



Circle RCW Ranch Bulletin



Rincon Country® West RV Resort
4555 S. Mission Rd., Tucson, AZ 85746
Business Office: 520-294-5608
Activity Office: 520-889-6900



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Email: activities@rinconcountry.com

CIRCLE RCW RANCH



DANCE TO TOM CHESNUT

On Thursday, November 11, Tom Chesnut will be in the RCW Auditorium ready to entertain you with lots of fun and good dance music.

During special Social Hour/dance, we will honor all of our Veterans. So, Veterans, please pick up your FREE ticket in the Activity Office.

The party will be from 4:00 - 6:00 pm. Special Social Hour pricing for tickets for non-veterans are \$4.00 per person. Tickets are available in the Activity Office, Friday coffee or at the door.

Please take note that Tom **does NOT** have a sponsor who pays him. However, I felt that you would rather purchase a ticket for the dance rather than miss all the fun he brings to RCW. We hope you will support Tom. Put on your dancing shoes and come on out rockin'.

You have probably noticed that some of the rooms are being renamed and transformed into the Western motif for the season. So put on your jeans, boots and all that is Western and let's have fun.

We have some great entertainment coming up this season so get ready. Watch for more signs of our Western Theme.

The maintenance crew both guys and gals have been working extra hard to spruce up the old homestead. They have done a real fine job, too. Thanks everyone the place looks fantastic! Flowers will be up soon.

The gals in the office and the folks at the corral gates, where you come in, have been waitin' to greet ya with a big Howdy.

Special thanks to Sue Scott for doing some major painting and decorating in the Auditorium. Pat and Theron Smith did a fine job putting up the western scene and adding some final touches to our saloon in the Auditorium. Thanks everyone for your hard work.

It is so good to see everyone coming home. We missed you!

Doreen

Tuesday, Nov. 2

7:00 pm **First night of Bingo**
Meet in the Auditorium

Wednesday, Nov. 3

7:00 pm Square and Round Dance
Auditorium

Friday, Nov. 5

9:00 am **Coffee by All RV Repairs**
Bring your cup
Meet in the Auditorium

7:00 pm **Free Movie - "It's Complicated"**
Auditorium
Rated "R"
Bring your snacks and beverage
See article for details.

Saturday, Nov. 6

7:00-9:00 am **Pancake Breakfast**
Cooked and served by The Wood Shop
Tickets: \$3.00 - \$4.00 at the door

4:00 pm Arizona Potluck
Place: Rally Room
Bring: A Dish to share for 10-12
Sign up in the Coffee Room

Sunday, Nov. 7

5:00 pm **Solos' Social**
Bring your own beverage and a finger food
Place: The Rec. Hall
Sign up in the Coffee Room on the Solos'
bulletin board.

Tuesday, Nov. 9

7:00 pm **Bingo**
Meet in the Auditorium

Wednesday, Nov. 10

7:00 pm Square and Round Dance
Auditorium

Thursday, Nov. 11

7:00 pm **Veterans Day party & dance**
Music By: Tom Chesnut
Place: Auditorium
Tickets: \$4.00
Veterans Get you Free Ticket

Friday, Nov. 12

9:00 am **Coffee by Dedicated Dental & Edward Jones Investment**
Bring your cup
Meet in the Auditorium

10:00 am Flu Shots
Bring your Insurance Card
Appointment cards available in the Activity
Office.

Saturday, Nov. 13

8:00 am **Parking lot Sale**
Browse all the great items for sale. You may use our tables but you must put them up and return them to their proper place when you are finished. There is no cost for the tables.

8:00 am **Coffee & Bake Sale will be sold the Parking Lot Sale by Card Players**

Saturday, Nov. 13 Con't.

6:00 pm **Hot Fudge Sundaes**
Sponsored by the Shuffleboard Club
Bring your own bowl and spoon
Meet in the Recreation Hall
Price: \$2.50

Sunday, Nov. 14

2:00 pm Round Dance Party
Auditorium

4:00 pm **Wine Tasting**
Meet in the Recreation Hall
Bring 2 glasses and snacks
Tickets: \$3.50



Monday, Nov. 15

11:30 am: **Ladies Luncheon - Little Mexico Restaurant at 698 W. Irvington Rd**
For a ride meet in the RCW Parking Lot
Ticket: \$8.50
See article for details.

We will need some drivers also.

Tuesday, Nov. 16

4:00 pm Villageaires Social
Place: Rally Room

7:00 pm **Bingo**
Meet in the Auditorium

Wednesday, Nov. 17

7:00 pm Square and Round Dance
Auditorium

Thursday, Nov. 18

5:00 pm Free Edward Jones Investment Seminar
Free Pizza Dinner & seminar
Place: Auditorium
Sign up in the Activity Office

If you attend the Pizza dinner, please plan on staying for the seminar.

Friday, Nov. 19

9:00 am **Coffee by Merrill Lynch & Culligan Water**
Bring your cup
Meet in the Auditorium

6:00 pm **Strawberry Shortcake**
Sponsored by the Digital Imaging Club.
Place: Auditorium
Bring your bowl and spoon
Ticket: \$3.00

Saturday, Nov. 20

7:00 - 9:00 am **Pancake Breakfast**
Cooked and served by The Wood Shop
Bring your own service
Tickets: \$3.00 or \$4.00 at the door

Sunday, Nov. 21

5:00 pm **Solos' Potluck**
Bring your own beverage and a dish to share.
Place: The Rec. Hall
Sign up in the Coffee Room on the Solos' bulletin board.

