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Rincon Country® West RV Resort
4555 S. Mission Rd., Tucson, AZ 85746
Business Office: 520-294-5608
Activity Office: 520-889-6900

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Email: activities@rinconcountry.com

MESSAGE FROM GEORGE

Merry Christmas and Happy New Year from our family to yours. We had a very busy summer upgrading our resort both inside the Rec. Center and outside. We replaced the entire curb in the medians and laid new blacktop from the entrance to the Rec. Center and then some. We poured a new street and gutter channel in R Street.

The most important job we did, in my opinion, is the installation of conduit pipe (18,000 L.F.) for future primary electric. Why do I think it's important? Let me tell you why. In the past we lost a leg of primary. Twice, fortunately for us, it happened during the summer months when we were able to use a temporary connection from another transformer in the same phase.

Recently I asked myself, what if this happened in January or February. It could take 2 or more weeks to replace or repair. Now with the 2 ½" conduit in place we could accomplish the repair overnight. I have one roll of primary electric cable on standby. We are not finished yet but all the RV section is complete.

I have to make a confession. I turned the renovation of the Rec. Center over to the ladies. What a wonderful job they did.

At Rincon Country RV Resorts we love to keep

the place looking nice. From the many compliments I got... we were successful in our efforts. Thanks for spending your winter vacation with us at Rincon Country RV Resort. Once again, Merry Christmas and Happy New Year to all!

George O'Leary

CHRISTMAS DINNER

It is that time again! RCW will be putting on a family style dinner on Christmas Day at 1:00 pm in the Auditorium.

Just like Thanksgiving, we will have tables for 16 people. Each table will have a sign up sheet designating a host and hostess. The park will furnish a ham for each table. The remainder of the meal will be provided by you. The host and hostess should have an organizational meeting with the table members so that you can modify the menu to suit your particular taste. During the meeting it is also a great idea to talk about decorations and decide what works for the group.

Beginning December 1st, table sign-up sheets will be in the Activity Office, and everyone who plans to attend must have their name on one of the sheets.

We can't wait to see you there! Merry Christmas!

Friday, Dec. 2

9:00 am **Coffee and Donuts by
CareMore Health & Ameriprise**
Place: Auditorium

7:00 pm **Playcrafters Presents: "Christmas
Times"**
Place: Auditorium
Tickets: \$5.00



Saturday, Dec. 3

7:00-9:00 am **Pancake Breakfast**
Place: Auditorium
Tickets: \$3.00
Tickets at door: \$4.00

7:00 pm **Playcrafters Presents: "Christmas
Times"**
Place: Auditorium
Tickets: \$5.00



Sunday, Dec. 4

5:00 pm **Solos' Social**
Place: Rec. Hall
Bring: beverages and snacks
Sign up in the Coffee Room on the
Solos' bulletin board.



Monday, Dec. 5

10:00-11:30 pm **Blood Pressure Clinic**
Place: Class Room 2



Tuesday, Dec. 6

7:00 pm **Bingo**
Place: Auditorium
Doors open at 6:15 pm

Wednesday, Dec. 7

8:30 am **AARP Driving Course**
Place: Rally Room
Tickets: \$12.00 members
\$14.00 non-members
Sign-up and pay in the Activity Office
9:00 am **Verizon Seminar**
Place: Rec. Hall
Tickets: Complimentary



Thursday, Dec. 8

4:00-6:00 pm **SkyMed Happy Hour**
Place: Auditorium
Tickets: Complimentary
Wine, Cheese & Soda will be provided
by SkyMed

5:00-6:30 pm **Red Hat Social Hour**
Place: Rec. Hall
Bring: your own beverage and
appetizer to share



Friday, Dec. 9

9:00 am **Coffee and Donuts by Freedom RV**
Place: Auditorium

6:00 pm **Strawberry Shortcake by Digital
Imaging**
Place: Rec. Hall
Tickets \$3.00



Saturday, Dec. 10

12:00-1:00 pm **Hot Dot Lunch by Radio Club**
Place: Rec. Hall
Tickets: \$4.50 will get you a hot dog,
chips, cookies and a drink.

1:00 pm **Craft Sale**
Place: Auditorium

6:45 pm **Christmas Concert by Rincon
University High School**
Place: Auditorium
Pass the hat donations will be collected

Sunday, Dec. 11

4:00 pm **Wine Tasting**
Place: Rec. Hall
Tickets: \$4.00
Bring: 2 glasses and snacks



Tuesday, Dec. 13

11:30 am **Ladies Luncheon**
Place: Tanque Verde Ranch Buffet
Tickets: \$18.00

1:00-8:00 pm **Olan Mills (Dec., 13-17)**
Place: Rally Room
Sign up for an appointment in the
Activity Office or online

7:00 pm **Bingo**
Place: Auditorium
Doors open at 6:15 pm



Wednesday, Dec. 14

9:00 am **Ameriprise Financial Seminar**
Place: Rec. Hall
Tickets: complimentary



Friday, Dec. 16

9:00 am **Coffee and Donuts by
All RV & Cathedral Health**
Place: Auditorium

3:00 pm **Cookie Exchange**
Bring 4 dozen cookies.
We will supply coffee and fun.
Place: Auditorium
Sign up in the Activity Office

7:00 pm **Villageires Presents: "Forever
Christmas"**
Place: Auditorium
Tickets: \$5.00

Saturday, Dec. 17

7:00 am **Pancake Breakfast**
Place: Auditorium
Tickets: \$3.00
Tickets at door: \$4.00

7:00 pm **Villageires Presents: "Forever
Christmas"**
Place: Auditorium
Tickets: \$5.00



Sunday, Dec. 18

1:30-4:00 pm **Line Dance Party**
Place: Auditorium

5:00 pm **Solos' Potluck**
Place: Rec. Hall
Bring: A dish to share



Tuesday, Dec. 20

7:00 pm **Bingo**
Place: Auditorium
Doors open at 6:15 pm



Wednesday, Dec. 21

Winter Begins

8:30 am **Cathedral Health Screening**
Place: Rally Room
Call to make an appointment:
800-770-0240



Thursday, Dec. 22

6:00-6:45 pm **Pie and Coffee**
Place: Rec. Hall
Tickets: \$3.00

6:45 pm **Kids Unlimited Concert**
Place: Auditorium
Pass the hat donations will be collected

