



# CIRCLE RCW RANCH BULLETIN



Rincon Country® West RV Resort  
4555 S. Mission Rd., Tucson, AZ 85746  
Business Office: 520-294-5608  
Activity Office: 520-889-6900

November, 2011  
Volume 28  
Number 2

*Email: [activities@rinconcountry.com](mailto:activities@rinconcountry.com)*



## OPEN RANGE CONCERT

Well HOWDY partners! We are going to kick off the season with a concert from Open Range. Some have described Open Range as “music that captures the spirit of the west”.

Ric Steinke and Linda Hausler weave a musical blend of tight vocal harmonies & outstanding acoustic instrumentation. They perform music from the old western standards, to swing tunes of the 40's, to western music being written today, including their own original compositions.

Feel free to visit their website at:  
<http://openrangeband.com/>

Tickets are on sale in the Activity Office for **\$6.00**. Open Range will be here on **Thursday, November 3rd at 7:00 pm** in the **Auditorium**. Doors open at 6:30 pm.

See you there!

## WELCOME HOME FUN DANCE!

Ready, set, let's get started. Slip on the dancing shoes, get comfy and let's have some fun.

Music will be provided by, the almost famous, Ken Jeffries straight out of the Activity Office.

Ken will be hosting his famous FUN DANCE. This is not your normal, run of the mill, ho hum dance. When you hear the music start your feet will automatically start tapping and you'll feel like hopping out of your chair and dance. Did I say HOP? You may even do the bunny hop!

You may recall many of the novelty dances like the Twist, Virginia Reel, Cotton-eyed Joe and even the Chicken dance. Don't worry you will also dance to the two-step, waltz, polka, line dancing a circle dance or two and Rock and Roll. There will be music for couples and singles.

Meet us in the Auditorium on **Friday, November 18th at 7:00 pm**. Tickets are only **\$5.00** and may be purchased at Friday coffee, in the Activity Office or even at the door.

Come on, get away from the TV and have some fun! It is a great time to meet up with new or old friends and get acquainted.

## Tuesday, Nov. 1

6:15 pm Doors Open for Bingo  
7:00 pm **Bingo**  
Place: Auditorium

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## Wednesday, Nov. 2

9:00 am **Pain Seminar**  
Neuropathy Treatment Center of Tucson  
Place: Rec Hall  
Tickets: Complimentary

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## Thursday, Nov. 3

7:00 pm **Concert "Open Range"**  
Place: Auditorium  
Tickets: \$6.00

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## Friday, Nov. 4

9:00 am Coffee and Donuts by **Lazy Days**  
Place: Auditorium  
Bring your cup



7:00 pm **Free Movie - "Limitless"**  
Place: Auditorium  
Rated "PG-13"  
Bring your snacks and beverage

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## Saturday, Nov. 5

7:00-9:00 am **Pancake Breakfast**  
Place: Auditorium  
Tickets: \$3.00 - \$4.00 at the door  
Cooked and served by the Woodshop

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## Sunday, Nov. 6

5:00 pm **Solos' Social**  
Place: Rec Hall  
Bring beverage and snacks  
Sing up in the Coffee Room on the Solos' bulletin board.

## Tuesday, Nov. 8

6:15 pm Doors Open for Bingo  
7:00 pm **Bingo**  
Place: Auditorium

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## Wednesday, Nov. 9

9:00 am **Q & A Financial Medicare Seminar**  
Place: Rec Hall  
Tickets: Complimentary

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## Thursday, Nov. 10

4:00-6:00 pm **Happy Hour with John Dupont**  
Place: Auditorium  
Tickets: \$3.50  
Bring your own beverage and snacks

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## Friday, Nov. 11

9:00 am **Coffee and Donuts by All RV**  
Place: Auditorium  
Bring your cup



10:00 am **Flu Shots**  
Place: Rec hall  
By Appointment  
Bring your insurance card

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## Saturday, Nov. 12

8:00 am **Parking Lot Sale**  
Browse all the great items for sale. You may use our tables but you must pick them up and return them to their proper place when you are finished. There is no cost for the tables.

6:00 pm **Strawberry Shortcake**  
Place: Rec Hall  
Tickets: \$3.00  
Brought to you by Digital Imaging

## Sunday, Nov. 13

3:00 pm **Round Dance Party**  
Place: Auditorium

4:00 pm **Wine Tasting**  
Bring 2 glasses and snacks  
Place: Recreation Hall  
Tickets: \$4.00



7:00 pm **Fun Dance** with DJ Ken Jefferies  
Place: Auditorium  
Tickets: \$5.00

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## Saturday, Nov. 19

7:00-9:00 am **Pancake Breakfast**  
Place: Auditorium  
Tickets: \$3.00 - \$4.00 at the door  
Cooked and served by the Woodshop

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## Tuesday, Nov. 15

11:30 am **Ladies Luncheon**  
Place: Blue Willow: 2616 N. Campbell  
Tickets: \$15 (includes beverage, tax, & tip)

6:15 pm Doors Open for Bingo  
7:00 pm **Bingo**  
Meet in the Auditorium

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## Sunday, Nov. 20

1:30 pm **Line Dance Party**  
Place: Auditorium  
Tickets: Pay at the door

5:00 pm **Solos' Potluck**  
Place: Rec hall  
Bring a dish to share

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## Wednesday, Nov. 16

9:00 am **RWC International Truck and RV Seminar**  
Place: Rec Hall  
Tickets: Complimentary  
(see article for more information)

11:00 am **Skymed Seminar and Lunch**  
Place: Rally Room  
Tickets: Complimentary

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## Tuesday, Nov. 22

6:15 pm Doors open for Bingo  
7:00 pm **Bingo**  
Place: Auditorium

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## Thursday, Nov. 17

7:00 pm Concert "**U of A Steel Band**"  
Place: Auditorium  
Tickets: \$6.00

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## Wednesday, Nov. 23

2:00 pm **Offices Closed for Thanksgiving**

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## Friday, Nov. 18

9:00 am Coffee and Donuts by **Caremore Health**  
Place: Auditorium  
Bring your cup



## Thursday, Nov. 24

**Offices Closed All Day**

1:00 pm **Thanksgiving Dinner**  
Place: Auditorium  
Bring the dish you signed up for, for your table. Coffee will be supplied

For more information, see the written article.