Tuesday, Nov. 23

7:00 pm **Bingo**
Meet in the Auditorium

Wednesday, Nov. 24

7:00 pm Square and Round Dance
Auditorium

Thursday, Nov. 25

1:00 pm **Thanksgiving Dinner**
In the Auditorium
Bring the dish you signed up for, for your table. Coffee will be supplied

For more information, see the written article.

Friday, Nov. 26

9:00 am **Coffee by RCW Activity Staff**
Bring your cup
Meet in the Auditorium

1:00 pm **Free Movie Matinee**
"The Tooth Fairy" Starring: Kate
Auditorium
Rated "PG-13"
Bring: Snacks and beverage

Saturday, Nov. 27

7:00 pm **Line Dance Party** with Instructor and DJ, Carol Bandy,
Bring: Your own beverage and snacks
Place: Auditorium
Pay at the door
Everyone is welcome.

Sunday, Nov. 28

4:00 pm **Wine Tasting**
Meet in the Recreation Hall
Bring 2 glasses and snacks
Tickets: \$3.50

Tuesday, Nov. 30

7:00 pm **Bingo**
Meet in the Auditorium

Wednesday, Dec. 1

7:00 pm Square and Round Dance
Auditorium

HOT FUDGE SUNDAES

Date: Saturday, Nov. 13, 2010
Time: 6:00 pm
Place: Recreation Hall
Sponsored by: Shuffleboard Club
Ticket Price: \$2.50
Bring: Your bowl and spoon

STRAWBERRY SHORTCAKE

Date: Friday, Nov. 19, 2010
Time: 6:00 pm
Place: Recreation Hall
Sponsored by: Digital Imaging Club
Ticket Price: \$3.00
Bring your bowl and spoon



THANKSGIVING DINNER

Our traditional Thanksgiving Dinner will be held in the Auditorium on Thursday, November 25 at 1:00 pm. Rincon Country West RV Resort will provide each table of 16 people with a free turkey. The remainder of the meal will be furnished by you.

Two people will be asked to HOST their table. It will be the hosts' responsibility to coordinate the small details and insure that the table will not lack any of the main dishes. We suggest a meeting to decide on what items you wish to serve.

One person or couple will be asked to cook the turkey and gravy in their home. Cooking bags will be provided, and if your oven is not large enough to handle the turkey, we will loan you a roaster oven.

All other people at the table will sign-up to bring the remaining ingredients to complete the meal. Remember, you will have 16 people at your table so be sure to bring large portions for everyone. Please DO NOT exceed 16 people at your table,

If you are a new resident or want to meet new people, please sign up at the tables being filled in the Activity Office. Everyone needs to sign up. You are welcome to invite family, including children, but you will need to sign up for one food item (enough for 16 people) for each two guests.

PANCAKE BREAKFAST

The Wood Shop pancake breakfasts for November will be Saturday the 6th and the 20th from 7 - 9 am. Tickets are \$3.00 in advance or \$4.00 at the door and the menu will be eggs, sausage, pancakes, juice and coffee.

Enjoy a delicious breakfast at the start of a beautiful day. If you buy advance tickets you will be included in the door prize drawing.

Please bring your own service.

THE GASLIGHT THEATRE PRESENTS: "THE SECRET SANTA"

It's the swinging sixties and it's the Christmas season in Merryton, but not everybody has the holiday cheer. Local politician Maxwell Power is out to squash the Christmas spirit in the towns-people.

As usual, Max will stop at nothing to get his way. Luckily, help comes from an unexpected place...a mysterious old toy maker. He and his assistant Candy enlist the help of Reporter Barclay Baxter along the way and are determined to bring Christmas back into the heart of Merryton.

Join us on Thursday, December 9th at 3:00 pm at the Gaslight Theatre for yet another one of their hilarious Christmas stories that will warm your hearts and tickle your toes.

Show starts promptly at 3:00 pm, doors open at 2:30 pm. Tickets are \$18.50 and are available in the Activity Office. Seating is limited reserve your seat early. Don't miss out on this fun event.

SOLOS

Our gatherings in November:

The Social on Sunday, November 7, 2010, in the Rec Hall at 5:00 pm.

The first Luncheon is on Monday, Nov. 15, at the Grand Buffet across the street from WalMart on Valencia Rd. at 11:30 am. Sign-up sheets are in the Coffee Room.

Our Pot Luck is on Sunday, November 21, 2010, 5:00 pm, in the Rec Hall.

Tea and coffee will be available.

Please bring something to share and your service.

WINE TASTING

Join us in the Rec Room on the second and fourth Sundays of each month. In November that will be on the 14th and the 28th starting at 4:00 pm until 6:00. If this is new to you, bring your ticket and two glasses and some munchies to share. The tickets will be available in the Activity Office for \$3.50 apiece. The wines for the tasting will be waiting for you. We always have 6 or 7 wines to savor, some white and some red. So join us for the fun.

Judy Fried 294-2879

FREE MOVIE

“The Tooth Fairy”

Dwayne Johnson stars as Derek Thompson, one of the toughest hockey players around, until he’s sentenced to one week’s hard labor as the world’s most unlikely tooth fairy!

Even though he must sport frilly wings and learn the magical tricks of the trade from his silver-winged superiors, Derek’s determined to do the job HIS way and prove he’s got what it takes!
Rated PG

This a great movie for the kids. Join us in the Auditorium on **Friday, Nov. 26 at 1:00 pm** for this **matinee**. It’s a great way to spend the day after Thanksgiving.

The movie is free but bring your own beverage and snacks.