Friday, Dec. 23

9:00 am **Coffee and Donuts by Lazy Days**
Place: Auditorium



Saturday, Dec. 24

4:00-6:00 pm **Tom Chesnut Christmas Eve Party**
Place: Auditorium
Tickets: no ticket needed - Free Event



Sunday, Dec. 25

Christmas Day

1:00 pm **Christmas Dinner**
Place: Auditorium
Sign up in the Activity Office

4:00 pm **Wine Tasting**
Place: Rec. Hall
Tickets: \$4.00
Bring: 2 glasses and snacks



Tuesday, Dec.27

7:00 pm **Bingo**
Place: Auditorium
Doors open at 6:15 pm



Wednesday, Dec.28

9:00 am **Red Cross Blood Drive**
Place: Rally Room
Sign up in the Activity Office

Thursday, Dec.29

6:00 pm **Ice Cream Social by Shuffleboard**
Place: Rec. Hall
Tickets: \$3.00
Bring: Your own bowl and spoon

7:00 pm **Free Movie "Water for Elephants"**
Place: Auditorium
Tickets: Free



Friday, Dec.30

9:00 am **Coffee & Donuts by Lazy Days**
Place: Auditorium



Saturday, Dec.31

8:30-12:30 pm **New Year's Eve Dance with Two's Company**
Place: Auditorium
Tickets: \$18.00
Doors Open: 8:00 pm
Bring your own snacks & beverages
Sign up in the A.O. for a reserved table

CHRISTMAS EVE

Party

Saturday, December 24, Tom Chesnut will be at RCW to provide music for our Christmas Eve Party from **4:00-6:00 pm**. The event will be in the **Auditorium**, entrance and entertainment is free but please bring your own snacks and beverages.

The whole family is invited and if we are really good little boys and girls then Santa might even make a guest appearance.

The Garden Railroad Club will have the "Christmas Express" running sometime during the evening.

We look forward to seeing you!

CHRISTMAS DECORATING CONTEST

It isn't too soon to start decorating! Our annual RCW Christmas Decorating Contest is coming up quickly! Ballots will be distributed to each mail box beginning December 1st and can be turned in as late as Thursday, December 22nd by 4:00 pm.

The ballot box will be in the Activity Office so be sure to drop by and turn in your ballots so your vote is counted. The winners' names will be engraved on the plaque displayed in our trophy case.

Winners (1st, 2nd, and 3rd) will be determined by park residents and announced at the Christmas Eve Party. There will be a category for:

1. The Best decorated RV, (motorhomes or pull trailers.)
2. Best decorated park model
3. Best Street.

Walk or ride through the park. It is always gorgeous!

NEW YEAR'S EVE

RCW is happy to welcome Two's Company to entertain us for our New Year's Eve Dance from 8:30 pm-12:30 am. So grab your dancing shoes and get ready!

The dress code is anything you want to wear. There will be fancy and the not so fancy, but I bet everyone will have a great evening.

Tickets are \$18.00 per person and are available in the Activity Office and at Friday morning coffee.

All tables are reserved. If you want to sit with someone special, we suggest you get with them early on and buy your tickets at the same time. You may also buy a full table if you wish. Not to worry if you are new or just like to meet new friends, we always have a table available through the Activity Office.

Please bring your own snacks and beverages. We look forward to seeing you there!

BLOOD DRIVE

Every two seconds, someone in America needs blood, and this need remains constant despite holiday travel and celebrations. Each day, the Arizona Region Blood Services of the American Red Cross needs about 300 blood donors to support patients at local hospitals.

Here are a few reasons to donate:

- √ It feels great to donate!
- √ You get free juice and delicious cookies.
- √ It's something you can spare - most people have blood to spare... yet, there is still not enough to go around.
- √ You will help ensure blood is on the shelf when needed - most people don't think they'll ever need blood, but many do.
- √ You will be someone's hero - in fact, you could help save more than one life with just one donation.

You can donate in the **Rally Room** on **Wed., Dec. 28th** by scheduling an appointment in the Activity Office. Stop in or call 889-6900.

FOREVER CHRISTMAS

Presented by the Villagaires

Our traditional holiday concert this year will be held in the **Auditorium at 7:00 pm, Friday and Saturday nights December 16 and 17**. Our director Al Wortman has chosen as our theme "Forever Christmas." Our chorus is busy rehearsing some lovely carols. Yes of course there will also be a sing a long for you to join us. There will be a few surprises, plus solos, and duets.

Tickets are available in the Activity Office or at Friday morning coffee. Put the date on your calendar and get your **\$5.00** ticket now.

"CHRISTMAS TIMES"

by Playcrafters

December 2nd and 3rd
7:00pm
Auditorium
\$5.00

BLOOD PRESSURE CLINIC

Free

Every Monday
Beginning December 5th
10:00-11:30 am
Class Room 2

HOT DOG LUNCH

Before the Craft Sale

Brought to you by the Radio Club
Saturday, December 10th
12:00-1:00 pm
Place: **Rec. Hall**
Tickets: **\$4.50** for hot dog, chips,
cookies and drink. Second hotdogs can be
paid for at the door for \$1.00.

CRAFT SALE

Come sell and shop at our first craft sale of the season on **Saturday, Dec. 10th 1:00-4:00 pm**, in the **Auditorium**. If you have craft items to sell, sign up in the Activities Office by Thursday, Dec. 8th. Tables will be \$5.00 each, \$3.00 for a half-table and \$4.00 for a rack space.

All are welcome to come and shop! You will find a wide variety of items handmade by RCW residents and it's a great place to do your Christmas shopping.

RINCON UNIVERSITY

HIGH SCHOOL

Christmas Concert

The Rincon University High School Chorus will be here at RCW on **Saturday, Dec. 10th at 6:45 pm** in the **Auditorium**. Get ready for some great music.

A large group of young adults will perform a variety of holiday songs for you. After the concert they will stick around for a while so that you can talk to them and get your "Kid Fix" for the holidays.

We will be doing a "pass the hat" to collect donations for the Chorus. All proceeds go to the Chorus.

Come and enjoy some great Holiday music!

LADIES LUNCHEON

Tanque Verde Ranch Buffet

What a great way to celebrate the holidays!

Date: **Tuesday, December 13**
Arrive: **Buffet starts at 12:00**
Tickets: **\$18** (includes beverage, tax, & gratuity)
Place: **Tanque Verde Ranch** in the Kiva Dining
Address: 14301 E Speedway

The Ranch driveway is at the end of Speedway (about 5 miles from the corner of Houghton and Speedway). It's definitely worth the drive if you've never been.