## Friday, Nov. 25

9:00 am Coffee and Donuts by **Lazy Days**

Place: Auditorium  
Bring your cup



2:00 pm **Offices Closed**

6:00 pm **Hot Fudge Sundae**

Place: Rec Hall  
Tickets: \$ 3.00  
Bring: your own bowl and spoon  
Brought to you by Shuffleboard

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## Sunday, Nov. 27

4:00 pm **Wine Tasting**

Place: Rec Hall  
Tickets: \$4.00  
Bring 2 glasses and snacks



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## Monday, Nov. 28

3:00 pm **Gaslight Theatre** presents  
*"Christmas in the Big Apple"*

Place: The Gaslight Theatre  
Doors open: 2:15 pm  
Tickets: \$18.00

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## Tuesday, Nov. 29

6:15 pm Doors Open

7:00 pm **Bingo**

Place: Auditorium

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## Tuesday, Nov. 29

9:00 am **Caremore Seminar**

Place: Rec. Hall  
Tickets: Complimentary

## "LIMITLESS"

Free Movie

Out-of-work writer Eddie Morra gets rejected by his girlfriend Lindy, confirming his belief that he has zero future. However, that all vanishes the day an old friend introduces Eddie to NZT, a designer pharmaceutical that makes him laser focused and more confident than any man alive. Now on an NZT-fueled odyssey, everything Eddie's read, heard or seen is instantly organized and available to him.

As the former nobody rises to the top of the financial world, he draws the attention of business mogul Carl Van Loon, who sees this enhanced version of Eddie as the tool to make billions. But brutal side effects jeopardize his meteoric ascent. With a dwindling stash and hit men who will eliminate him to get the NZT, Eddie must stay wired long enough to elude capture and fulfill his destiny. If he can't, he will become just another victim who thought he'd found invincibility in a bottle.

## RODEO TICKETS

Saturday, February 25, 2012

11:00 am Gates Open

12:30 pm Dodge Mutton Bustin  
& Justin Junior Rodeo

2:00 pm Pro-Rodeo Competition

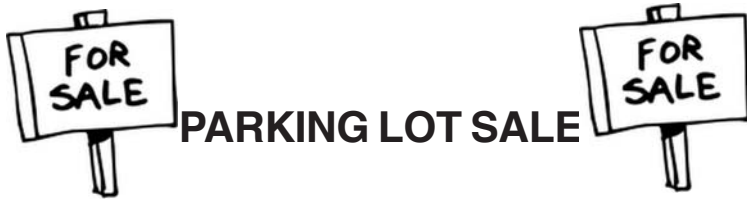
Always go EARLY because the above times  
are approximate via the Internet

Tickets are available in the Activity Office

Cost: \$25.00

## BINGO

Bingo will resume for this season on Tuesday, November 1st. Each Tuesday evening during November we will meet in the Auditorium at 7:00 pm. Doors open at 6:15 pm. Get your lungs ready - take a deep breath, STAND UP and yell BINGO!! Go ahead and try it; a little practice never hurt anyone.



## PARKING LOT SALE

Clean out your shed! Go through the house! Here's a chance to sell treasures you don't need any more, but someone else would love to have. A parking lot sale is scheduled for **Saturday, November 12th at 8:00 am.**

Tables are available to use but you must get them out and put them away after the sale.

The Card Room will be selling coffee and baked goods during the sale.

Let's have lots of sellers and buyers!



## HAPPY HOUR with John Dupont

John Dupont began studying the organ at the age of nine. Within two years, he was playing at Kiwanis luncheons, appearing on Los Angeles television shows and performing at the Disneyland Hotel.

By the time he was 19, John had completed a tour with Barbra Streisand, recorded an album for Columbia Records, appeared at the Dunes Hotel in Las Vegas and taped a show with Mike Douglas. When at the keyboard today, John's plays mostly standards from composers like Gershwin, Porter, Berlin, Ellington, Mancini, Bacharach and Jobim, as well as a few of his own compositions.

John Dupont will be here on **Thursday, November 10th** from **4:00-6:00 pm** in the **Auditorium**. Tickets are being sold in the Activity Office for **\$3.50**. Please bring your own beverages and snacks and lets get happy! John plays great dancing music too!



## Strawberry Shortcake

Place: **Rec Hall**

Time: **6:00 pm**

Tickets: **\$3.00**

Brought to you by:

Digital Imaging

## THANKSGIVING DINNER

Our traditional Thanksgiving Dinner will be held in the **Auditorium** on **Thursday, November 24** at **1:00 pm**. Rincon Country West RV Resort will provide each table of 16 people with a free turkey. The remainder of the meal will be provided by you.

Two people will be asked to HOST their table. It will be the hosts' responsibility to coordinate the small details and insure that the table will not lack any of the main dishes. We suggest a meeting to decide what items you wish to serve.

One person or couple will be asked to cook the turkey and gravy in their home. Cooking bags will be provided, and if your oven is not large enough to handle the turkey, we will loan you a roaster oven.

All other people at the table will sign-up to bring the remaining dishes to complete the meal. Remember, you will have 16 people at your table so be sure to bring large portions for everyone. Please **DO NOT** exceed 16 people at your table.

If you are a new resident or want to meet new people, please sign up at the tables being filled in the Activity Office. Everyone attending needs to sign up. You are welcome to invite family, including children, but you will need to sign up for one food item (enough for 16 people) for each two guests.



## FLU SHOTS

Date: **Friday, November 11, 2011**

Place: **Auditorium**

Bring: Your insurance card and come at your appointment time.