FINANCIAL SEMINAR

Date: November 18th

Time: 5:00 pm

Hosted by: Craig S. Guernsey, Financial Advisor,
Edward Jones

Seminar Name: American Legacy Lincoln
Lifetime Income

Description: “This seminar explains how an Am. Legacy variable annuity with Lincoln Lifetime Income Advantage can help them in retirement no matter what kind of market they encounter.”

FREE MOVIE

“It’s Complicated”

Jane is the mother of three grown kids, owns a thriving Santa Barbara bakery/restaurant and has, after a decade of divorce, an amicable relationship with her ex-husband, attorney Jake. But when Jane and Jake find themselves out of town for their son’s college graduation, things start to get complicated.

An innocent meal together turns into the unimaginable, an affair. With Jake remarried to the much younger Agness, Jane is now, of all things, the other woman. Caught in the middle of their renewed romance is Adam, an architect hired to remodel Jane’s kitchen. Healing from a divorce of his own, Adam starts to fall for Jane, but soon realizes he’s become part of a love triangle. Should Jane and Jake move on with their lives, or is love truly lovelier the second time around?

“It’s—complicated.”

Starring

Alec Baldwin, Meryl Streep, Steve Martin

Rated: “R” for Adults Only

Join us in the Auditorium on **Friday, Nov. 5 at 7:00 pm**. Bring your own snacks and beverage..

CULLIGAN WATER

Brad Schmid of Culligan Water of Tucson will make a personal presentation in the Auditorium at coffee on Friday, November 19, 2010, at 9 am.

Brad will introduce you to the Culligan Water Softeners, Drinking Water Systems, and Bottled Water Home Delivery Service.

After answering a few questions and more questions after the coffee, Brad will offer a “complimentary” in-home systems evaluation which includes a free water test. To get this evaluation please see Brad after coffee.

Let’s make this an exciting get-together.

PARKING LOT SALE

Clean out your shed! Go through the house! Here's a chance to sell treasures you don't need any more, but someone else would love to have. A PARKING LOT SALE is scheduled for Saturday, November 13 at 8:00 am.

Tables are available to use but you must put them away after the sale.

The Card Room will be selling coffee and baked goods during the sale.

Let's have lots of sellers and buyers!

NEWS FROM THE OFFICE

OFFICE HOURS DURING THANKSGIVING

The office will be closed at 2:00 pm on Wednesday, November 24, and will be closed all day on Thursday, November 25. We will also close at 2:00 pm on Friday, November 26.

VISITING GRANDCHILDREN DURING THANKSGIVING

Grandchildren over the age of 3 years visiting for the holidays are welcome to use the pool facilities between the hours of 12 noon to 4:00 pm from November 25th (Thanksgiving) through November 28th. In addition, they may use the other facilities during these days. As always, they must be accompanied and supervised by the resident. All guests should be registered in the office.

BINGO

Bingo will resume for this season on Tuesday, Nov. 2. Each Tuesday evening during November we will meet in the Auditorium at 7pm. Doors open at 6:00 pm. Get your lungs ready - take a deep breath, STAND UP and yell BINGO!! Go ahead and try it; a little practice never hurt anyone.

MAIL ROOM NEWS

Welcome home to Rincon Country West and to another season of fun, family and friends.

I hope you had a great summer. It was my pleasure to forward your mail and now it's my pleasure to welcome you back with your current mail and packages. The mail room hours are as follows:

Monday thru Saturday from 11 am - 12 noon and from 1 - 3 pm.

With our theme being Western this season, I am sure you will hear "Yee-Hah" from the mail room.

Again, welcome home.

Carol Bucenell
Pony Express

LADIES LUNCHEON

Our first luncheon of the season will be at Little Mexico Restaurant located at 698 W. Irvington Rd. (North side of the road just before 6th Ave. The) time is 11:30 am on Monday, November 15.

You will be able to choose your meal from the "Special Lunch Menu". Also included are tea or coffee. Your \$8.50 ticket includes lunch, tax and gratuity. If you wish to carpool, please be in the parking lot by 11:15am, earlier is possible. Anyone willing to drive would be very appreciated.

FOOD BANK

Each year the residents of Rincon Country West have been extremely generous with their donations to our local Food Bank.

We are once again asking you to participate in this very worthwhile project. Boxes for your contributions will be placed outside the Auditorium.

Please DO NOT leave perishable items.

Thank you for your generosity.

THANK YOU -- SUNBIRDS

The Sunbirds did a fantastic job this summer. Dick Davis did the event list and the bookwork. Thank you Dick, we really appreciate all you have done.

Many Volunteers handled the different events and did a great job. Thank you for all your hard work. The Sunbirds were able to enjoy lots of good meals, play shuffleboard and just generally have fun. There Friday night pool and grill parties are always fun! Great Job Everyone!



SQUARE DANCING

It is a joy to welcome returning dancers and dancers new to RCW or to Tucson. All dances and classes are casual except the Wednesday night Plus Dance with Rounds when square dance attire is requested but not required. We will have a full schedule in November:

Monday morning:

PLUS donut dance: 10 am - 12 noon.

Wednesday night:

PLUS dance with rounds by Ray and Virginia Walz:

Rounds 7 pm; square dance with rounds
7:30 - 9:30 pm

Thursday :

PLUS DBD (Dance by Definition): 9:30-
11:30 am

Sunday Mainstream with Review begins 7 - 9 pm Nov. 21; Plus Review begins Tuesday 2-4 pm Nov. 9; Beginner lessons begin Mondays, Nov. 15, 7-8:30 pm and continue on Wednesdays from 9:30-11 am.