Return to the buffet as many times as you like, but no take-home please.

We have a limit of 40 tickets, so get yours early from the Activity Office. Tickets will only be sold through December 9th.

If you need a ride, or have room for others in your car, please contact Pam Anderson (520-889-1310 or 218-348-4777)

HEALTH SCREENING

RightPath Health Screening will be returning to Rincon Country West **Wed., December 21st**.

In these times of high insurance costs thus high deductibles, this is a good option in personalized health care. And in response to these uncertain economic times, we have reduced our already low cost of screening even more!!!

All eleven screenings are now \$185.00, reduced from \$200.00.

Many diseases are preventable or better treated if detected early - prior to symptoms. Timing is key. An immediate report is provided.

Call for more information. Schedule your annual screening to stay on the 'RightPath' to good health!

Cardiovascular Screening

Heart ultrasound
Atrial Fibrillation
P.A.D. -Peripheral Arterial Disease
Carotid Arteries
Thyroid
\$150.00

Abdominal Screening

Abdominal Aorta
Gallbladder
Kidneys
Pancreas
Spleen
Liver
\$150.00

BP, pulse, and blood oxygen saturation level FREE with all screenings.

Best Value: All 11 Screenings - \$185 (AVE \$115)

Call: **800-770-0240** to make an appointment



PIE & COFFEE

Before Kids Unlimited

Thursday, December 22nd
6:00 pm in the Rec. Hall
Tickets: \$3.00

KIDS UNLIMITED

Kids Unlimited is a non-profit performing group for children and teens that has been part of the Tucson community for 25 years. With a primary purpose of providing Tucson youth with an opportunity to exhibit their individualism through the performing arts. They strive to build confidence and self-esteem in all of their young performers. The show will feature 8-12 young performers ranging from the 8-18 years of age.

Pie and Coffee, sponsored by the Radio Club, will be available from 6:00-6:45 pm in the Recreation Hall just before the show. Please buy your tickets early!

Join Kids Unlimited on **Thursday, December 22nd** at **6:45 pm** in the **Auditorium**.



Pancake Breakfast

Saturday, Dec. 3rd & 17th
7:00-9:00 am
Auditorium
Tickets: \$3.00

FOOD BANK

Every year the residents of Rincon Country West have been so generous with their donations to our local Food Bank.

We are asking once again for residents to donate! Green donation bins for your contributions are located outside the Auditorium for non-perishable items. All donations will be taken over to the food bank Friday, December 16th.

Another way to contribute is to donate a monetary value of your choice. If you chose to donate money please bring cash or check to the Activity Office. Checks to the food bank should be made out to Tucson Community Foundation.



TOYS FOR TOTS

Each year the generosity from our family here at RCW makes many children happy by donating to the Toys for Tots program.

We are collecting new toys that will make Christmas a bit brighter for children less fortunate than our own children and grandchildren.

If you wish to donate a new toy, please bring it into the Business Office. The toys will be turned over to our local Fire Fighters who in turn will distribute the toys. The deadline for the toy collection is Friday, Dec. 16.

Thank you for your generous donations. Your gift will make a lot of children very happy on Christmas morning.

Seminars

AARP DRIVING COURSE

There will be an AARP Driver Safety Course offered at RCW on **December 7, 2011** from **8:30 am -12:30 pm** in the **Rally Room**. The fee for **members is \$12.00** and **\$14.00 for non-members**. Please pay ahead of time at the Activity Office. Certificates will be awarded upon completion of the (4) four hour course. These certificates are good for three (3) years and many insurance companies offer a discount on your premiums for completing the training. Contact your insurance agent to find out if they will discount your premium.

The purpose of the course is to make adjustments for our changing automobiles, highways and our age, therefore extending our safe driving years behind the wheel.

AMERIPRISE SEMINAR

While you are retired do you know . . .
How much income you'll get every year?
How long it will last?
If it can grow?

People just like you are beginning to ask these questions. Join me for a free seminar. We will discuss options for turning your retirement savings into lifelong income. We will discuss the merits of income from CDs, government bonds, equities, and variable annuities.

In this free seminar, we'll discuss why this is important and how to position yourself for potential growth as you navigate your way through retirement.

Wednesday, December 14th at 9:00 am

Place: **Recreation Hall**

Tickets: **Complimentary** from the A.O.

Hosted by: Bob Burns CFP, Financial Advisor

SKYMED HAPPY HOUR

Thursday, Dec 8th at 4:00 pm in the Auditorium

Sponsored By SkyMed, featuring wine, soft drinks and cheese and valuable information.

Everyone is Invited, free tickets in the Activity Office.

SkyMed: Don't wait until you need it!

VERIZON SEMINAR

A representative from Verizon Wireless will be holding a seminar about Droids, iPhone, Mobile Internet, and Tablets. They will be bringing in demo equipment to show the latest and greatest offering Verizon has. Grab a complimentary ticket from the Activity Office and meet them in the **Rec. Hall** on **Wednesday, Dec. 7th at 9:00 am.**



JUDY FRIED

The subject of this month's column is long time resident and maven of both the Pottery and Ceramic Shop and the monthly wine tasting, Judy Fried. Judy has strong ties to Tucson, with much of her family having lived here at one time or another, and a son born here in 1952. Judy was born and raised in Minneapolis, MN, where she met and married her late husband George.

In 1950, Judy joined George, who had enlisted in the Army and began 30 years of Army life. Judy and George had four children, two girls and two boys. Since George started his Army life as an enlisted man, Judy recalls they started married life "in poverty." He later went to OCS and finances got better when he became a commissioned officer. Judy recalls that every time George left for a one year deployment by the time she returned home from seeing him off, some major appliance would have failed.

George retired from the Army as a Lieutenant Colonel, and then went to work for a wine and cheese company in Williamsburg, VA. His new job started a whole new chapter in their life — visiting the many wine regions of the United States, Canada and Europe. It is during that time that Judy gained her vast knowledge of wine.

In 1983, George again retired and they sold their house and became full time RV'ers in an Airstream travel trailer. They traveled the country, but seemed to always end up in Arizona. In 1987, they were attending a rally where Doreen and another woman were handing out brochures about a new park called Rincon County West RV Resort. Judy took a brochure and, after George had a heart attack, they bought a park model and, in 1990 moved to RCW full time.