Cost without Insurance

Flu: \$25.00      Pneumonia: \$70.00

Sign up for an appointment in the Activity Office

## LADIES LUNCHEON

Welcome back, and don't forget to join your RCW friends for our monthly luncheon get-together.

Date: **Tuesday, November 15th**

Arrive by: **11:30 am**

Ticket price: \$15 (includes beverage, tax, & tip)

Place: **Blue Willow**

Address: 2616 North Campbell

Lunch choices are:

SLICED APPLE SALAD  
GRILLED EGGPLANT SANDWICH  
CHICKEN SALAD SANDWICH  
BLUE WILLOW MEAT LOAF SANDWICH  
VEGETARIAN STIR FRY

Tickets can be purchased through Friday, November 11th in the Activity Office.

If you need a ride, or have room for others in your car, please contact Pam Anderson by November 11th. Home: 520-889-1310, Cell: 218-348-4777

## STEEL DRUM BAND CONCERT

The U of A Steel Band is dedicated to the preservation and expansion of the steel pan art form. The band plays many styles of music, some with Caribbean roots, as well as classical, contemporary jazz, and pop. The U of A Steel Band program is self-supported through public and private performances and CD sales. All proceeds go directly toward instrument purchases, maintenance, music for the library, recording projects and travel.

The U of A Steel Drum Band will be at RCW on **Friday, November 17, at 7:00 pm** in the **Auditorium**. Tickets are being sold in the Activity Office for **\$6.00**.



## I'M OK

Here at RCW we want to make sure you are A-OK! The "I'm Okay Club" is a program for people living alone. This is just a daily check-in by phone that allows us to make sure you are OK. Please stop by the Activity Office to sign up! We look forward to seeing you!



## PANCAKE BREAKFAST

Dates: Saturday, Nov. 5 & 19

Place: Auditorium

Bring: Your service

Menu: Pancakes, eggs, sausage, oj, coffee and tea

Tickets: \$3.00

\$4.00 at door



## OFFICE HOURS DURING THANKSGIVING

The office will be closed at 2:00 pm on Wednesday, November 23, and will be closed all day on Thursday, November 24. We will also close at 2:00 pm on Friday, November 25.



## VISITING GRANDCHILDREN DURING THANKSGIVING

Grandchildren over the age of 3 years visiting for the holidays are welcome to use the pool facilities between the hours of 12:00 -4:00 pm from November 24th (Thanksgiving) through November 27th. In addition, they may use the other facilities during these days. As always, they must be accompanied and supervised by the resident. All guests should be registered in the office.

## WINE TASTING

Get your tickets for **November 13th** and **27th**. We meet in the **Recreation Hall** at **4:00 pm**, on the 2nd and 4th Sunday afternoons. Come by to taste the wine that will be waiting for you.

You need to bring 2 glasses each, some yummy bites to share, and your tickets. The tickets are available in the Activity Office, for \$4.00. We plan to have another season of fun and good cheer.

Judy Fried, 294-2879

## ADVERTISERS

Ads in this newsletter are paid Advertisements.

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## GASLIGHT THEATRE “Christmas in the Big Apple” \*Date Change\*

It's the winter of 1933 and with the holidays approaching, the natives of “The Big Apple” are getting into the Christmas spirit. Well, not quite all of them. Wealthy socialite Vonda De Cringe has set her sights on a take-over of Pennypacker's Department Store. To realize her nefarious scheme, she plans to disrupt the holiday shopping season by hiring the worst Santa Claus in all of New York City. If she has her way, this will be the last year “Pennypacker's Means Christmas!” Will Ms. De Cringe be the worm who turns the Big Apple rotten to the core...or will the holiday spirit triumph? Find out as The Gaslight Theatre celebrates “Christmas in the Big Apple!”

We reserved tickets for the Christmas show at the end of November! If you are interested save the date! There will be a sign up sheet in the Activity Office. Tickets are **\$18.00**.

The show will be on **Monday, November 28th** at **3:00 pm**. Doors open at 2:15 pm.

## THANK YOU

Wow, have you seen the new poker tables. Ron Petry, Roger Larson and George Bishop have been creating some gorgeous poker tables for your enjoyment.

Most of you will know Ron and Roger and know that they do fantastic wood working but we hope you will meet a new resident George Bishop. George has only been in the park for a couple of weeks and already he is Volunteering.

Thank you guys you have done a terrific job!

Sue and Doreen may not do as much wood working but we both have a new found love- - the air gun stapler. We covered the poker tables with speed felt and had a great time with the air gun!

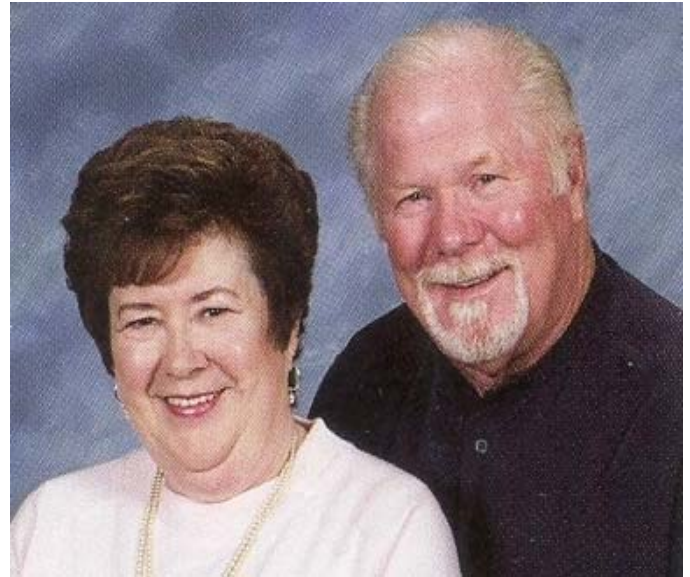
Be sure to tell the guys and Sue how much you appreciate the new tables.



