick Berghoff

Bowling:

Gold- Paul Cleveland

Bronze- Norman Hahn

Trap Shooting:

Gold- Ron Stout

Congratulations to all our RCW Senior Olympic Winners.

Dancing

SQUARE DANCING

Thanks to Jerry Junck, Ray and Virginia Walz, and all of you Square and Round Dancers for making our Swing into Spring weekend a big success.

In addition we are proud of the progress of the Plus Review group; please make them welcome on Mondays and Wednesdays. All other dance activities will continue, as listed on the printed schedule available at lessons, dances, the Activity Office, the Main Office, and on the bulletin board outside the Main Office. For the most up-to-date information ask to be added to Ray Walz's email list (walzdancer@cox.net)

Marshall Flippo , Lot 129
Phone 520-294-6290, cell 520-331-9465

THANK YOU

To all our friends, a big thank you for your prayers and cards in regards to our son Ty who was diagnosed with ACL Leukemia . He is in remission and is doing really well now. He is anxious to go back to work which he said is his plan.

Thank You
Nancy and Darryl Philmlee

TABLE TENNIS

Table Tennis players have the most fun. Join us every Sunday, Tuesday, and Friday from 1 to 3 pm for great fun and exercise. We have all the equipment, so just "come on in."

Ned Bell 294-1180

LINE DANCING

Line dancing is not only great exercise for both the body and the mind but also it's a good way to make new friends and renew old friendships. Come to Carol Bandy's weekly Line Dance Class held on Thursday mornings in the Auditorium from 9:00-11:00 am.

Beginner dances are taught the first hour and high beginner /easy intermediate dances the second hour. The fee is \$4.00 for one hour and \$5.00 for two hours.

Our monthly Saturday night Line Dance will be held in the Auditorium on March 26, from 7:00-9:30 pm. Bring snacks and beverages if you so desire. The cost is \$5.00 per person and you pay at the door.

Our Saturday morning line dance practice and review sessions are being held in the Rec. Hall from 10:00 am to 12:00 noon. We would love to see you there."

LADIES' SQUARE DANCE

Women square dancers needing partners are invited to join the informal Ladies' Square Dance group for dances, lessons and reviews. You may choose to dance either the man's or the woman's part. A good way to learn the man's part is by volunteering to be an angel for beginner lessons and other reviews. We can use your help, and it's a good way to make friends.

Adelaide LaVerdi, Lot 177, 573-9760



TREAT SOMEONE TO THE HEAVENS

HOT AIR BALLOON RIDES

JOIN US IN AN IRRESISTIBLE OPPORTUNITY FOR PLEASURE. THE VIEWS OF THE CATALINA & TUCSON MOUNTAIN RANGES.

THE BEST GIFT CERTIFICATES AVAILABLE

A Southern Arizona Balloon Excursions Inc.

WWW.TUCSONCOMEFLY.COM

FOR RESERVATIONS CALL 520-624-3599

THANK YOU

Have you ever taken a few minutes to think about how all the many events run so smoothly? Well, I for one can tell you that it is due to the many, many Volunteers who give freely of their time and energy and to Ken and Betty who work so hard to make each event a special occasion. It can take anywhere from 2 people to 52 people to put on one dinner.

Volunteers from the following groups provided you with these great meals this season.

Dinner	Volunteers who Cooked & Served you
Chili Dinner	Lapidary Shop,
Spud Out	Garden Railroad Club
BBQ Dinner	Garden Railroad Club
Spaghetti Dinner	Four Courts Recreation Area
11 Pancake Breakfasts	Wood Shop Club
5 Strawberry Shortcake nights	Digital Imaging Group
5 Hot Fudge Sundae nights	Shuffleboard Club
12 Wine Tasting Days	Judy Fried and her Volunteers
50th Wedding Anniversary Party	Charolotte & Rudy Nenni and their Volunteers
Sandwich Lunch (Coming in March)	Marti Fox and her great group of Library Volunteers
Ladies Luncheons	Pam Anderson
Ladies Salad Lunch & Style Show	Ilona Stone
26 Friday Morning Coffees	Lloyd & Eileen Johnson, Bob & Sandy Blodgett, Dennis & Marcella Lynch and about 20 more Volunteers
Hot Dog Lunch	Ham Radio Group
Pie & Coffee Events	Ham Radio Group
Super Bowl Tailgate	Golfers
Bake Sales	Sewing & Crafts, The Card Players and Pottery & Ceramics

This list is only the food and I may have missed someone, but I hope not. Trust me, it takes lots of Volunteers.

Think about all the people who set up the potlucks and our ticket takers. Every week we have guys and gals who set up tables and chairs for Bingo, Coffee Mornings, shows, and Bingo callers and sellers, call back gals. It just goes on and on. Some of the regulars like coffee makers and donut servers, food shoppers, decorators, Video people, Playcrafters and Villageaires, Cheerleaders, Activity Office Volunteers all give freely of their time to serve and entertain you. Don't forget the Nurses group who take our blood pressures, and the special articles on Medical news, and articles on the employees and some of our Volunteers. Wow, you guys are great.