Judy took several classes in ceramics and pottery from Tucson Parks and Recreation, eventually becoming a teacher. Judy and George were season ticket holders to the Tucson Opera and enjoyed the theatrical presentations at the U of A. George was very active in park activities especially Villageaires and Play Crafters. George passed in 2004.

Judy continues to be a regular at local theatrical performances, craft shows and at the opera. She loves to travel and has visited Europe every year for the past several years, but not this year.

When asked about what she likes about RCW she had a simple answer — the people. And she added that she has a simple rule in the Ceramic Shop, "If you can't be nice, and aren't willing to help others, don't come in the door."

Wine Tasting
Sunday, Dec. 11th & 25th
4:00 pm in the Rec. Hall
Tickets: \$4.00
Bring 2 glasses & snacks!!

HOLIDAY OFFICE HOURS

Dec. 24th (Christmas Eve) 8:00am-noon
Dec. 25th (Christmas Day) Office Closed
Dec. 31st (New Years Eve) 8:00am-2:00pm
Jan. 1st (New Years Day)
Front Office 10:00am-3:00pm
Activity Office Closed

VISTING GRANDCHILDREN

All guests must be registered with the front office and all children should be accompanied and supervised by the resident.

Children over the age of three are welcome to use the pool between noon and 4:00 pm from Sunday, December 18th, to Sunday, January 1, 2012

Ice Cream Social
Thursday, Dec., 29th
6:00 pm in the Rec. Hall
Tickets: \$3.00
Bring your own bowl & spoon

HOWL-O-WEEN WINNERS

We had a furry, fun time at the HOWL-O-Ween Doggie Parade! Thank you to everyone who came out that morning. A special thanks goes out to our volunteers who helped plan, prepare, judge and clean up!

Our doggies were dressed to impress! All the scores were close however the winner of the Howl-O-Ween contest was **Furbe**, "owner" of Charlie Conklin. Furbie is a white Akita but during Howl-O-Ween he was spray painted and dressed as an angel!

Second place went to **Buddy**, "owner" of Brenda Grimes. Buddy is a black and silver Yorkie Poo. Buddy was the horse for the headless pumpkin man.

Last, but not least, **Boo Boo** came in third place. "Owner" of Shirlie DeFoe, Boo Boo is a black and white Shitzu who dressed as a pirate.

Other fabulous contestants were: **Casper** as a little fireman, **Bama** as a beach bum, **Porter** as a pirate and **Cookie** as Joe Arpalo,

We thank all who came out to support the 5th Annual Howl-O-Ween at RCW!



HALLOWEEN DANCE

Costume Contest Winners

Two's Company kept us moving with a number of great hits and boy did we have a hoot'n holler'n good time! A warm thanks goes out to the decorators who set up and decorated for the dance, along with our judges, ticket takers, contestants, and participants.

We thank everyone for coming out that night and lighting up the dance floor! We look forward to seeing you again next year!

POTLUCKS

"Hatti's Pot luck Supper Room"
(Rally Room)

- Dec. 12 Cactus Quilters Pot Luck
- Dec. 12 Garden Railroad Pot Luck

- Jan. 1 Solos' Social Hour
- Jan. 10 "Q" Street Social Hour
- Jan. 11 "G" Street Pot Luck
- Jan. 12 "I & J" Street Pot Luck
- Jan. 15 Solo's Pot Luck
- Jan. 16 Digital Imaging Pot Luck
- Jan. 18 Garden Railroad Pot Luck
- Jan. 24 Villageaires Social
- Jan. 26 East Coast Pot Luck
- Jan. 28 Red Hat Brunch

- Feb. 5 Solos' Social
- Feb. 6 Ohio Pot Luck
- Feb. 7 Kansas, Missouri, Oklahoma
- Feb. 9 Iowa, NE, N D & S D
- Feb. 10 Tennis Pot Luck
- Feb. 11 Tucson Garden Railroad Social
- Feb. 13 Oregon Pot Luck
- Feb. 14 Michigan Pot Luck
- Feb. 15 Wisconsin Pot Luck
- Feb. 16 Washington, Alaska Pot Luck
- Feb. 16 Minnesota Pot Luck
- Feb. 18 "G" Street Pot Luck
- Feb. 19 Colorado Pot Luck
- Feb. 19 Solos's Pot Luck
- Feb. 20 MT, ID, WY Pot Luck
- Feb. 21 "R" Street Pot Luck
- Feb. 22 "I & J" Street Pot Luck
- Feb. 23 Habitat for Humanity Pot Luck
- Feb. 25 Canadian Pot Luck
- Feb. 27 Hikers Pot Luck
- Feb. 28 Villageaires Social
- Feb. 29 Illinois Pot Luck

- Mar. 1 "I & J" Street Pot Luck
- Mar. 3 Monday Golf Group
- Mar. 4 Solo's Social
- Mar. 5 Genealogy Pot Luck
- Mar. 7 "F" Street Pot Luck-Both sides
- Mar. 8 Shuffleboard Pot Luck
- Mar. 10 Men's Golf Recognition Event

- Mar. 12 "S" Street Pot Luck
- Mar. 13 "Q" Street Pot Luck
- Mar. 14 Bowling Banquet
- Mar. 14 Computer Club Pot Luck
- Mar. 15 Garden Railroad Pot Luck
- Mar. 16 Tennis Pot Luck
- Mar. 18 Solos's Pot Luck
- Mar. 18 Split "P" St. Pot Luck
- Mar. 21 "O" Street Pot Luck
- Mar. 22 Playcrafters Pot Luck



CHRISTMAS COOKE EXCHANGE

Friday, Dec. 16th at 3:00 pm in the Auditorium.
Get out your favorite Christmas cookie recipe and whip up a batch or two for our Christmas Cookie Exchange.

The way this works is that you bring 4 dozen **HOMEMADE** cookies of one variety (no cheating with store bought stuff).

Three dozen cookies will be exchanged with the cookies brought by others. This way you take home almost as many cookies as you brought. The last dozen everyone gets to munch on with a beverage that we will supply.

Be sure to bring your recipe to share with others.

The girls in the office will be your hosts. Sign up in the Activity Office.

KMJ Business Graphics

is looking for advertisers.

If you know of any small businesses that our residents may be interested in, please have them call

520-792-3815

Please support your local businesses!!

SQUARE DANCING

It is great to see so many square dancers back for the winter and we continue to welcome dancers from all over the Tucson area. All dances and classes are casual except the Wednesday night PLUS Dance with Rounds when square dance attire is requested.