Schedules are available in the RCW Activity Office or at any of the dances.

Marshall Flippo
Lot 129, 520-294-6490

BEADS, BEADS, BEADS

Monday mornings at 9:00 am in the Ceramics and Pottery Room we will make beads, string beads, talk about beads, or all three. Clay is available for making your own hand-made beads or pendants, but you may also bring beads that you have to design your own jewels.

Judy Fried 294-2879

LADIES' SQUARE DANCING

Women Square Dancers needing partners are invited to join the informal Ladies' Square Dance group for dances, lessons and reviews at RCW.

Women dancers will choose either the man's or the woman's part and will dance with other couples. It's a great way to meet friendly people.

Adelaide LaVerdi #177, 573-9760

LINE DANCE

If you enjoy line dancing, come to Carol Bandy's weekly Thursday line dance class held in the Auditorium from 9-11 am. No partners are necessary. The class features the best of contemporary dance music, using many genres such as pop, Latin, jazz, R&B, rock and country. Beginner dances will be taught the first hour and high beginner/easy intermediate dances will be taught the second hour. The fee is \$4 for one hour and \$5 for two hours.

Also, be sure to mark your calendar for November 27 to join us for our monthly Saturday night dance held in the auditorium from 7-9:30 pm. The cost is \$5.00 per person and you pay at the door.

There will be line dance practice and review sessions offered on Saturday mornings beginning Nov. 13 from 10 am to 12 noon in the Rec. Hall.

TABLE TENNIS

Come join a fun group for some rousing games of Table Tennis. We play doubles for the most part and switch off partners occasionally. We have all the equipment, so "come on in" the Rec Hall every Sunday, Tuesday, and Friday from 1 to 3 pm.

Ned Bell, 294-1180

WOODCARVING

Welcome back Woodcarvers and new Woodcarvers. Now that the new season is starting up why not try a new hobby. Woodcarving can be fun and rewarding. Just imagine creating something from a piece of wood or bark. Stop in and see the exciting projects you can do.

Woodcarving meets every Monday at 12:30 and Thursday at 1:00 in the Rec Hall. Both sessions end at 4:00. The annual dues are \$5.00. There are cutouts and tools for sale to get you started.

Come join the fun and before you know it you will have completed a project that will surprise yourself, your family and your friends.

Renee Wolf

OUR WEBSITE

www.RinconCountry.com

EMAIL

If you want to send email to the
Business Office use

westinfo@rinconcountry.com

or

the Activity Office

activities@rinconcountry.com

RCW BIRD CLUB

Welcome back for another season with the RCW Bird Club. Bird-watching is literally about watching birds. It can be done in one's backyard or in a wilderness areas. Given the rewards it is not surprising that birding is so popular as a hobby.

We have two field trips in November and two in December to help sharpen your identification skills for our upcoming spring season.

You have a great opportunity to see and learn about new birds in southern Arizona. Our first class room meeting will be in January. Further information will be announced in the Villager. These field trips are repeated in the spring for those that missed or have arrived after December.

November 2010 SCHEDULE

Nov. 5th. Friday:

Sweetwater Ponds & Reid Park

Some walking, all level ground. Bring a lunch & water.

Meet at 7:30 am in the parking lot to car pool.

Nov. 19th. Friday:

Patagonia Lake SP & Paton's, also Kino Springs

Some rough walking in SP, all other level. Bring a lunch & water.

Meet at 7:00 am in the parking lot to car pool

Arizona State Park Pass required for each vehicle of four persons or a \$7.00 entrance fee per vehicle.

Enjoy the birds of southern Arizona. Good Birding.

Contact Person: Ferran K. Eales

Lot 375 Phone 807-0972

DOMINOES

Dominoes will be played again in the Card Room on Tuesday afternoons from 1-4 pm. Hope to see you there.

Nancy Heintz

LIBRARY NEWS

Have you stopped by the Library since you arrived? Did you know that the Library has the 'HANDYMAN'S Series,' a collection of books full of ideas and solutions? In addition to our selection of books we call 'CLASSICS,' we have the 'WORLD CLASSIC SERIES,' a chance to reread (or for the first time) some of the really 'good ole' stories.

In our moving the books this summer we also came across many 'picture books,' (some call them Coffee Table books) showing off some of America's finest spots. All of these aforementioned books are located on the shelving units (M L & K) under the north wall of windows.

The RCW office offered to print up a book mark for the Library, and we Thank them. Our Volunteers worked hard coming up with the ideas. The book marks are completed and are being passed out as residents and visitors check in. A similar 'marker' is available in the Library designed to help you find what you are looking for or just to give you ideas for your reading pleasure.

Author Barbara Kingsolver represented in our fiction (Blue tag) area is no stranger to Tucson. Indeed, many of her earlier books feature our area. Her most recent book is different in that it is mostly about a young man born in America but taken by his mother back to her home in Mexico. We meet artists Diego Rivera and his wife Frida Kahlo. We are shown pictures of Mexico City during our second World War. Even J.Edgar Hoover makes a scene. Young Harrison is enamored with Aztec history and yet pulled poignantly by his American roots. He is drawn to Virginia, makes a home there, hires a typist (who soon becomes his greatest friend) and using his copious notebooks that he has always kept, writes a best seller. BUT, here enters the reason for the title of the book, 'THE LACUNA,' which means, a blank space, a missing part, ie: between truth and presumptions. Before he can get his second book published, his early demise causes all sorts of rumors. Readers will be easily caught up in their own suppositions. The research gone into this work is enticing. Hard to believe this book is fiction.