The Officers, monitors and members of each club are more than willing to help anyone to become involved with the different organizations. They help and teach us how to make jewelry, wood carving, wood working, tennis, pickleball, bocce ball, pottery and ceramics, needlework, sparkles, quilting, using our computers, ipods, including all the other "i" techie things, sewing and crafts and so very much more. Thank you one and all. You are very appreciated.

Even not naming specific names, for fear of missing someone, I probably missed some very important groups of people. If I missed you, please know that I truly appreciate all that the Volunteers do for our community.

AROUND TOWN

Researched by Rachel Margolis

Tucson Cine Mexico 2011

March 2nd-8th

Free and open to the public

A Mexican film festival featuring special guest appearances, screening of award-winning Mexican documentaries, bi-lingual, contemporary, classic, and feature films will be screened at Harkins Tucson Spectrum Theatres, the Fox Tucson Theatre, and other venues. For more information call the University of Arizona Hanson Film Institute at 520-626-9825.

Tucson Winter Chamber Music Festival

March 6th-13th

Show Times : Sundays at 3pm, Tues/Wed/Fri at 8pm, Dinner at 6pm

Arizona Friends of Chamber Music's critically acclaimed festival features five concerts, a gala dinner with music at Arizona Inn, and free-to-the-public master classes and dress rehearsals. For more information please call the AZ Friends Chamber Music at 520.-577-3769.

Tucson Festival Of Books

March 12th-13th

Free to the public.

This regional celebration of reading and literacy features workshops and activities for all ages and appearances by 400 authors and 200 exhibitors, sponsored by Arizona Daily Star with University of Arizona Book Stores on campus. For more information call the University of Arizona at 520-626-5653.

Spring Artisans Market

March 25th- 27th

Free Admission to museum and market

Times: 10 am -5 pm

Tucson Museum of Art presents over 120 of the Southwest's finest artists and crafters selling one-of-a-kind wares, including jewelry, textiles, photography, pottery, and more in the museum courtyard. For more information call 520-624-2333.



COMFORT QUILTS

The Comfort Quilt Group is in full swing. In February, we presented the Arizona School for the Deaf and Blind, 25 Blind Baby Quilts. In addition, we presented Nancy Curran from Heartland Hospice several bundles of Comfort Quilts to use in their home hospice program.

RCW residents are never forgotten, as we have presented many residents with health challenges, a quilt to speed their recovery.

We are busy at work in the Sewing Room, Thursday from 9 – 3 pm.

So if you know of any resident at RCW that needs the Comfort of one of our Quilts, please let us know.

Team Charlotte – Co-Chairman

Sue Charlot # 854 - 509-952-5645
Charlotte Baker #807 - 402-490-7929

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Meet the RCW Office & Bookkeeping Staff

by Norm Miller

RCW's office staff is divided into two groups - front office and back office/accounting.

The front office staff is supervised by:



Annette Sounnakhone, a native of Tucson who graduated from Santa Rita High School and attended business college locally. Annette started with RCW in February 1987 as a reservation clerk and has been here since, working up the ranks and expanding her responsibilities as the facility has grown. Annette has two grown children and when she is not working she takes care of her dog and has rediscovered her enjoyment of playing golf. When asked what she liked about working here her answer was, "I like working for the residents." "George is the boss, but we work for the residents." That positive attitude seems to be prevalent with the staff.



Carol Thomas, who is originally from Vancouver, WA, has worked and lived on and off at RCW since 1995. Carol enjoys the evening performances at RCW and is particularly fond of the polite residents at RCW. After their retirement, Carol and her late husband Ben traveled throughout the West and South before settling in Tucson. They were very active in the square dancing circles. Her only regret is that she is so far away from her kids and grandkids who live in Washington State. But, as she points out, it is cloudy and rainy up there.



Barbara Sulhoff is originally from Council Bluff, IA. Barb and her husband Jay moved to RCW in 2004 and started working for the park in 2006. They spend six months here and travel during the summer. Barb retired from the National Park Service as the Chief of the Park's land acquisition division, which obtained land for the Service from Texas to Montana. They are still looking for a house to eventually call home.



Rachael Margolis is the newest and youngest of the office staff. Rachael has been with RCW four months. Her previous jobs were in a call center and as a truck driver. Rachael was married last year and recently found out that she is expecting. She originally applied for a job at East Park but, then was called to work at West Park. Rachael attended Pima College on a tennis scholarship, and she enjoys bowling.

The back office/accounting staff consists of Wendy Bykofsky and Sue Scott. Wendy and Sue do all the accounting for both East and West Park.



Wendy came to Tucson from Cave Creek, AZ, to go to school at the University of Arizona in 1990. While still a student she started working part time at RCW in the front office. She received her degree in physiology in 1997, and in 1998 moved to the RCW accounting office and has worked there since. When not working Wendy takes care of her teenage son, plays computer games, and is a big fan of U of A basketball.