Sunday: 7:00 pm Mainstream with Review in Aud.

Monday: 10:00 am PLUS Donut Dance in Aud.
7:00 pm Beginner Lessons in Rec. Hall

Tuesday: 10:00 am A-1 and A-2 workshop in Aud.
1:00 pm PLUS Review in Aud.

Wednesday: 9:30 am Beginner Lessons in Aud.
7:00 pm Pre-Rounds in Aud.
7:30 PLUS Square Dance with Rounds in Aud.

Thursday: 9:30am PLUS DBD (Dancing by Definition) in Rec. Hall

There will be no beginning lessons the week of December 18 but we will resume January 9. Other dancing will continue the week of December 18 through December 22 and resume January 9 for the New Year.

Schedules are available in the RCW Activity Office or at any of the dances.

Marshall Flipppo, Lot 129
520-294-6490

LINE DANCE

Come to Carol Bandy's weekly line dance class held on Thursday mornings in the Auditorium from 8:30-11:00 am. It's a great opportunity to not only get some good exercise for both the body and the mind but also it's a super way to make new friends and renew old friendships. The class fee is \$5.00 and the schedule is as follows:

8:30-9:00 am: Line dance basics are offered for first-time line dancers

9:00-10:00 am: Beginner dances are taught.

10:00-11:00 am: Advanced Beginner, Easy Intermediate dances are taught.

Our free Saturday line dance practice and review sessions are again being held in the Rec. Hall on Saturday mornings from 10:00 am to 12:00 noon. Don't forget the afternoon line dance on Sunday, December 18th from 1:30 pm - 4:00 pm. Bring snacks and beverages if you so desire. The cost is \$6.00 and you pay at the door.

DANCE A ROUND

With Ronnie & Bonnie Bond

We have been having a great time seeing old friends and making new ones. Classes are going great. Please pick up a schedule in the office or see us in the Auditorium on Monday, Tuesday and Wednesday.

The beginners class is open to new students on Tuesdays at 3 pm. Sunday, Dec 11 at 3 pm we will have our all level "Holiday Party/Dance". Please bring goodies, finger food and dress festive.

We are planning to have a dance on Sunday, Jan 1, New Years afternoon. Details to be announced. Merry Christmas and Happy New Year to all of you!!!

See you a-round!!
Ronnie & Bonnie

AMBASSADOR CLUB

The Ambassadors welcome newcomers every Tuesday morning at 9:00 am in Card Room 2. Come in to get acquainted with RCW. You will also learn about the Tucson area, how to find a hospital or urgent care clinic, grocery stores, malls, restaurants, and the interesting sights of the area. We will try to answer any questions you may have.



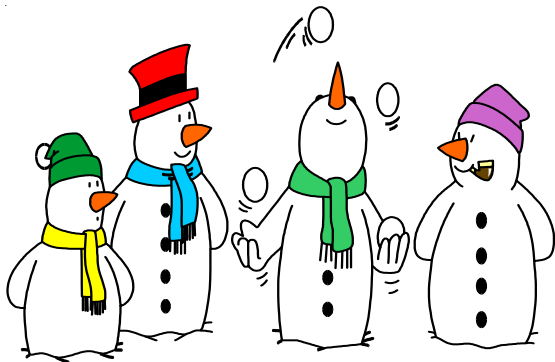
OLAN MILLS

We will be making a photo directory this year and Olan Mills will be here taking pictures December 13th - Dec. 17th and January 3rd -7th in the Rally Room. If you have already signed up, please report to the Rally Room at the time of your appointment. If you haven't signed up there are still openings!

There are two options for signing up and picking an appointment date/time.

1. You can sign up online by going to:
<https://signup.olamills.com/familyinfo.aspx?chcontract=65158>
2. Come on into the Activity Office and pick a time on the sign up sheet. Have a couple dates and times in mind in case your first pick is taken.

Remember, the only way to get a picture directory is to have your picture taken.



FREE MOVIE

Water For Elephants

Join us for a free movie, Thursday, December 29th in the Auditorium. The free movie is right after the Ice Cream Social so grab some ice cream and head on over!

Water for Elephants Movie Description: Against all odds, a veterinary student and a beautiful circus performer from a bygone era, meet and fall in love through their shared compassion for a special elephant. But their secret romance incurs the wrath of his volatile husband.



ANGEL TREE

The Angel Tree program is sponsored by the Salvation Army, and gives individuals the opportunity to purchase toys or clothing for needy children, and special gifts for senior citizens at Christmas.

Angel tags stating "boy" or "girl", age, clothing sizes and toy preferences are placed on a Christmas tree in the office of the Activity Director. You may pick one or more Angel tags, purchase gifts for the child or senior and return the gifts and tags to the Activity Office. Please do not sign the gift tag if the gift is for a child, as the gift is to be from the parent(s). Please do NOT wrap the gifts.

The cost of the gifts generally run approximately \$15.00 to \$20.00. If that's more than you care to spend, you may want to share the cost with a friend or donate to our Toys For Tots program.

YOU can make a difference in the lives of these children. Your generosity is very

J.A.U.N.T.

Journey Among Urban
and Native Territory

NONCREDIT Pima Community College
Continuing Education - Noncredit

- 12/01/11 - Benson to Wilcox: Railroads and Outlaws Tour
- 12/02/11 - St. Anthony's Monastery and Olive Creek Mill
- 12/06/11 - Apache Pass, Butterfield Overland Stage Trail & Ft. Bowie
- 12/06/11 - Exploring Tucson Neighborhoods: Focus on North by Northwest
- 12/13/11 - Exploring the Natural and Cultural History of Chiricahua National Monument
- 12/13/11 - Frank Lloyd Wright's Taliesin West & Arizona Culinary Institute
- 12/20/11 - Black Hills Backcountry Scenic Byway and the Gila River
- 12/20/11 - Travel the "Real" Apache Trail

Further information and prices and times available at www.pima.edu/continuing or call (520) 206-6579 or in the Pima Community College Catalog.

I went on a ghost and mining town excursion with J.D. Dell and it was outstanding.

Jan Hedgpeth, 741-9565



There will be 2 wine tastings in December, and yes, that means there will be one on Christmas Day. Tickets are on sale at the Activity Office for \$4.00 each. We will be tasting on Sunday the 11th as well as the 25th in the Recreation Hall starting at 4:00 pm. The wine will be waiting for you, all you need to bring is 2 glasses, some goodies to share, and your ticket. Join the fun.