As summer comes to a close, we want to THANK the Library Volunteers who give of their time for the enjoyment of all of the residents. A big Thanks also to the summer volunteers in the wood shop (Ron & Jim) for our beautiful, wooden book 'carouse.' It's on loan and here for all to enjoy. Look for it when you come for a visit. Remember, the Library is for all our residents. You don't have to obtain a card or check out books and return them on a specific date. Come find something that captures your interest! It's that easy.

Marti Fox, Librarian

CACTUS QUILTERS

"It is held to be unladylike to enter a store unless you have a real errand. To go in "just go be going" is rude and necessarily annoying to proprietor and clerks. To stand at a counter hesitating, or to be unable to tell the clerk what you came for, is a doubtful compliment to yourself. If you cannot come to a decision, retire from the store until your mind is made up. The time of the clerks is valuable." From Our Manners and Social Customs, 1891.

My, my how times have changed! I guess Quilters didn't shop much in those days.

Welcome back one and all! Our season has just begun and things are already happening. There is talk in the air of another bus trip (like Claire McNaughton's trip in February). If you didn't go last year you should be sure to make this one, if we have one. It was great fun for one and all.

Our group meets on Monday afternoons in the Craft Room. Meeting starts at 1:00 P.M and is over by 3 P.M. There is lots of conversation, tips, lessons and the ever-popular Show 'N Tell. If you havent joined us before, please come. Nice people, pretty items and lots of fun.

Remember our monthly outings. I can guarantee lots of fun on that day.

Cooky Bergman, Secretary, 520-294-1880

SEWING AND CRAFT ROOM

The Sewing and Craft Room Board is excited to welcome everyone back for the 2010-2011 season. Our room is the site of many opportunities for learning, friendship, fun, and a great place to work on your projects. To find out what's going on, check the calendar posted in the room for meeting and class times. For information on classes, look in the glass-front cabinets for samples and info, then sign up on the clipboards below. When the room is not scheduled, it is available for all crafters and sewers to use.

Among the groups and activities that take place in this busy room are needlework of all kinds including Brazilian embroidery, hardanger, knitting, crocheting, cross-stitch, quilting, scrapbooking, paper crafting, rubber stamping and machine embroidery. Two classes we plan to schedule soon are teddy bears and iris folding. The room is always busy and is for everyone's use, so if you want to learn something new or find friends with a common interest, check us out.

We have four sewing machines available for use, along with other equipment and supplies. But please note that all equipment is for use in the room only and must remain there.

This year's Sewing and Craft Room officers are:

President: Ruby Burrows, 604 I
Vice Pres.: Sue Mattson, 458 E
Secretary: Sally McFarlin, 654 L
Treasurer: Sonja Bridges, 726 P

Would you like to teach a class this season? We are always looking for ideas. If so, please contact one of the officers above.

The Sewing and Craft Room Board holds a monthly business meeting and all crafters and sewers are welcome. Beginning in December, meetings will be on the first Wednesday at 6:30 pm.

Sue Mattson, Vice President

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DIGITAL IMAGING CLUB

Well, it's that time of year again! I'm sure everyone is getting excited about starting activities up again at Rincon Country West.

Digital Imaging will start their meetings the first Monday of November which happens to be November 1st this year in Class Room 2.

This club is for every level of photographer from beginner to pro. We have classes from picture taking to using the computer to enhance your photos. If you are interested in Video we have classes for you also.

Bring some of those wonderful summer pictures to share. See you on the 1st!

Becky

Club Meetings Every Monday

Video

1:00 pm - 3:00 pm

Digital

3:00 pm - 5:00 pm.

ALUMINUM CANS

Please save your aluminum cans and place them in the container by the Wood Shop door. The Wood Shop uses the money from the sale of these cans to buy new equipment and to maintain existing equipment.

MEDICAL NEWS YOU CAN USE

By Betty Blackstock

GUMMING UP THE WORKS!

Four out of every five Americans suffer from gum disease. It's the leading cause of adult tooth loss, and it's one of the most common chronic infections among adults. Periodontal disease (perio) is a bacterial infection of your gums. In its early state, called gingivitis, it's preventable and reversible. Once it reaches the perio stage, it's irreversible and progressive, although it can be contained.

The problem is plaque. Plaque is a colorless film of bacteria and food debris that constantly forms on your teeth. The bacterial toxins irritate your gums and weaken their attachment to your teeth, and they can go all the way to the bone. If not removed, plaque eventually hardens into tartar. Tartar above the gum line may not cause perio, but that's only the tip of the tooth iceberg. Most tartar sticks to the dental root surface below your gums. This is usually the point most symptoms begin.

Some symptoms are: bad taste in your mouth, bad breath, red or swollen gums, tender or bleeding gums, loose teeth, sensitive teeth, pain when chewing, a different fit to teeth or dentures when biting, gums shrinking away from teeth, brown spots on tooth surface.

Periodontal disease causes more tooth loss in adults than anything else. It infects gum tissue and bones and the supporting tissue of teeth. It can increase your chance of a fatal heart attack or stroke and is linked to Type-2 diabetes, gastritis, and respiratory infections!

Check out this web <http://www.webmd.com/heart-disease/features/periodontal-disease-heart-health>

Those most at risk are seniors, people under great deal of stress, including the stress of such common illnesses as cold and flu, and overweight people. Researchers have found a link between obesity and perio.

The prevention is simple – brush after each meal, floss at least once a day, and make regular visits

to your dentist, ideally every 4 to 6 months. Many of us don't have dental insurance, and regular maintenance may seem too expensive. But the alternative of costly treatments to correct a problem will be much more expensive!