Sue moved to RCW from Renton, WA, in 2004 and started working in the accounting office in 2006. Sue retired from an accounting job with an oak furniture company in Renton, but being retired is not her style and she returned to work. Her hobbies are scrap booking and sewing.

LOW IMPACT AEROBICS

Aerobic classes are held in the Rec Hall, Monday thru Thursday from 7:45 to 8:45 am. We use different tapes for different days, and they are for seniors.

On Mondays we do a fall prevention tape. This helps build up our leg muscles, so we can catch ourselves if we start to fall down. There is balance and weight training with this also. Tuesdays and Thursdays we do tapes that stress the cardio aspect of exercising. We do a half hour of cardio and end with balance and strength training. On Wednesdays we do strength training, where we use the resistance bands along with the weights.

All you need for the classes are comfortable shoes. 2 or 3 pound weights and resistance bands on Wednesdays.

So come join us or just come in and watch and see if you be interested.

GARDEN RAILROAD TRAIN SCHEDULE

Mondays 1 – 2:30 pm
 Tuesdays 9 – 11 am
 Wednesdays 10 – 11:30 am
 Thursdays 1 – 2:30 pm
 Fridays 10 – 11:30 am

DESERT EXPLORERS HIKING CLUB

We're on the trails sharing the desert with friends. Come join the Desert Explorers on Wednesdays. We meet in Classroom 1 at 7:15 am. Put on your boots, bring a hiking stick, water, a snack, and money to share the cost of driving.

For questions about the Wednesday hikes, contact:

Jerry or Nancy Paulson at 295-0196.

NEEDLEWORK, KNITTING, CROCHETING, ETC.

This is where a group of ladies who enjoy hand-work of many kinds— sewing, knitting, crochet, cross stitch, quilting, etc.— meet every Wednesday afternoon from 1:00 to 3:00 pm in the Sewing Room. New members are always welcome and we've enjoyed having visitors who stop by to see what we are doing. Bring your project and join us for a time of sharing.

Any questions, call Adeline Bailey
 294-2728

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BIRD CLUB

We have two months of field trips and some programs. Many good bird species have been seen, including unusual ones that can be added to a birders life list.

Now that our cold weather has let up we should see our spring migration start to pick up. Our field trips in March will have birds returning to Arizona heading north. Get out into the field and see these birds returning. Spring also brings out the fresh colors of birds and helps make identification a little easier. Meetings and trips are on Fridays.

MARCH SCHEDULE:

Mar. 4th. Meeting in Class Room. 2 1:00 pm.
Program & Talk: Hummingbirds of
N. America & Doves

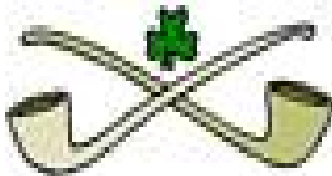
Mar. 11th. Field Trip—Patagonia Lake SP &
Paton's, also Kino Springs
Some rough walking in SP, but the rest of
the trip easier.
Bring a lunch & water. A state park permit
is needed or a fee per car.
Meet a 7:00 am in parking lot to car pool.

Mar. 18th. Meeting —Class Room. 2 1:00pm.
Program & Talk: Nonpasserine Land
Birds, Woodpeckers etc.

Mar. 25th. Field Trip—Gilbert Riparian Preserve
Water Ranch in Gilbert, AZ.
Level walking, but a long day driving up to
Phoenix, AZ. Bring a lunch & water.
Meet at 7:00 am. In parking lot to car pool.

Good Birding

Ferran K. Eales, Lot 375 Phone 807-0972



BICYCLE CLUB

The RCW Bicycle Club meets each Monday morning at 9:30 am, and each **WEDNESDAY** afternoon at 1:00 pm (**no Friday rides in March**) at the parking lot behind the Wood Shop.

Monday rides will be on bike trails or roads with little traffic and are 8 to 14 miles (round trip) in length at an easy pace, about 10 m.p.h.. The rides sometimes require transporting bikes to and from the start location. Trucks or other vehicles that can carry a number of bikes are much appreciated so that no-one is left behind.

Wednesday rides are for more experienced riders who are comfortable with street riding, and will leave by bike from the park, biking on South Mission Road and other busy streets. Rides will be 25-40 miles in length at a pace of about 14 m.p.h..

A coffee stop is mandatory for both Monday and Wednesday rides! For more info about rides and schedules, check the bulletin board outside the activity office, or join google group "RCW Bikers" at <http://groups.google.com/group/rcwbikers>. **HELMETS AND SIGNING A WAIVER RELEASE FORM ARE REQUIRED.**

Contacts:

Dave & Marilyn Fitzjohn, H543, (520)440-7689
Jim Stehn, T909, (214) 455-5008

QUILT SHOW

A big thank you to all who attended and participated in the Cactus Quilters, 15th Annual Quilt Show on Feb. 12th.