Judy Fried 294-2879

ADVERTISERS

Ads in this newsletter are paid Advertisements. Advertisements or Sponsorships should not be considered an endorsement by Rincon Country RV Resorts.



SAVAHCS VOLUNTEERS NEEDED

Our Southern Arizona VA Health Care System considers all its volunteers MVP's. It is close by off Ajo and 6th Avenue. You do not have to be ex-military to be welcomed. There are many interesting volunteer opportunities ranging from Shuttle Bus Driver (it is a huge campus), dispatcher (answers phone and assigns volunteers to escort patients, records, prosthetics, bag lunches to busy staff, etc.).

This month we again "Remember Pearl Harbor" on its 70th Anniversary. We particularly honor and thank all veterans for their service. Here at RCW we are fortunate to have two Pearl Harbor survivors, Bill Smith and Joe Bailey. Joe and Adeline went to Pearl Harbor a year ago once again, this time for the dedication of the new visitor center, now part of our National Park Service "Valor in the Pacific—Hawaii." What better way to thank all of our veterans than to try and fulfill President Lincoln's promise "To care for him who shall have borne the battle and for his widow, and for his orphan." For more information see the bulletin board across from the Library or ask me.

Mary E. Hallesy 889-3926.

Clubs

GENEALOGY CLUB

Genealogy Club meetings are held from 7:00-8:00 pm each Monday in Class Room 2 except on or close to holidays. Also some field trips are planned for the season. Please mark your calendar to join us each week for interesting and informative sessions discovering new and exciting ways to explore your roots.

Basically, on the first Monday of the month there will be a short business meeting and then a class covering a beginning genealogy subject. On the remaining Mondays, a speaker will generally be scheduled to lecture or teach a class on a major topic of interest.

For December, the schedule is as follows:

Thursday, Dec 1: Field trip to the Langley Family History Center. We will carpool and leave from the parking lot at 12:30 pm.

Monday, Dec 5: Business meeting and beginners workshop

Monday, Dec 12: A presentation by Barbara Salyer on dating pictures

Monday, Dec 19: A speaker from the Langley Family History Center on how to order and load microfilm

There will be no meetings on Monday, December 26th or Monday, January 2nd. The first meeting in the new year will be Monday, January 9th.

For additional club information, contact Lee Foxworthy at 520-889-0966



JOKERS



We will start to play Jokers on Saturday, December 3rd. The play will start at 6:30 pm in Class Room 1.

Jokers is a board game where you go around the board using cards to tell you the amount of spaces you can move and what kind of strategy you can use. We move around the board using either peps or marbles.

If you don't know how to play, we will be glad to show you. If you already know how, just be advised that we do have our own set of rules that we go by.

We do play with partners, so if you come by, bring a spouse, friend or significant other. We hope to see you there, if you're unsure about playing, come in and observe for a while.

Machine Embroidery

As of this date, Machine Embroidery Group has not set meeting dates for the winter. There is, however, a two-session class being held on December 2 and December 16. We will be making a machine embroidery appliqué table runner. Watch the glass cabinet in the sewing/craft room for more classes and meeting dates.

Any questions please call Bobbie Albright at (520)807-1801.

LOW-IMPACT AEROBICS

Aerobics for seniors began on November 1st with 8 of us showing up, ready to get back in shape, after taking the summer off to do other fun stuff. Now the clock is ticking and the holidays are upon us; so let's get ready to enjoy the season looking and feeling our best.

Come join us for fun, flexibility and fitness. Different DVD's are used daily emphasizing fall prevention, strength building, cardio and balance training.

We meet Monday through Thursday from 7:45 to 8:45 am in the Recreation Hall. Please wear comfortable clothes and bringing 1 to 3 pound weights. On Wednesday we add stretch bands. Come join us!

Any questions?
Call Sue Charlot at: 509-952-5645

RCW OIL PAINTERS

Isn't it wonderful to come back to RCW each Fall, see your friends, meet new friends, paint new pictures, and participate in so many other activities here at RCW. Welcome Back.

This new season, our instructor, Vern Dronen will be teaching two classes each week.

On Mondays evenings, from 6:00-10:00 pm in the Pottery & Ceramics Room, Vern teaches a class introducing new students to landscape oil painting. He currently has three students who are finishing up their first paintings.

On Wednesday afternoons, 12:30-4:30 pm in the Recreation Hall, a class is offered for intermediate and advanced students. We have several very talented artists in this class and we welcome new students to either class. If you have thought you might like to try oil painting, please stop by and check out one of our sessions.

For additional information you can contact:
Vern Dronen, Cell: 509-531-4215 or
Pat McFarlin, Cell: 509-844-3553

SWEDISH WEAVING:

Create a lovely piece for your Holiday décor! Class will be in the Sewing room on Friday, December 9 from 10:00 - 12:00.

Sign up under the display for either the Beginner or Intermediate pattern. All materials will be supplied for both levels, including white and green yarn and red monk's cloth. Should you desire white monk's cloth, contact me. If you prefer different yarn colors, feel free to bring your own washable, 4-ply yarn to class. Class fee will be \$8.00.

Please call me should you have any questions.

Judy Simmel
807-1053



NEEDLEWORK

If you have a needlework project you'd like to complete, or want to start a new one, bring the project and come to the Sewing Room any Wednesday afternoon. We do cross-stitch, knitting, crocheting, bead work, hardanger, you name it. We'll be there from 1:00 to 3:00 pm and would love to have you join us.

Any questions?
Call Adeline Bailey: 294-2728

Custom Gifts and Awards

10% DISCOUNT
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HOLIDAY SPECIAL!!

Erika R. Jansen
(520) 790-7506
(520) 790-7571 Fax

5641 E. 22nd Street
Tucson, AZ 85711

Website: www.DesignEtchingandAwards.com

TOPS

Have you seen our new meeting room? Card Room 2, formerly known as the Lounge, it is beautifully decorated! Come look us over and possibly join us for weekly learning, support and fun concerning nutrition, portion control, food choices, etc.

TOPS (Take Off Pounds Sensibly) is a non-profit organization designed to help men and women take off pounds sensibly and to keep off pounds sensibly. A special note: if you have been thinking about joining us come soon, the annual dues are going up \$2.00 as of January 2012. Dues will be \$26.00 for December and will be going up \$28.00 in January.