## THANK YOU

Thank you to all of the RCW residents that helped Nicole and Doreen collate the October Newsletter. I was so impressed with the flow and efficiency! We got the Newsletters done fast and had a little fun too! Thanks everyone!

Billy Snyder  
Gail Snyder  
Ann Tootle  
Steve Douglass  
Becky Douglass



## PHILMLEE COUPLE

This article is about Rincon Country West RV Resort (RCW) residents Darryl and Nancy Philmlee. Darryl and Nancy were both born and raised in Washington State and reside there in the summer months. They retired in 1999. Darryl, worked 38 years with Boeing; and Nancy, worked over 20 years as secretary and book keeper for real estate firms.

The Philmlee's have three children from previous marriages and one son (Tye) together. Tye recently went through some very serious health problems but has received a clean bill of health from the doctors.

Darryl went to work for Boeing two weeks out of high school as a mechanic. His father, a long time Boeing employee had arranged for Darryl to be hired by the division his dad worked for, but Darryl had other ideas and was hired on his own merit at another plant. He worked his way up through the ranks from mechanic until, at the time of his retirement, he was a Superintendent with several divisions totaling 1800 employees reporting to him. While working at Boeing Darryl went to night school and received his AA degree.

The Philmlee's enjoy bowling, fishing from their power boat, playing cards and attending sporting events (Seahawks and U of A softball). Nancy is involved in RCW's Playcrafters (past President)

(Philmlee continued)

and volunteers in the Activity Office. She plays cards and dominos and is an active Red Hatter. Darryl has been President of the RCW Men's Golf Club for the past 5 years and plays poker each week.

The Philmlee's first came to RCW at the invitation of a very good friend who had retired and moved to RCW. Since the Philmlee's did not own an RV at the time, the friend found an RV at Beaudry, took videos of the unit and sent the video to them. With the endorsement of their friend, having not seen the rig personally, they bought the fifth wheel trailer and started staying at RCW in 2000. In 2005 they bought a park model, and have since sold the fifth wheel and bought a big motor home for travel.

Darryl and Nancy say that they really enjoy the people at RCW, the attitude of the staff, the social life, and the tremendous support they had while their son was ill.

Norm Miller



## MEDICAL NEWS YOU CAN USE

Preparing For Your Doctor Visit  
By Betty Blackstock

First, and very important – take another person with you that can be present when you talk to the doctor. No matter how alert you are, a spouse or friend may hear and remember things you do not. And second, do not hesitate to ask for an explanation if there is something you do not understand.

When you visit your physician, there are several pieces of information that will help make your appointment more effective and there are questions you'll want to remember to ask.

You should be prepared to report the history of your symptoms, including:

*How long have the symptoms been occurring?  
The approximate number of times you have had symptoms over the last several months.*

*The amount of time between symptoms.*

*A description of your symptoms by anyone who has witnessed them.*

*What you were doing when the symptoms occurred?*

*A current medication and allergy list.*

*Any other specialists you have recently seen.*

Questions to ask your doctor:

*What is my diagnosis?*

*What does it mean?*

*What causes it?*

*What tests are going to be done and why?*

*What are my treatment choices, and what are the risks, benefits, or side effects of these choices?*

*What can I do to improve my health or situation?*

*Do I need a referral to a specialist?*

Write all these things down and write down the responses (This is a good job for your accompanying partner). There is usually a lot of information imparted during a doctor visit, and no one can remember it all.



### Name Badge

Reminder!! Please remember to wear your name badges! If you don't have a name badge please swing by the main office to order one.

They are \$2.00 each and it comes with pin. If you prefer a magnet it is an additional \$3.00 charge.



We will be making a photo directory this year and Olan Mills will be here taking pictures **Dec. 13th through Dec. 17th** in the **Rally Room**.

There are two options for signing up and picking an appointment date/time.

1. You can sign up online by going to:

<https://signup.olanmills.com/familyinfo.aspx?chcontract=65158>

2. Come on into the Activity Office and pick a time on the sign up sheet. Have a couple dates and times in mind in case your first pick is not available.

Be sure to have your picture taken because that will ensure you receive a directory.

## NEWS FROM THE OFFICE

Welcome back!

It's great to see folks rolling back in. We are looking forward to a busy and fun season! We ask that you follow these suggestions.

**No Parking on empty spaces**  
**We have more reservations this year than ever before and will be using all of our spaces at some point.** To send an RV to a space only to have them tell us there is a vehicle parked on it, is very frustrating (for us and for them). Please park on your own driveway. If you need additional vehicle parking, please arrange for this in the office.

### Maintenance Issues

**If you ever experience problems on your space with water, electric or plumbing involving the sewer, please call the office before calling an outside contractor.** We will have the maintenance department determine if it is a problem on our side of the service or if it will be your responsibility. We will not reimburse any expense incurred if we are not given the opportunity to assess the situation first.



## LINE DANCE

A new season of line dancing at Rincon Country West is about to start. We will be dancing on Thursday mornings.

8:30-9:00 am for first time beginners starting line dancing

9:00-10:00 am Beginners.

10:00-11:00 am Advanced Beginner, easy, Intermediate.

The class fee is \$5.00

New this year, Sunday afternoon dance from 1:30-4:00 pm

Put these dance dates on your calendar:  
 Sun, Nov. 20 and Sun, Dec. 18 at RCW

Cost \$6

Please contact me if you have any questions. I will be at the Windy City Line Dance Convention in Chicago and plan on bringing back some great new line dances for our classes. I look forward to seeing you on the dance floor.

Carol

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## ROUND DANCE

Excitement is in the air as we write this article. We are looking forward to a wonderful fun filled season with all of you. We have a great program planned for all current round dancers and would like to extend an invitation to new comers. In addition, if you would like to join in on all the fun, "beginners" Round Dance class starts on Tues., Nov 8 at 3:00 pm in the Auditorium. You will be able to join beginners throughout November. If you want to learn some steps, you can use anywhere, come on over to the Auditorium on Wednesday, Nov. 9th at 1:00 pm for a "Social" dance class.