All the Winners and Best of Show are listed in the window of the Sewing and Craft Room.

Thank you for your generous donations through the raffle and Boutique. The donations enable us to continue our Charity work through Comfort Quilts into next year.

Charlotte Baker, Chairman

MEDICAL NEWS YOU CAN USE

By Betty Blackstock

HERBALS & WARFARIN (COUMADIN)

A number of common supplements – both herbal and non-herbal – are known to interact with the prescription medication warfarin (Coumadin) in ways that may affect the effectiveness and/or safety of the drug. Warfarin is a widely used prescription blood-thinning medication commonly prescribed for people who have an increased risk for blood clots, such as those who have heart arrhythmias, or a history of heart attack, heart valve replacement, or blood clots in the veins or lungs. It is a potentially high-risk medication that must be carefully managed, and it is very important that patients report to their doctors all the medications and supplements they are taking, including vitamins and herbals.

Researchers reviewed the effects on clotting and bleeding of 20 of the most popular herbal supplements, and 20 of the most popular non-herbal supplements. They found that more than half of the products interacted with warfarin, and 35% significantly changed measures of blood clotting, according to a paper presented at the 2010 annual meeting of the Heart Rhythm Society.

The researchers found that popular supplements such as cranberry, ginkgo biloba, saw palmetto, ginger, and garlic are associated with increased rates of bleeding. They found that glucosamine/chondroitin, multi-herb products, evening primrose oil, and essential fatty acids can increase the amount of time it takes for blood to clot (effectively thinning the blood), and supplements such as St. John's wort, coenzyme Q10, melatonin, ginseng, and soy can decrease the amount of time. Changes in clotting times can affect the effectiveness of warfarin, and require adjustments in warfarin dosage.

If you are taking supplements of any kind, be sure to inform your doctor. Herbal and non-herbal supplements are drugs, even though they are available without a prescription, and they may cause potentially dangerous consequences when mixed with warfarin and other medications.

There are also certain foods that interfere with the effectiveness of warfarin. Do your research.

From the Massachusetts General Hospital and Harvard Medical School.

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TENNIS NEWS

Join us any morning between 9:00 and 11:00 am for open tennis. It's a great experience with friendly people and a variety of player abilities. Enjoy the game while laughing with friends.

As newcomers to the park, we rate the group A+ and look forward to seeing you on the courts.

Joe and Judy Donahue
Colorado Springs, Co.

BIBLE STUDY

Be sure to put our RCW Bible Study on your March calendar.

DATE: Every Thursday morning
PLACE: Classroom 2
TIME: 9:30 to 11 am

Everyone is welcome—couples and solos. For more information please contact:

Heidi Schmidt #671-M
Walt Scott #977-S
(Books will be available in class)

MACINTOSH USER GROUP

Do you have a Mac computer? Join us on Tuesday afternoons from 1 to 3 pm in Classroom 2 (The School House).

We begin each meeting with sharing questions and answers. If there is something specific that you would like help with, then bring that question to the meeting. Allan probably knows the answer. In class we will be reviewing iphoto and iweb. Maybe we'll even learn how to make our own podcasts.

You could read a story for your grand children to listen to. One week, we will learn how to print our own designs or photos onto T-shirts. It's all easy and fun on the Mac.

If you have an ipad or an iphone, bring that, and we'll share our favorite apps and talk about how wonderful those devices are.

For more information contact":

Allan Schreiber at 889-0998
Martin Rathbun at 806-1303



JOKER

Joker is played in Classroom 1 on Saturday nights, from 6:30 until 9:00 pm. This is a board game that uses cards to help you get around the board and to get all of your men home safely.

If you have played before you know there are different rules for the game. We also have our own rules and we would be glad to teach them to you. If you have never played we will be willing to show you how.

We do play partners, so grab your spouse, significant other, or just a friend, and join us.

GENEALOGY CLUB

And all too soon, March is here and it is the time when we begin to say our good-byes until next fall. However, we are still busy trying to pass along to each other the information we have gained during the past month. With the exception of March 7, our meetings are held each Monday at 7 pm in Classroom 2.

On March 7, we will begin to gather around 4 o'clock in the Rally Room for our annual potluck. A sign-up sheet is in the Coffee Room for your convenience in choosing a dish to bring, just in case you missed signing up at one of the meetings. Each person is reminded to bring their own table service and beverage.

Our program schedule for the balance of March is as follows:

March 14 – Barbara Salyer will provide information on publishing your own family history

March 21 – Don Manning will head up a group of members willing to share information on their personal family histories, how they found the information and what they have done with it

March 28 – This will be a time to critique the meetings of this past season and to make suggestions for meetings for next season
We look forward to seeing you.

Sally Masteller

When the student is ready the teacher will appear.

RCW NURSE'S GROUP

There will be no nurse's meeting in March or April 2011. The blood pressure clinic will end on Monday, March 28th.