TOPS

**Monday Mornings:
Weigh-In 6:30 - 7:30 am
Meeting 7:30 - 8:00 am
Room Class Room 1**

GENEALOGY

Now that you are back at RCW and pretty well settled in, it's time to start getting involved in all the things that make this park so special. We hope that you will make the Genealogy Club among the first things you put on your calendar. As before, we will meet at 7 pm each Monday in Class Room 2. Our schedule for November is as follows:

November 1 - Meet 'N Greet - Welcome back members and greet the new people interested in genealogy. You don't have to be an accomplished researcher, just come and get acquainted. Tell us what is high on your list of genealogical subjects to discuss this season. Share your breakthroughs as well as your brick walls from the summer's research.

November 8 - We will have a video on Native American genealogy.

November 15 - Further discussion and follow-up on the Native American search.

November 22 - A video from the Ancestors series will be presented.

November 29 - No meeting

Look forward to seeing you!

"When the student is ready, the teacher will appear."

PLAYCRAFTERS

Wow! Here we are in our second month of the winter season. How great to see so many of you newcomers and returnees. The 2010/2011 Playcrafters drama group has begun with Barb Norwick as vice-president. (Joy Fehrenz, president will arrive next week). This year's Christmas play, *Happy Hollandaise*, by Tim Koenig, is rehearsing with Dawn Krause directing. The play will be presented on Dec. 3 and Dec. 4 at 7:00 pm in the Auditorium.

Our weekly meetings are open to everyone, Thursday afternoon, 1:00 pm, in the Auditorium. The first meeting of the month is a brief business meeting followed by small skits, crazy jokes, and even some drama education. The other weeks of the month we have lots of fun with all participating.

We still have need for more people to help with the production of the play. There will be a sign-up sheet at the next meeting. Thanks to everyone for volunteering.

Joy Fehrenz

POTTERY & CERAMICS

We start at 9:00am on days when classes or activities are scheduled.

Tuesday morning slip is poured into the mold you choose. We are available to help you.

Wednesday morning your ceramic piece will be ready to remove from the mold and clean. It will be fired when it is dry enough to go in the kiln. If you have a piece that is already fired, you can decorate it on Wednesdays too.

Thursday morning is for handling the wet clay to make whatever you want to make limited only by the clay itself and your imagination.

See you there.

Jan and Judy



CHARITY QUILTS

A big thank you to all the wonderful Quilters who contributed their time, effort and expertise, this past season, making Comfort Quilts.

For the 2009 - 2010 season, we made and delivered an amazing 287 quilts to the following organizations:

U of AZ Med Center - Pediatric Ward	97
Veterans Hospital	68
Heartland Hospice	49
St. Mary's Hospice	20
AZ School of the Blind	23
RCW Residents with health issues	30

We are up and running in the new season, so every Thurs. from 9 - 3 pm you will see our Quilters making new quilts.

If you are cleaning out your fabric stash, we accept usable cotton fabric of any size, to incorporate in our quilts. Strips, squares, fat quarters and yardage will all be put to good use in this new season.

Also if you know of anyone at RCW, in need of a Comfort Quilt, please let us know. With a chill in the air, these quilts are designed to help our fellow RCW residents to heal, recover and get well so that our RCW community stays active and vibrant.

Team Charlotte - Co-Chairmen.
Sue Charlot # 854, 509-952-5645
Charlotte Baker # 807, 402-490-7929

GARDEN RAILROAD

The RCW Garden Railroad Club is gearing up for another season of construction at the garden railroad layout located at the end of the boulevard by the RCW Auditorium. Watch us, as we design and build a working "water feature". The buildings will return shortly from storage and trains will once again be running. The train schedule will be posted at the layout.

The first club meeting will be Wednesday, November 3rd at 3:00 pm in classroom 1. Future meetings will take place on the first and third Wednesdays of each month. New members are always welcome! In addition to train lovers, we are always looking for people with interests in landscaping or construction or park residents who just want to be part of the club. We welcome input from all park residents as work progresses at the layout. Also be sure to set aside those unneeded items that you wish to donate to the Garden Railroad Club for sale at the first RCW Parking Lot Sale.



REDHAT SOCIETY

The Sunbird Redhats finished the summer season on October 8, with a sold-out "Octoberfest" featuring the Bouncing Czechs Band and folk dancers. A wonderful way to end the Sunbird Season as the event was open to all at RCW.

The individual Chapters will start the Snowbird season soon. All Chapters will join in decorating the Rec Hall for Christmas and for a Social Hour in December.

Any lady interested in joining a Red Hat Chapter, please contact Jan Hedgpath at 741-9565 or lot 1082.

Jan Hedgpath, GQM RCW Red Hats

2011 PHOTO CONTEST

RCW Digital Imaging Club

RCW residents we hope you have taken photos to enter in the 2011 Photo Contest. If not, you still have plenty of time. Watch for the deadline date for entries.

You don't have to be a professional photographer to enter the contest. We invite and encourage new amateur photographers to join in the fun!

Listed below are the contest categories:

1. **People**
2. **Outdoor Scenery:** (Landscapes, Cityscapes)
3. **Critters:** (Domestic or wild; dogs, cats, insects, birds, fish, etc.)
4. **Flowers & Plants:** (Photos that feature flowers, cactus, etc.)
5. **Abstracts:** (Photos where it is not obvious at first glance what the subject is.)
6. **Still Life:** (A representation of inanimate objects: fruit, flowers, or food, etc.)
7. **Digital Magic:** (Photo manipulations with all types of computer alterations, tricks & filters, etc.)
8. **Video Montage:** (A five minute maximum DVD. Videos, photos & sound. Maximum of one song).