We have a group here at Rincon Country West that meets every Monday morning in Card Room 2. The meeting starts at 7:30 am with weigh-in for members at 7:00 am. Officers begin weigh-in at 6:45 am.

Joy Fehrenz



CERAMICS AND POTTERY

Ceramics are poured on Tuesday mornings at 9:00 am with Jan. On Wednesdays you will remove your piece from the mold and get it ready for the kiln. Jan is available to teach and help at 9:00 am on Wednesdays. There are lots of molds for you to choose from and lots of friendly people to keep you company.

Pottery starts with wet clay and your hands, the clay can become almost anything you can think of. Judy is there to help on Thursdays at 9:00 am and to teach any beginners after lunch at 1:15 pm. Friendly people play with the lovely clay too.

Judy Fried 294-2879 and Jan Mulvaney

HABITAT FOR HUMANITY

Mark your calendars for Thursdays after the first of the year and watch the board near the office for further info. The Habitat for Humanity group leaves about 7:30 am and are back mid afternoon. All are welcome to be partners with the Tucson Habitat for Humanity that helps families have homes. The last three years our group has been doing re-hab work getting six houses ready for new owners. If you are interested in working on new construction with the affiliate, call the Tucson HFH Office Volunteer Coordinator. The Habistore (resale) is also looking for additional volunteer help.

Questions: Gerry Keener
520-889-4184, 227E



RCW ACOUSTIC JAM

If you are a keen acoustic musician of whatever level - beginner through accomplished pro - on any acoustic instrument (including voice if you don't play an instrument but just love to sing), we would be glad to have you join us for a weekly acoustic jam session.

We will gather in the Rec Hall on Tuesday's from 3:00-5:00 pm. This will be a true jam session, meaning that our musical choices will be those of the participants, you, so feel free bring along your favorites - folk, country, old-time, bluegrass, even classical if that is your wish.

With sufficient interest, we hope to be able to keep this going and growing on a regular basis from November through March.

If you are interested please let us know. We hope to see you Tuesday.

Ken and Sharon Burrill
RCW Site 1051
kenburrill@me.com

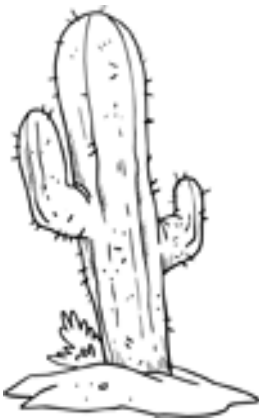
RCW RED HATS

The Sunbird Red Hats finished the summer with an Oktoberfest potluck and a live band, dancing and lots of great food. This was open to all RCW residents and was a sellout.

Oktoberfest - October, 2012. The band has been reserved but we need people to sign-up to help with all the details such as ticket sales, band/dancers communications, decorations, purchasing, set-up, clean-up, etc. If you can help, please contact Jan Hedgpeth. If we don't have volunteers we will have to cancel this great end-of-summer event.

December Social Hour will be Thursday, December 8th from 5:00-6:30 pm in the Rec. Hall. All Red Hats and spouses/friends invited. Any lady that would like to join a Red Hat Chapter, please come. Bring your own beverage and an appetizer to share.

January Pajama Potluck Brunch will be Saturday, January 21st from 11:00 am to 1:30 pm in the Rally Room. Bring your own beverage (coffee and ice will be provided) and a brunch dish to share.



DESERT EXPLORERS

We're on the trails sharing the desert with friends. Come join the Desert Explorers on Wednesdays. We meet in Class Room 1 at 7:15 am. Put on your boots, bring a hiking stick, water, snack, and money to share the cost of driving.

For questions about Wednesday hikes contact Jerry or Nancy Paulson at 295-0196.

BICYCLE CLUB

The RCW Bicycle Club meets each Monday morning at 9:30 am, and each Friday afternoon at 1:00 pm at the parking lot behind the Woodshop.

Monday rides will be on bike trails or roads with little traffic and are 8-14 miles (round trip) in length at an easy pace, about 10 mph - and no one is left behind. The rides may require the transportation of riders and bikes to and from the starting location. As sufficient transportation for all the bikes may be in short supply, trucks or other vehicles that can carry a number of bikes will be much appreciated as we don't want to leave anyone behind.

Friday rides are for more experienced riders who are comfortable with street riding, and will leave by bike from the park, biking on South Mission Road and other busy streets. Rides will be 25 miles plus in length at a pace of about 14 mph.

A coffee stop is mandatory for both Monday and Friday rides! For more info about upcoming rides and schedules join goggle group "RCW bikers" at <http://groups.google.com/group/rcwbikers>, or check the bulletin board outside the Activity Office.

Helmets and signing a waiver release form are required.

Contacts: Dave and Marilyn Fitzjohn
H543, (520)440-7689



HAM RADIO



If you are interested in Ham Radio, join us on Wednesdays at 11:00 am in Class Room 1. We can help you get your license. And, if you already have a license, we would like you to join us and check out our shack.

BIRD CLUB

Welcome to all birders. Join our group each Friday morning for an enjoyable bird outing. Everyone is welcome, including novice birders. Bring water, lunch and/or snacks, binoculars and a bird ID book to each outing. We meet in Class Room 1 (see times below). If you are new to birding, experienced birders will help you and answer your questions.

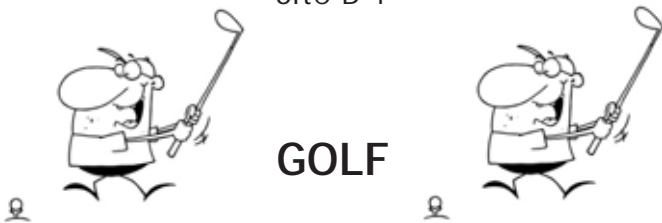
Friday, December 2nd,—7:00 am, Whitewater
Draw and adjacent grasslands

Friday, December 16th,—To be announced

Friday, December 23rd :—No Outing

Friday, December 30th 7:30 am, Agua Caliente
Park

Charlie Kvoool
Rincon West Bird Club President
charlie@kvoool.com
Site B-1



Well, it's December and so far we have had good attendance at all of our outings. Our courses for December hold quite an array of challenges. We start off with forty-niner, followed by Canoa Hills, Arizona National, Quarry Pines and Tubac. They should be a lot of fun.

I would like to remind you that starting November 29th the Tuesday group, headed by Rea Hane, starts play. You can sign up for this group in the Coffee Room. This group is open to all park residents, so sign up and enjoy a day on these outstanding courses.