Thanks to everyone who has helped with the blood pressure clinic this year. Your help was greatly appreciated by everyone.

MACHINE EMBROIDERY

The RCW Machine embroidery group will be meeting this month on Wed. March 9 and Wed. March 23 at 6:30 PM in the sewing room. Bring your show and tell, and any questions you might have. We have women in the group with all makes and models of machines, and can usually help each other. Check in the glass case in the sewing room to see if there is a specific topic for a meeting. Our fancy sewing "computers" cost a lot of money and are fun to use, so let's brag!!

For further contact Bobbie Albright at 807-1801

LAPIDARY & SILVERSMITH

There is still time to convert the stones you bought at the Gem Show into beautiful jewelry in a variety of art forms. Stop in and see what opportunities the Lapidary Shop has to offer.

Instruction in various techniques are still being offered throughout the winter. Sign-up sheets are posted in the shop. Talk with the shop monitor for more information on what is available. Newcomers are welcome. No experience required.

Soldering and fabrication: Basic techniques for soldering and fabrication of pendants or rings, including mounting of stones.

Lapidary: Techniques for cutting, shaping and polishing of stones.

Wire wrapping: Techniques of wrapping stones with silver or copper wire for jewelry.

Chain making: Techniques of wrapping, cutting and using jump rings for construction of basic chain designs.

Wax carving and casting: Basics of carving wax figures and then casting them in silver or bronze

Precious Metal Clay (PMC): Techniques for design and construction of jewelry from PMC in silver or bronze. The PMC group meets most Saturdays from 1 to 4 pm through March.

HAM RADIO

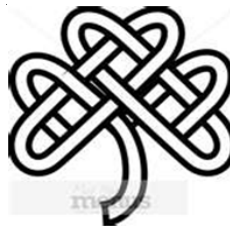
The Rincon Country West Ham Radio Club has a great agenda planned for the month of March. Some of the events are a little tentative as specific dates are still in the works.

March 2 Oscilloscopes and their use.
March 9 VHF and Repeaters and Links.
March 16 Voip- Echolink.
March 23 & 30 are open with programs pending. A possibility is Tucson's CSI New Lab.

If you have a license or are interested in getting a license please join with us in Class Room 1 at 11:00 am on Wednesday mornings.

We welcome you to check out our equipment in our Radio Shack located next to the sewing room on the parking lot side.

Bruce Baker W0BEB
President



NANA'S NEEDLES

Bring your knitting or crocheting to classroom I on Friday morning after coffee. Work on your own project or join us in making donations for the Newborns in Need project. Beginners or experts are welcome. There is usually some one available if you want to learn to knit or crochet or are having difficulties.

We accept any material you wish to donate that is suitable for making baby clothes-especially yarn. Check your drawers and closets and bring it with you next season.

Since the beginning of this season we have donated 84 hats, 29 blankets, 11 pairs of booties and 5 sweaters.

For information contact Shirley Crites at 807-9773

LIBRARY NEWS

What a great season this has been! I, for one, think it is going by so very quickly. We've been very busy in the Library, and once again, THANK YOU for all your donations. Just as our wonderful, committed Volunteers donate their time and energy, together we all benefit. But (isn't there just always a but) many patrons have asked 'why do people continue to take parts of the paper away each day?' We put up signs to let people know the Library policies. We know they can read, or they wouldn't want the paper! It is almost always the classified section, with the puzzles and other ads and coupons. The papers should stay for one complete day in the Library. Help yourself, the next morning. Please remind other newspaper readers what the policy is if you see someone leaving with any part of the paper.

Our assistant processor, Paula Whitby, submits the following:

Do you like reading an entertaining mystery with a little romance that also makes you laugh? Consider choosing a book by bestselling author JANET EVANOVICH. This author is best known for writing a numbered series of contemporary mysteries. These popular books feature the central character Stephanie Plum. Stephanie is a quirky New Jersey native (like Evanovich herself) who is a former lingerie buyer turned bounty hunter. The stories are full of endearing characters, excitement and humor. The first book in the series is titled *One for the Money* (1994). The latest Plum book in this series is *Sizzling Sixteen* (2010).

Evanovich started her career writing twelve romance novels that have been re-released in recent years. She is also the author of the Alex Barnaby mystery series. Alex, a female auto mechanic and race car driver Sam Hooker find themselves involved in the mysteries in *Metro Girl* (2004) and *Motor Mouth* (2006).

This prolific writer has coauthored with Charlotte Hughes to produce books known as the 'Full' series. These are romantic mysteries set in Beaufort, South Carolina. The Library has books from each of her series.

Thanks, Paula!

We hope that Snowbirds and Sunbirds alike enjoy our Library.

Cheers, Marti Fox



OIL PAINTING

Beginning oil painting classes began in late January with nine students in Instructor, Vern Dronen's class. They recently completed a wonderful landscape and have started on their second painting. Here is an excellent opportunity for anyone wanting to learn to oil paint. The beginning class meets in the Ceramics and Pottery Room each Wednesday evening from 6:00 to 10:00 pm.