We will start Prerounds at the Square Dance with Marshal Flippo on Wednesday, Nov. 9th at 7:00 pm. Whether you dance or just want to watch we will have a "Welcome Back" Round Dance. Join us at 3:00-5:00 pm on Sunday, Nov. 13. It will be mixed levels for the entire two hours.

*All classes begin the week of Nov. 7.* You can pick up a schedule in the Activity Office or call us at (928) 525-6388.

See you a-ROUND  
Ronnie & Bonnie Bond

## SQUARE DANCING

It is a joy to welcome returning dancers and dancers new to RCW or to Tucson. All dances and classes are casual except the Wednesday night PLUS Dance with Rounds when square dance attire is requested.

Sunday: Mainstream with Review  
(Begins Nov. 27 at 7:00 pm in Aud.)

Monday: 10:00 am Plus Donut Dance  
( In progress in Aud.)

Monday: Beginner Lessons  
(Begins Nov. 28 at 7:00 pm in Rec. Hall)

Tuesday: 10:00 am A-1 and A-2 (Aud.)  
1:00 pm Plus Reviews (Aud.)

(Square Dance continued)

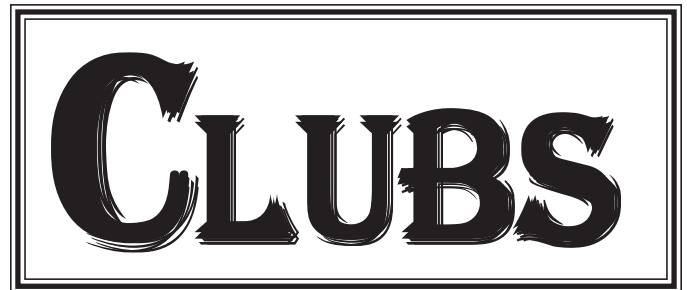
Wednesday: Beginner Lessons  
(Begins Nov. 29 at 9:30 am in Aud.)

7:00 pm Plus Square Dance in Aud.  
(Pre-Rounds begin Nov. 9)

Thursday: 9:30 ams Plus DBD in Rec. Hall  
Dance by Definition

Schedules are available in the RCW Activity Office or at any of the dances.

Marshall Flippo, Lot 129, 520-294-6490



## POTTERY AND CERAMICS

The kiln is hot and we are in full swing of the season. Have you visited the Pottery and Ceramics Room lately? There are always some new projects being undertaken. We pour new molds on Tuesday mornings, then take them out on Wednesday during Ceramics Class at 9:00 am. You might want to get down and dirty, in the Pottery Class, on Thursday at 9:00 am. Y'all come!

Judy Fried and Jan Mulvaney



## DIGITAL IMAGING CLUB

WOW! The season has begun here at Rincon Country West. Hope everyone had a great summer and took a lot of pictures. If you are looking for a group that loves to take pictures and video we have the club for you. The Digital Imaging Club meets once a week to enjoy sharing ideas and learning new ways of showing off our pictures. We have demonstrations on computer enhancing programs, making DVDs with music and talks on techniques to improve your photos.

The club has something for everyone from beginners on.

Club Meetings are on Monday's  
in Class Room 2

1:00 pm to 3:00 pm-Video Class  
3:00 pm to 5:00 pm-Digital Camera Class

Hope to see you there!

## LAPIDARY SILVERSMITH

Lapidary and Silversmith shop is open to all that are interested in learning various aspects of jewelry making . We will be having classes for various forms of jewelry making starting in December. Class sign-up sheets are posted for Chain Making, Soldering, Silversmithing, Wire Wrapping, Precious Metal Clay, Casting, Lapidary and Wax Carving. A description of each class will be posted in the shop.

We look forward to seeing all our returning members along with meeting new people in the park that may be interested in learning a new hobby in jewelry making.

Come join us  
Bob Howland

## MACINTOSH USER GROUP

The RCW Macintosh User Group, Apple Computer Club, will begin meeting this winter in mid Nov. We meet each week on Tues. afternoons from 1:00 pm to 3:00 pm in Classroom 2. Our first meetings will be for sharing and answering questions. If you have learned something new, or done something fun with your Mac computer, or ipad, then come to the meeting and share. If you have a question someone might be able to help or know where to look. Our formal lessons will begin mid-Dec.

For further info contact:  
Martin Rathbun at 806-1303  
George or Nikki Wells at 889-3247



Welcome to all of our returning hams. The shack will open November 23, 2011. Our meeting time will be at 11:00 am. on Wednesday morning.

Our first order of business will be to clean our antenna and make sure the shack is in order.

We welcome anyone wishing to learn to become a ham. Come and join in on this fascinating hobby.

Bruce Baker, President

## OIL PAINTING

Our new winter season is beginning in November. We want to invite everyone who oil paints to join us on Wednesdays, in the Recreation Hall, from 12:30 to 4:30 pm. Our classes are made up of eager students from beginners to advanced. Our instructor, Vern Dronen, is also offering a beginner class on Mondays, in the Pottery and Ceramics Room from 6:00-10:00 pm.

Pat McFarlin, Art Club Coordinator.  
Arlene Johnson, 520-746-4953

## SEWING AND CRAFTS ROOM

Welcome back to RCW! We hope you will find time to visit the Sewing and Craft Room this season. We are gearing up to offer a variety of classes, for many groups to meet, and to provide space for you to work on your own projects.

Here's how it works: Classes being offered are posted in the glass cabinets (in the Sewing and Crafts room), and sign-up sheets are below. The room schedule is posted on the large calendar by the south door. Many groups use our room, and many classes are scheduled, so we hope everyone can find something of interest. All groups welcome newcomers.

If you want to work on your own projects, check the calendar to find a time when the room is not scheduled for any activity. Then go to work! Please note that all tools, machines, and equipment MUST remain in the room.