Additional information will be available at a later date.

Photo Contest Coordinators

Joan & Paul Cleveland (605) 360-2330

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HAPPY THANKSGIVING!

FLEX/STRETCH GROUP

Welcome back to the warm weather of Tucson. If you need to keep limber and well balanced, we invite you to join the Flex/Stretch group for morning exercise in the Auditorium. We meet at 7:15 am on Monday thru Friday. Bring a mat or a towel and get fit to enjoy the wonderful weather this winter.

LAPIDARY SHOP

As we return to our busy winter season, the Lapidary Shop will have much to offer with opportunities to make beautiful jewelry in a variety of art forms. Starting in December, classes will be offered in a variety of lapidary, silversmithing, and fabrication techniques. Beginners are welcome. Stop by and see what the new season has to offer

MAC INTOSH USER GROUP

The RCW MUG (Macintosh User Group) will be starting up in mid-Nov. We meet on Tuesday afternoons, from 1-3 in Classroom 2. If you are lucky enough to have a MAC computer, an iphone, ipod touch, or even an ipad (or maybe you just wish you did) then join us. Our Nov. meetings will be casual and for sharing. Bring a question you might have, hopefully, someone will know the answer, or something you have learned over the summer. . Also, lets share our favorite apps and websites. George and Nikki Wells have an ipad, and will be showing our easy and fun it is to use. A couple of our favorite apps are Urban Spoon, and Flixster. Also, Maps on the ipad is awesome.

Join us, and learn and share. "There's an app for that."

For further info, contact:

Martin Rathbun—806-1303
George or Nikki Wells —889-3247

SHUFFLEBOARD

Welcome to the Winter session of shuffleboard. Shuffleboard is for everyone. No athletic ability is needed. Our current schedule affords everyone the opportunity to play on Monday and Thursday mornings at 8:45 am and/or evenings at 6:30 pm. If you are new to the game, come down to the courts and we will give instructions while playing.

District 2 has four teams participating in the Mixed District 2 League. League play starts November 5.

District 2 has a League Meeting and Board Meeting on Wednesday, November 3, at 2:00 pm., at Trails West. If you are a Board Executive, Park Rep or Team Captain, you should attend; however, all members are welcome.

Our First tournament, the Annual Turkey Classic (any singles) will be at Voyager on November 15-17. Contact our Park Rep, Jim Withey, H-540, 889-2553, for information and the sign-up deadline.

Other things you may be interested in: WSA Tournament at Mesa, November 8-13. Referee Class at Tucson Estates, November 24, at 10:00 am.

Watch for our flyers for our Hot Fudge Sundaes on Saturday, November 13, at 6:00 pm.

Marian Eising, Secretary
H-550, 741-8412



HAND AND FOOT

Thursday afternoons we meet in Classroom 1 for Hand and Foot. Come and join us from 1 to 4 pm and we will have a good time. If you have always wanted to learn, we will be happy to teach you. See you then.

Nancy Heintz and Sarah Ruegg

HARDANGER

Velkommen! Hardanger Stitchers.

Hardanger is a beautiful open work embroidery technique from Norway. Come into Classroom 1 any Wednesday morning, 9-11 am to see the many projects being worked on ... and you can start on your own beautiful design. Instruction is available for beginners. This is a good time to begin a Christmas project for yourself or a loved one.

See you on Wednesdays, 9-11 am.

Jan White, 807-4990

HIKING CLUB

For those of us who love hiking, there's nothing more inviting than the many trails through the canyons and valleys all around Tucson – and beyond!

Join us on Thursdays at 7:15 am in Classroom 1 to meet your fellow hikers. You are guaranteed to enjoy great views and lots of memories while getting a terrific workout.

Early mornings may be cool but can warm up quickly so make sure to wear layers to maintain comfort. Good hiking footwear, walking sticks, water and a snack are strongly recommended. A programmed (but changeable) list of hikes is posted outside the Recreation Office.

If you don't wish to drive your own vehicle, you may join other drivers; you will be asked to share the cost of gas. We meet at 7:15 am and leave at 7:30 am sharp.

SWEDISH WEAVING

Classes will begin in December featuring exciting Christmas patterns for both beginners and intermediates. Pattern samples will appear in the Sewing Room glass case. Red and green yarn will be provided, or be ready with washable, 4-ply yarn matching your own Christmas color scheme.

Judy Simmel

RCW GOLF

Welcome back Golfers, our 2010-2011 Season has kicked off. Remember to sign up for Tuesday's Open Play or Thursday's Men's Golf. The sign up sheets are located in the RCW Coffee Room.

Tuesday's Open Play contact is Rae Hane. Her number is 807-0870.

Thursday's Men's Group is Darryl Philmlee. His number is 741-7903. If you have questions relative to these groups, call us between the hours of 9:00 am and 6:00 pm.

Let's all have fun playing the great courses we have contracted, playing fun games relative to team's and individual's total net play based on handicaps, meeting new friends and fellowships with our neighbors.

We will be playing eight courses this year which includes AZ. National at very reasonable prices. Range balls/carts are included on all the courses. RCW is looking forward to an exciting season and seeing everyone this season.

Hit'um straight and enjoy.