The advanced artists are painting each Wednesday afternoon, 12:30 to 4:00 pm, in the Recreation Hall. Currently these students are working on a still life. Vern Dronen, also the instructor for this class, set up the still life scene that the students are painting. This is quite a challenging exercise for the students. Stop by to see the outstanding paintings these students are painting.

We have several artists that gather in the back of the Recreation Hall to paint their own pictures on Wednesday afternoons. These artists were recently working on paintings of landscapes, desert cactus and animals.

If you just need a place to setup your easel, come on down and join us. And don't forget the Beginning Classes and Advanced Classes have room for more students. **COME ON DOWN!**
Need more info?

Call: Vern Dronen, Instructor 509-531-4215
or Pat McFarlin 509-844-3553



PLAYCRAFTERS

Spring Play time is here! Buy your ticket today for only \$5! Friday, March 4 and Saturday, March 5 at 7:00 pm, in the Auditorium, the Playcrafters will present "*The Attempted Murder of Peggy Sweetwater*" by John Rustan and Frank Semerano. Barb Norwick, the director, has assembled a terrific cast for the one-act comedy. The South American banana plantation set designed by Pat Skinner will have you making travel reservations immediately. Be sure to count the number of attempts on Peggy's life – we might have a test afterwards. See you there, OK?

Come join us this month as we begin our plans for the 2011 Christmas presentation – presented the first or second weekend in December. **We need your ideas.** Our next meeting will be on Thursday, March 10, 2011, at 1:00 pm in the Auditorium. We will have outstanding entertainment and always lots of fun.

February found our Readers Theater entertaining at four different Tucson assisted living facilities with an additional two more facilities scheduled in March. They are reading a 1920's story of four mature women at an upscale Miami hotel. Our audiences have loved the 20's costumes and the surprise love story ending. This is the 4th season that the Readers Theater of Playcrafters has performed this outreach to our community. Also, a we are very thankful to Nancy Vogel for being the director/manager this year.

Playcrafters annual salad/dessert Potluck will be held in the Rally room on March 24 beginning at 11:30 am. The installation of our new officers will occur plus the Readers Theater will perform. A BIG THANK YOU to all Playcrafters for helping to make this another superb season!

Joy Fehrenz

POTTERY AND CERAMICS

Pies, pies and more pies, yummy! Selling pieces or whole pies is our annual fund-raiser. This year it will be on Monday, March 14. We will start the selling at 8:00 am in front of the Coffee Room. The price is \$2.00 a slice or \$12.00 for a whole pie.

As luck will have it, we are located next to the Coffee Room so come in and see all that's going on in our room. We had a "storyteller dolls" class and a "head-making" class in February.

Be sure to check out our room to see if any other special classes are available. Of course our regular bead-making class is on Monday morning. Ceramic classes are on Tuesday and Wednesday mornings. Pottery classes are on Thursdays. So much to do, so little time. But what fun!

GOLF

Remember to sign up for our Golfing Group's Tuesday Open Play or Thursday Men's Groups.

We only have two more months for this Season. Sign-up sheets are located in RCW's Coffee Room for each Group.

Contact Rae Hane at 807-0870 for Tuesday Grouping if you have any questions, or Darryl Philmlee at 741-7903 for Thursday Men's Play.

Have fun and Hit'um straight.

BEADS, ALMOST ANY KIND OF BEADS

Monday mornings at 9:00 am we work with beads. If you like beads come on into the Pottery and Ceramics Room and play with beads. You may bring what you have and string your beads or make some out of clay. We don't have any teeny tiny bead work, but if that's what you do, you are welcome to join the fun.

Judy Fried 294-2879

GARDEN RAILROAD CLUB

This month the Garden Railroad Club will have a night time running of trains on the first and third Mondays of the month. On Monday, March 7th and March 21st from 6 pm until approximately 7 pm., we will have trains running from twilight into darkness. Don't miss this unique experience to see our lighted trains as they run throughout the layout and the lighted villages.

The RCW Garden Railroad layout has once again been selected as one of eight venues on this years "Rails In The Garden Tour" conducted by the Tucson Garden Railroad Society. On Saturday, March 12th and Sunday, March 13th from 10 am until 4 pm each day, over 1000 Tucson residents will come to view the RCW layout. RCW park residents will be able to view our layout for free. If you wish to see the other seven venues located throughout Tucson, you will need to purchase an individual ticket for \$5.00. Tickets may be purchased at the RCW layout or from Ken Zacharias, lot #439 E, Ph. 294-4980

The club would like to thank park residents for their participation in our B-B-Q Beef fund-raiser. Your support of this event allows us to continue to improve the RCW Garden Railroad layout. The club is seeking donations of items for the March RCW Parking Lot Sale .Look for our bargain tables at the March sale.