If you would like to teach a class, please contact Sally McFarlin in space 654-L. She will help you with scheduling and paperwork.

The Sewing and Craft Room is governed by its own board, which usually meets on the first Wednesday evening of each month (check the calendar for specifics). Anyone is welcome to attend. Officers this year are President Ruby Burrows (604); Vice President Sue Mattson (458); Secretary Sally McFarlin (654); and Treasurer Sonja Bridges (726).

## COMFORT QUILTS

The Comfort Quilt Group is up and running for the new season. They meet every Thursday, from 9:00 am to 3:00 pm in the Sewing and Craft Room (except Thanksgiving Day).

Our goal is to get lots of quilts completed and delivered before Christmas. The quilts go to the Veterans at the VA Hospital and the Women and Children at Emerge Shelter. If you have time to donate to help make the quilts, stop in and we will find

*(comfort quilts continued)*

something for you to do. Or just stop in to see the quilts in process.

Our Comfort Quilt group, although very small in April and May, were able to make a summer delivery of quilts to Emerge, the Shelter for abused women and their children. They were so grateful and the children loved them.

We also love to share our beautiful quilts with any RCW resident facing health issues. Please let us know if you are aware of anyone at RCW in need of one of our Quilts.

Co-Chairman this year:

Jan Anders, # 711, 520-573-0850  
Charlotte Baker, # 807, 402-490-7929

## CACTUS QUILTERS

Fall is in the air, the leaves are changing and the pumpkin patches are full. Many of us are on our way back to RCW. Rincon Country West is ready for us with sunshine and flowers.

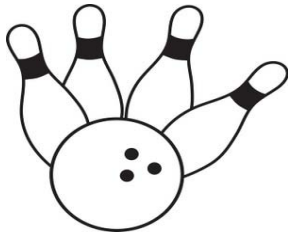
Cactus Quilters meets every Monday morning at 9:30-11:30 am in the Sewing Room, October through January. Starting in January we meet in the Recreation Hall. We welcome everyone to join our group for a wonderful exciting season.

As a group we are treated with new ideas, patterns and guest speakers. An exciting part of our meeting is the Show-n-Tell. It is there we see the many talents of our group. We are a group of talented ladies who bring enthusiasm, fresh ideas, and lots of fun and humor.

On the last Monday of each month, as a group, we go to a different quilt shop and then together go to have lunch at a selected restaurant. A great time is had by all.

Come join us and make new friends.

Becky Andrews  
541-517-6990



## RCW BOWLING LEAGUE

Interested in bowling but haven't bowled for a long time or have never bowled? We have a fun, non-sanctioned bowling league from the park, that bowls at a local bowling establishment, on Wednesdays at 1:00 pm, with anywhere from 60 to 96 bowlers.

League average about 130 with a low of 75 to a high of 180 and 95% handicap. We bowl for 16 weeks and you can bowl for 1 or more weeks. If you sign up to bowl but cannot bowl a particular week/weeks you do not have to get a substitute bowler and you do not have to pay for bowling. We practice bowl on Mondays for \$1.00 per game.

If you want to try it, call Ron at 520-807-6416 for details. A carpool option is available as well.



## SHUFFLEBOARD

Welcome to the winter session of shuffleboard. Shuffleboard is for everyone. No athletic ability is needed. Our current schedule affords everyone the opportunity to play on Monday and Thursday morning at 8:45 am and/or evenings at 6:30 pm. If you are new to the game, come down to the courts and we will give instructions while playing.

District 2 has four teams participating in the Mixed District 2 League. League play starts November 4.

District 2 has a League Meeting and Board Meeting on Wednesday, November 2, at 2:00 pm, at Trails West. If you are a Board Executive, Park Rep. or Team Captain, you should attend; however, all members are welcome.

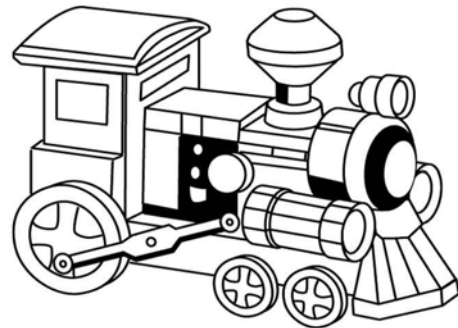
## (Shuffleboard continued)

Our first tournament, the Annual Turkey Classic (any singles) will be at Voyager on November 14-16. Contact our Park Rep., John Pretty, L658, 269-3454, for information and the sign-up deadline.

Other things you may be interested in: WSA tournament at Mesa, November 7-12. Referee Class at Tucson Estates, November 30, at 10:00 am.

Watch for our flyers for our Hot Fudge Sundaes on Friday, November 25<sup>th</sup> at 6:00 pm.

Marian Eising, Secretary  
H-550, 741-8412



## GARDEN RAILROAD CLUB

The RCW Garden Railroad Club is gearing up for another season of construction at the garden railroad layout; located at the end of the boulevard, by the RCW Auditorium. Last year a waterfall was added to the layout. Watch us this season as we convert our old dry wash to a running stream. The buildings will return shortly from storage and trains will once again be running. The train schedule will be posted at the layout.

The first club meeting will be Wednesday, November 2nd at 3:00 pm in Class Room 1. Future meetings will take place on the first and third Wednesdays of each month. New members are always welcome! In addition to train lovers, we are always looking for people with interests in landscaping, construction or park residents who just want to be part of the club. We welcome input from all park residents as work progresses at the layout. Also be sure to set aside those unneeded items that you wish to donate to the Garden Railroad Club for sale at the first RCW Parking Lot Sale.

## TABLE TENNIS

We are looking for new blood in our Table Tennis group. Come join us for fun and exercise. We have all the equipment, so “come on in” the Rec. Hall every Sunday, Tuesday, and Friday from 1:00 pm to 3:00 pm.