Darryl Philmlee, 741-7903
Rae Hane, 807-0870

DESERT EXPLORERS HIKING CLUB

Join us for hiking, starting November 10th. We meet on Wednesdays in Classroom 1 at 7:15am. Put on your boots, bring a hiking stick, water, a snack, and money to share transportation cost. Enjoy desert and mountain views while hiking at a reasonable pace.

For questions about the Wednesday hikes, contact:

Jerry or Nancy Paulson at 295-0196.

DESERT TONES

TOP TEN REASONS TO JOIN "DESERT TONES"
(our own ladies barbershop singing group)

10. Opportunity to meet others who love to sing.
9. Sing close, four-part harmony.
8. Participation in Christmas and Spring Concerts.
7. Memorization of music sharpens the mind.
6. Learn new tunes—you'll be humming them all day long.
5. Gets you out of the RV and into the sunshine.
4. Makes you smile.
3. Improves your disposition.
2. Keeps you young and healthy.
1. Singing is good for the soul!!!

Come and join us. Practice begins Wednesday, November 17 from 1 to 3 p.m. in Classroom one.



NEEDLEWORK

This is a group of ladies who enjoy handwork of many kinds—sewing, knitting, crocheting, counted cross stitch, quilting, etc.. We meet every Wednesday afternoon from 1:00 to 3:00 pm in the Sewing Room.

New members are always welcome. Bring your project and join us for a time of sharing. Any questions, call:

Adeline Bailey , 294-2728

LOW IMPACT AEROBICS

We will start the aerobics class on November 15th. It will be similar to last year. We will do the fall prevention on Mondays. Tuesdays and Thursdays we will do the aerobics and on Wednesdays we will do the strength training.

All you'll need is 5 to 10 pound weights, comfortable shoes, and a stretch band on Wednesdays. The classes will be in the Rec Hall, Monday thru Thursday, from 7:45 to 8:45 am.

If you have any questions call 419-231-2506

DUPLICATE BRIDGE

We will play Unsanctioned Duplicate Bridge in the Rec. Hall on Tuesdays at 6:30 pm.

You may use conventions that are approved by A.C.B.L.

If you have questions, call:

Sig Melton, 741-7020, Lot 461



PINOCHLE

Come join us on Wednesday evenings in Class Room 1 for a fun time playing Pinochle. The official start time is 6:30 pm, but most people arrive earlier to help set up and get in some practice hands and other discussions. We play six hands before switching tables. You do not need to bring a partner.

We have published rules if you would like to brush up or are a new player. The rules are basically standard with a few local preferences. Come join us for a fun evening.

Larry Heil 725, Representative

AROUND TOWN

By Rachel Lockey

The Loft Film Fest

The Loft Cinema
3233 E Speedway Blvd
November 11th- 18th

Tucson's art cinema showcases an eclectic range of new and classic films and champions mavericks of the film world at a week long festival of movies and events. Passes and tickets go on sale on October 11th. For more information call 795.7777 or on the web at www.loffilmfest.com.

Butterfly Magic at the Gardens

Tucson Botanical Gardens
50 N Alvernon Way
October-April

Greenhouse exhibit features more than 100 species of live, farm-raised tropical butterflies. \$12 for adults and \$7.50 for kids, and that includes the garden admission. For more information call 326.9686 or on the web at: www.tucsonbotanical.org.

All Souls' Procession

4th and University
November 7th

Nonmotorized multicultural parade through the heart of downtown Tucson with giant puppets and costumed participants. Procession begins at 6pm in front of Epic Café on 4th Ave. and University. For more information call 312.1448 or on the web at www.allsoulsprocession.org.

Holiday Craft Market

Tucson Museum of Art
140 N Main Ave
November 19th - 20th

Extensive holiday artisan show of handmade and unique gift items. This is a free show running from 10am-5pm on both days. For more information call 624.2333 or on the web at www.tucsonmuseumofart.org.

FLU SHOTS

Date: Friday, November 12, 2010
Place: Auditorium
Bring: Your Insurance Card and
come at your appointment time.
Sign up for an appointment

Open Studio Tour

Tucson Pima Arts Council
November 13th and 14th

More than 100 Tucson artists open their studios and galleries for a free, self-guided tour. For more information call 624-0595. For a full list of artists participating in this event and addresses go to www.tucsonpimaartscouncil.org.

University Medical Center El Tour De Tucson

November 20th

Presented by Diamond Ventures thousands of cyclists from around the world ride in annual perimeter tour with 109-, 80-, 67-, 35-, 4-, and 1/4-mile courses. One of the premier organized rides in the US open to pros, fitness buffs, fun-lovers, and kids. Perimeter Bicycling Association of America. For more information call 745.2033 or on the web at www.pbaa.com.

American Indian Heritage Month Social Powwow and Craft Market

November 27th -28th

Exhibits of handmade jewelry, art and craftworks by Native American artists and artisans. For more information call the Indian Information and Trade Center at 622.4900 or on the web at www.usaindianinfo.org.

Holiday Nights At Tohono Chul Park

November 28th - December 6th

Sonoran Desert botanical garden adorned with thousands of twinkling lights celebrates the holiday season. For more information call 742.6455 or for a full schedule of performances go online to www.tohonochulpark.org.

COMING IN DECEMBER

December 4 & 5: The Playcrafters Present:

Happy Hollandaise, by Tim Koenig

Tickets are on sale now.

December 5: Arts & Crafts Show in the Aud.

December 10 & 11: The Villageaires Present:
"Christmas Time is Here"

Tickets are on sale now.



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We meet Mondays and Thursdays 1 to 4pm in the recreation room. Everyone welcome! Lookers, carvers, or wanna bees.

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