The RCW Garden Railroad Club meets on the first and third Wednesdays of each month in Class Room 1 at 3:00 pm.

YOGA

Yoga meets every Tuesday morning at 8:45 am in the Rec Hall. Join us for an hour of stretching and relaxation. Bring your mat as some of the poses are on the floor. We use varios DVD's and would welcome a greater variety with emphasis on Yoga for beginners or for seniors.

Shirley Crites, Lot 146 , 808-9773

HABITAT FOR HUMANITY

March is the last month of RCW's Habitat work crew for the season. We are completing our renovation project and getting a house ready for Leslie and her three children to move into the end of the month. New flooring has been put down, lots of paint put on and new plumbing installed as well as the yard cleaned up. Now it is the finishing! This is the sixth house our crew has rehabbed for the Tucson Habitat for Humanity affiliate in the last three years. Huge thanks to all who have worked on these houses.

Reminder: The Habitat for Humanity HABISTORE has moved.

New address 935 West Grant Rd. just east of the I-10 off the Grant Rd. exit.



RED HATS

All RCW Red Hat chapters met for a salad and dessert potluck the last of January. The Playcrafters Readers group presented the play they are reading for retirement homes in February and March.

The winter season is rapidly coming to a close. Next season will have the Sunbird Red Hats sponsoring their Octoberfest in October for Red Hats, spouses and friends. This event is open to all RCW residents. Tickets will be available from any Sunbird Red Hats in September.

We will have a Christmas social in December for Red Hats and spouses/friends.

In January we will have a potluck Pajama Brunch.

Any lady who would like to join the Sunbird Red Hats that wasn't a member last year, please contact Jan Hedgpeth to be added to the membership list. 741-9565, space 1082.

Jan Hedgpeth, GQM RCW Red Hats



CACTUS QUILTERS

“Eggs may be kept good for a year in the following manner: To a pail of water, put on unstacked lime and coarse salt, each a pint: Keep it in a cellar on cool place, and put the eggs in, as fresh laid as possible.” From The Everyday Cookbook, 1892.

The month of March is a combination of many emotions.....we survived February; the RCW Quilt Show was yet another success; thoughts are turning to getting ready to return to our homes. February was the coldest temperature in memory, although our Quilters kept warm by being surrounded with lots of friends and large quantities of fabrics and projects.

The new location for our Monday morning meetings, the Recreation Hall, has been a great advantage to our group. Because of the extra space for our meetings, our numbers have grown to having around 60 members in attendance. No longer do we have to arrive prior to meeting time in order to find a space for our chairs, and we have lots and lots of space for our ever broadening and impressive Show 'N Tell.

We meet on Monday mornings at 9:30 am until 11:30 am in the Recreation Hall. We are treated to information, patterns and guest speakers. This is a group of women that appreciate color, skill, learning new things, and primarily, having a fun time. As a group we go on an outing on the last Monday of each month. We go to a different quilt shop each month and then join together to have lunch at a selected restaurant. This is a great way to meet and get acquainted with other women you might never have had the time to meet.

Whether you are a quilter or not, why don't you drop in some Monday morning and visit. We welcome visitors and guests and are sure you will leave with at least one new friend or some wonderful information.

Cooky Bergman, Secretary
294-1880 Lot 1066



SHUFFLEBOARD

Congratulations to the following RCW shufflers who participated in tournaments:

Split Singles held at Tucson Estates on January 10-12: Men's Singles, Championship: Wayne Sager, third place; Consolation: Dick Davis, third place and Adrian Utrup, fourth place. Women's Consolation: Jo Bender, first place and Audrey Rogers, second place.

Tucson Senior Olympics held at RCW, January 24, 25 and at Voyager on January 27: Men's Singles: Gold: John Lawrence, Tom Wells, Wayne Sager. Silver: Fred Goebel, Chuck Cooper. Bronze: Adrian Utrup, Dick Davis. Women's Singles: Gold: Jo Bender, Cheryl Wells. Silver: Marilyn Shelton, Eleanor Blue. Doubles: Gold: Bob Charlot and Ron Johnson, Adrian and Donna Utrup, Dick Davis and Yvonne Hulke (DP). Bronze: Eleanor Blue and Chuck Cooper, Jo Bender and Fred Goebel, Wayne Sager and Jack Durette.

Tournaments, etc. in March:

Pro/Am: March 3-5 at Voyager
Tournament of Champions: March 9-11 at Voyager
RCW Shuffleboard Pot Luck: March 3, in the Rally Room

We will be hosting the Hot Fudge Sundaes on March 12, at 6:00 pm. Tickets are \$3.00 and can be purchased at the Activity Office, at the Friday morning coffee or at the door. Please bring your own bowl and spoon.

Park play continues at 8:45 am and 6:15 pm on Mondays and Thursday. We will be glad to provide lessons during play. If you would like individual lessons, covering every aspect of the game, call Ron Petry, 807-6416.