Ned Bell  
294-1180



Well golfers, it is November and it should be a great month for golf. We start off the season with two of our old standbys; The 49ers and Torres Blancas. We then move to Arizona National and for the first time, Vistoso.

I want to thank Darryl for all of his hard work in securing this gem for our schedule. So please arrange your “work” schedule to include as many of these dates as possible. Remember that we still play “ready golf,” and put them all out. Our Tuesday play starts on November 29<sup>th</sup> at the 49er.

Thanks, Pat Mulvaney

## BIRD CLUB

Welcome back to RCW, all you early birders. The bird club members will start their official field trips on Friday, November 11<sup>th</sup>. All interested birders meet in the main parking lot in Class Room 1 (see times below). New birders are always welcome. Bring water, binoculars, bird ID book and a light lunch to each outing.

Schedule:

Friday, November 11:

7:30 am — Sweetwater Ponds and Christopher Columbus Park.

Friday, November 18:

7:30 am — Madera Canyon

Friday, November 25:

7:00 am — Patagonia Lake State Park

Charlie Kvoool  
RCW Bird Club President  
charlie@kvoool.com



For those of us who love hiking, there’s nothing more inviting than the many trails through the canyons and valleys all around Tucson – and beyond! Join us on Thursday mornings. You are guaranteed to enjoy great views and lots of memories while getting a terrific workout.

Early mornings may be cool but can warm up quickly so make sure to wear layers to maintain comfort. Hiking footwear, walking sticks, water and a snack are strongly recommended. If you don’t wish to drive your own vehicle, you may join other drivers; you will be asked to share the cost of gas.

We meet at 7:15 am, in Class Room 1 (off the main parking lot), and leave at 7:30 am. The proposed (but changeable) list of hikes for November is included below. A complete and more detailed list of hikes for the fall is posted outside the Activity Office.

- Nov. 3: Green Mountain (Easy)  
Gas charge: \$7
  - Nov. 10: Bogs & Kent Springs (Mod-Diff)  
Gas charge: \$8
  - Nov. 17: Ventana Canyon (Moderate)  
Gas charge: \$5
  - Nov. 24: Prospector’s (Difficult)  
Gas charge: \$5
- Thanksgiving Day

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## NEWS FROM YOUR LIBRARY

The Library Staff would like to add a hearty welcome to all snowbirds who are flocking back to RCW. We look forward to seeing our old friends and meeting new readers. We are really excited to show off our newly refurbished quarters. The bookcases have been refinished, the walls were repainted. We have beautiful new tables and straight chairs so get ready to read newspapers and put together puzzles. The cushy, overstuffed chairs on a beautiful rug invite you to settle in and enjoy a good book. Look up and you will see new ceiling fans. We believe you will find the room comfortable, convenient, and handsome!

Most of the books are in their old familiar places, although a few changes are being tested. For example, current telephone books and the reference books are more accessible. All large print books are in the same location. Magazines have been moved to the back wall, and that allows more light to come in through the east windows. Two boxes have been placed next to the overstuffed chairs, one for magazines about Tucson and Arizona and one for miscellaneous magazines of general interest.

Do come in and try out YOUR new library. We think you will be as excited about it as we are.

## WOODCARVING

Learn the art of woodcarving! There are experienced woodcarvers who will be happy to help get you started. If you are experienced, come join the group and share your knowledge.

There are beginning classes, patterns and cutouts, lending library and sharpening tools.

We meet on Mondays at 12:30 pm and Thursdays at 1:00 pm. Both sessions end at 4:00 pm. The annual dues are \$5.00, the cutouts and tools are priced according to their cost.

Stop in and maybe the carving bug will bite you and you will join in on the fun.

Diane Evans, Secretary

## SOLO'S

We welcome all single new comers to our park. If you are single and would like to other meet singles with a desire for friendship, join us on the first and third Sundays in the Recreation Hall.

Our gatherings in November will be:

Sunday, Nov. 6 - Social

Bring: service, beverage and snacks  
Coffee and tea provided

Sunday, Nov. 20 - Potluck

Bring: dish to share and beverage  
Coffee and tea provided

We will have a Thanksgiving table sheet at our first get-together for November 24th. will need to obtain a form from the Activity Office. A sign up sheet will be in the Coffee Room on our bulletin board.

Please observe the bulletin board in the Coffee Room for changes.

Carl Stubbington

## GENEALOGY

We hope you had a great summer and we want to inspire you to expand on those genealogical finds you made. Our meetings will be from 7:00 pm to 8:00 pm on Mondays in Class Room 2 with the first gathering on Nov. 7th. We will continue at that time and place each Monday for the rest of the season. We are looking forward to an informative and exciting year and hope you will put us on your calendar to attend each week.

Basically on the first Monday of the month there will be a short business meeting and then a class covering a beginning genealogy subject. On the third Monday of each month we hope to set aside for a field trip. On the remaining Mondays a speaker will be scheduled to lecture or teach a class on a major topic of interest.

November will consist of the following topics:

- Business meeting and beginners class-  
What do I do first?

- Beginners class – Using google to search for people
- A visit to Langley Family History Library
- Interview techniques

Other topics, lectures and activities for the season will likely include: using the Legacy application, dating old photos, a speaker from the Langley Family History Center, adding pictures to your word document, a cemetery visit, scanning documents and working with digital images.

For additional club information, contact Lee Foxworthy at 520-889-0966.

## LADIES BARBERSHOP CHORUS

It's not about haircuts, it is about making beautiful music! If you enjoy singing close, four-part harmony, please plan to join us on Wednesdays at 1:00 pm in Class Room 1.

We are a fun group of women who enjoy singing and enjoy each other. We would love to have you join us at our first practice on November 16.

Leah Murphy  
360 831-3614

## PLAYCRAFTERS

Playcrafters drama club is opening an exciting new season. We meet every Thursday afternoon at 1:00 pm. The meetings are informal and fun. After taking care of business, members put on skits, give humorous readings or relate experiences from the past or during traveling.

There is always some kind of production in process. In December we will have a short play and several oleos open to the public. In March, there will be a major production. Attending Playcrafters, doesn't mean that you will have to perform (only if you want to). There are many jobs that go along with productions and we need your help. Give us a try. We'll miss you if you aren't there.

Barb Norwick

## VILLAGEAIRES

Once again our chorus, the Villageaires, is recruiting new singers. We rehearse Tuesdays in the Rally Room from 9:00-11:00 am with an hour extra if needed for each section. Al Wortman will be our experienced director and his wife Betty our accompanist. We have a full board headed by President Leah Murphy. Our Social Chairman, Pauline Mullins, assures us of good times together besides rehearsing. Our Christmas Concert will be Friday and Saturday Evenings 7:00 pm in the Auditorium, December 16 and 17, 2011. Join us in singing merry holiday music together.

Leah Murphy 360-831-3614  
Mary E. Hallesy 889-3926

## STRETCHING/FLEXIBILITY GROUP

Those who are returning to RCW and those who have been here through the summer are welcomed to participate in a flexibility/stretching exercise which will help you maintain your balance and improve your flexibility.

The stretching/flexibility group continues under the leadership of Gary Johnson. The group meets each morning, Monday through Friday, at 7:15 am in the Auditorium. The exercise follows an audio CD. Please bring a mat or towel and plan on 25 minutes of healthy stretching exercise.

Everyone is welcome. If you have questions, please contact Gary.

## WATER AEROBICS

Those who are currently coming to water aerobics at 8:00 am have nothing but praise for how limbering, and rejuvenating it is. We all need to thank Ilona Stone for being so diligent in the off season.

Because the temperatures will inevitably start to dip, we will be starting an 11:00 water aerobics class on Monday, October 31. Please come join us.

Pam Anderson 520-889-1310

## LOW-IMPACT AEROBICS

Welcome back to RCW. The holidays are just around the corner so how about some aerobics to get our bodies ready for the winter activities?

Come join us for some fun and exercise Monday through Thursday 7:45 am to 8:45 am in the Recreation Hall. There are different DVDs every day for fall prevention, strength building, cardio and balance training.

We are starting Tuesday, November 1st; we hope to see you there. All you need are comfortable clothes, 2 or 3 pound weights and resistance bands on Wednesday.

Need more information?  
Call Sue Charlot at 509-952-5645



## TOPS

TOPS (Take Off Pounds Sensibly) is a nonprofit organization designed to help men and women take off pounds sensibly and to keep off pounds sensibly.

Come look us over and possibly join us for weekly learning, support, and fun concerning nutrition, portion control, food choices, etc.

We have a group here at Rincon Country West that meets every Monday morning in Card Room 2. The meeting starts at 7:30 am with weigh-in for members at 7:00 am. Officers begin weigh-in at 6:45 am.

Joy Fehrenz

## SKYMED

During Coffee and Donuts valuable information will be presented so that you can make an informed decision. Skymed pays the full cost for members who need or want a medical flight back home. They also pay to fly the spouse of a traveling companion back home; and pays all the expenses for the returning of vehicles back home. Skymed pays to have a friend or relative flown to be with you in the early hours of injury or illness. They actually pay the full cost of 15 other services such as helicopter flights, pet return, return of remains, etc.

More information to come at Coffee and Donuts **Friday, November 11th, at 9:00 am** in the **Auditorium**.

## NEUROPATHY OF TUCSON Seminar

A doctor has moved to Tucson that treats neuropathy (nerve problems), and his name is Dr. Trent Freeman DC (Dr. T). He has been treating Neuropathy for the last 10 years.

His clinic is certified with the Neuropathy Treatment Centers of America and he has received advanced training in the treatment of neuropathy.

Want to find out more? Join Dr. T on **November 2** at **9:00 am** in the **Rec Hall**.

Give his office a call and schedule a **free** consultation and see if you qualify for this new therapy 520-445-6784.

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## AMBASSADORS

The new comers to the park are invited to join the Ambassadors on Tuesday Mornings. Meetings are at 9:00 am in Card Room 2. Come on by for a tour, park information and lots more!

## CONFUSED BY YOUR MEDICARE CHOICES?

To get clear answers to your Medicare Questions, please come to an informal Medicare Workshop on **Wednesday, Nov. 9th, at 9:00 am** in the **Rec. Hall**. Stop by the Activity Office to pick up your complimentary ticket.

Q & A Group will be focusing on guiding seniors through the "Medicare maze." Q & A Group is NOT tied to any one Medicare Insurance carrier. Instead they are independent benefit advisors with thirty years of experience. Come join Q & A for answers to your questions. You will be glad you did.

## RWC INTERNATIONAL Keeps you Running!

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Your RV is not only a vehicle, it is an extension of your life-style. Keeping it running smoothly and efficiently can save you money and keep you safe. Now that you have finally arrived in beautiful Tucson, AZ; join RWC International for a discussion of how to maintain your RV in prime condition. Our factory authorized and trained technicians will share tips, tricks and "how to's" that will help you keep your RV on the road.

Join RWC International on **Wednesday, November 16th at 9:00 am** in the **Rec Hall**. We will have coffee and donuts and share an exclusive service offer only for RCW participants. Pick up your **complimentary ticket** in the Activity Office.

## CAREMORE SEMINAR

As a Medicare beneficiary you can choose from different Medicare options. Please join us for an exciting review of Medicare and CareMore. We will have a great time including trivia and free prizes for ALL. We will go over our plan and all the ZERO copays. By the way, CareMore is the ONLY plan in Pima county that received a 4 Star Rating from Medicare!

**Wednesday, November 30th, at 9:00 am**, in the **Rec. Hall**.



## ALL RV

All RV will be sponsoring a coffee and donuts on **Friday, Nov. 11th at 9:00 am** in the **Auditorium**. Be sure and bring your mug!

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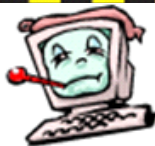


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