Marian Eising, Secretary
Lot 550, 741-8412

SEWING AND CRAFTS

The Sewing and Craft Room continues to be busy with classes, workshops, and meetings. Class samples are in the glass cases on the west wall; you can sign up on the clipboards below and find a supply list there as well. Meetings and other activities are posted on the calendar by the door on the south side. All groups welcome newcomers so it's not too late to join in.

When the room is not otherwise in use, you are free to work there but please check the calendar first before you begin your project.

A BIG THANK-YOU to everyone who donated baked goods and helped set up and sell at our Feb. 6 bake sale. It was a big success and we couldn't have done it without you.

ANOTHER BIG THANK-YOU to all who helped with the February 19 craft sale. Park residents look forward to these sales each year and it takes many hands to pull it off. Thank-you to all who participated! You are great!

The Sewing and Craft Room board meets monthly, and all crafters and sewers are welcome at these business meetings. Instructors are encouraged to attend. Meetings are usually on the first Wednesday of the month at 6:30 pm.

This year's officers are: President: Ruby Burrows, 604I; Vice President: Sue Mattson, 458E; Secretary: Sally McFarlin, 654L; Treasurer: Sonja Bridges, 726P.



Volunteer Bash

If you are a Volunteer, we cordially invite you to join us for a bit of fun.

Date: March 9, 2011

Time: 3:00 PM

Place: Auditorium

Tickets are available in the Activity Office.
Thank You For All Your Help!

STRETCHING/FLEXIBILITY EXERCISE GROUP

Spring is in the air. Warmer days and nights will result in spring growth and a new beauty around us. We need to keep ourselves healthy, flexible and steady enough to fully enjoy this beauty in our retirement years. An opportunity exists here at Rincon Country West.

The stretching/flexibility exercise group uses an audio CD to stretch, flex our joints and strengthen our core muscles and our legs and arms without the use of weights. These exercises help us in our daily activities and sports and balance. They do require getting up and down off the floor unless you use a chair, which is a good alternative.

We meet each morning, Monday through Friday, at 7:15 am in the Auditorium. The set of exercises lasts for 25 minutes. You are invited to bring an exercise pad, small blanket or towel and join us.

If you have any questions, drop by some morning and observe us. You can also contact :

Al Kent at 1034R or by phone at 295-1798.

SWEDISH WEAVING:

Beginners: Enjoy learning a new needlework art while making a decorative piece for your home. **Intermediates:** March will be “student’s choice” month – choose to make a dining table or coffee table runner, place mats or pillow top. Classes will be in the Sewing room as follows:

Wednesday, March 9th – 10:00 am – 12:00 noon
Friday, March 25th – 10:00 am – 12:00 noon

Sign up under the display in the glass case for either the Beginner or Intermediate pattern and your choice of project. Materials will be furnished for both levels, including a supply of yarn to choose from. Should you desire a specific color, feel free to bring your own washable, 4-ply yarn. Class fee will remain at \$7.00.

Please call me should you have any questions.

Judy Simmel, 807-1053



WOODCARVING

Learn the art of woodcarving!!!

Sit at the beginners table and bring out your hidden talent. There are experienced Woodcarvers who will be happy to help you get started. If you are experienced, come join the group and share your knowledge.

The club meets on Monday’s at 12:30 and Thursday’s at 1:00 in the Rec Hall. Both sessions end at 4:00. There is an annual dues of \$5.00. There are cutouts and tools to get you started and are priced accordingly.

Stop in just to take a look at the beautiful woodcarvings. Once you see the beautiful carvings and the friendly Woodcarvers, you may just give this hobby a try.

Renee Wolf

Happy St. Patrick’s
Day
from the
O’Leary Family
&
The RCW Staff

VILLAGEAIRES

Please take note of our different concert schedule this year. Our **FIRST** concert will be held on **SATURDAY** evening 7 pm March 19. We will sing our **SECOND** concert next day on **SUNDAY** afternoon March 20 at 2 pm. Both will be held in the Aud.

Our chorus has been having fun and working hard to learn to sing the difficult jazz rhythms of the wonderful, magical arrangements our director has of the music of Richard Rogers. Our director Al Wortman explains all he wants us to do with the short cuts he has learned over his years of experience with choruses, church choirs, other performing groups around the country and globally. This retired Professor of Music at Minnesota State University-Mankato brings out our best attempts (and delicately points out our worst) with much encouragement and laughter. His wife Bette is our talented accompanist.

Al’s choice theme this spring is “WITH A SONG IN MY HEART”. There will be music from “Sound of Music”, “Oklahoma”, “State Fair”, “Carousel”, “South Pacific” and more. There will be solos, duets, a sing a long with you the audience, and more surprises.

So please come to our **VILLAGEAIRES** Spring Concert **“WITH A SONG IN MY HEART”**.

PLEASE just remember our concert will be a Saturday Evening and a Sunday matinee! We promise you extra special music !

Tickets are \$6.00 .



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