I would like to take this opportunity to thank Darryl Philmlee and Steve Hane for their willingness to help me out with the Thursday group.

Have a great Holiday Season.
Pat Mulvaney

WOODCARVING

Come join the fun and learn the art of woodcarving. You will be surprised at your hidden talent. There is a beginner's table with plenty of help from experienced woodcarvers.

We meet every Monday at 12:30 pm and Thursdays at 1:00 pm in the Rec Hall. Both sessions end at 4:00 pm. There is an annual membership of \$5.00. There are tools and lots of cutouts for sale to get you started.

Stop in and talk to the woodcarvers and find out if this hobby is right for you.

Diane Evans

CACTUS QUILTERS

Welcome quilters. Cactus quilters meet every Monday morning from 9:30-11:30 am at the Recreation Hall. We have guest speakers, demonstrations and show and tell. Please come and join us.

This season, one of the fun projects we will be working on is a Row Robin Exchange. Come and find out what this is all about.

Claire Mc Naughton is working on arrangements for a bus to the Phoenix Quilt and Sewing Expo on Thursday Jan. 26th. Set this day aside and get ready for a fun day in at the Quilt and Sewing Expo.

The last Monday of the month, instead of a meeting, we have an outing to a quilt shop followed with lunch at a local restaurant. This past month we had lunch in Green Valley and then went to the Quilters Desert Patch shop in Sahurita. It was a great afternoon and a chance to reconnect with our quilting friends and shop for fabric. Please join us on Monday mornings.

Becky Andrews #609
541-517-6990

TABLE TENNIS

We are looking for new people to join our Table Tennis group. Come join us for fun and exercise. We have all the equipment, so "come on in" the Rec. Hall every Sunday, Tuesday, and Friday from 1:00-3:00 pm.

Please note that on Friday, December 16th we will play from 11:00 am to 2:00 pm.

Ned Bell
294-1180

CREATIVE SCRIBES GROUP

Tell it like it was—or at least how you remember it. We all have stories to tell— memories of your childhood, school days, college, career, siblings, older generations, your children, friends, or events.

What about the "firsts" in your life? Your first car, job, vacation, RV trip—or your first attempts (successful or otherwise) at driving, skiing, sky diving, cooking, or painting. Nevermind the "bucket list"—try making a list of the times "once is enough".

It's amazing the insight you can gain into yourself by writing your story. It's surprising what others (like your grandchildren or great grandchildren) can learn about you—not only from what you remember, but how you tell the story.

Come join us every Wednesday from 1:00-3:00 pm in Class Room 2. It's not only fun—it's enlightening and worthwhile. Hear other peoples' stories and share yours. Help is available, as little or as much as you want. No class fees are involved. After all, the best things in life are free.

If you have questions, call:
Marilyn Cass at (520) 573-7180
Lot 1080 Nov-April or
Terry O'Brien at (703) 508-7672
Lot 1029 Jan-March

SOLOS

We welcome all single new comers to our park. If you are single and would like to meet other singles with the same desire for friendship join us on the first and third Sundays of the month in the Recreation Hall.

Our gatherings for December are as follows;

Solos' Social is on Sunday, December 4th in the Recreation Hall at 5:00 pm. B.Y.O.S and snacks to share. Coffee and Tea will be available.

Solos' Potluck is on Sunday, December 18th at 5:00 pm in the Recreation Hall, B.Y.O.S. Coffee and Tea will be available.

Please watch for up-dates and sign up sheets in the Coffee Room. Sheets for the Christmas table will be posted.

Carl Stubbington



MACINTOSH USER GROUP

The RCW Macintosh User Group, Apple Computer Club, meets each week on Tuesday afternoons from 1:00-3:00 pm in Class Room 2. Bring your Mac laptop to the meetings to learn more about the interesting world of Apple computers. Our instructor, Allan Schreiber, will begin holding formal classes on Dec. 20th and will be available to answer questions at that time. We won't meet again until Jan. 3. Watch for the monthly Villager article that will list the weekly class topics covered throughout the winter. If you need help with your Mac, someone will be able to help you or direct you to where you can get help.

For further info contact:
Martin Rathbun at 520-806-1303
Allan Schreiber (after Dec. 17th) 520-889-0998



SEWING & CRAFTS ROOM

Offers Classes and More

We are filling up our calendar in the Sewing and Craft Room with a variety of classes and club meetings. Come check us out! You'll find quilters, papercrafters, knitters, embroiders and more. All groups welcome newcomers.

Here are a few tips about the room.

SIGN UP FOR A CLASS: If you would like to take a class, check out the samples in the glass cabinets, and sign-up on a clip board below.

TEACH A CLASS: If you would like to teach a class, contact Sally McFarlin in space 654-L. She will help you with scheduling and paperwork.

WORK ON YOUR OWN: If you want to work on your own in the room, you may do so anytime the room is not scheduled for a class, meeting, or other activity. Check the large calendar by the south door to find these free times. Typically, weekdays after 4:00 and weekends are open. Other times may be too. Then go to work! Please note that all tools, machines, and equipment **MUST** remain in the room.

DONATE ITEMS: If you have craft or quilting items you no longer need, feel free to put them in our "Free" bin for others to have. But **PLEASE**...no household or kitchen items...find another use for those!

COME TO A BOARD MEETING: The Sewing and Craft Room is governed by its own board, which usually meets on the first Wednesday evening of each month (check the calendar for specifics). All room users are welcome (and encouraged) to attend. Officers this year are President Ruby Burrows (604); Vice President Sue Mattson (458); Secretary Sally McFarlin (654); and Treasurer Sonja Bridges (726).

RCW THURSDAY HIKING CLUB

For those of us who love hiking, there's nothing more inviting than the many trails through the canyons and valleys all around Tucson - and beyond! Join us on Thursday mornings ; you are guaranteed to enjoy great views and lots of memories while getting a terrific workout. Early mornings may be cool but can warm up quickly so make sure to wear layers to maintain comfort. Good hiking footwear, walking sticks, water and a snack are strongly recommended. If you don't wish to drive your own vehicle, you may join other drivers; you will be asked to share the cost of gas. We meet at 7:15 am and leave at 7:30 am. The proposed (but changeable) list of hikes for December is included below. A complete and more detailed list of hikes for the fall is posted outside the Activity Office.

- Dec. 1: Josephine Saddle (Moderate/Gas charge: \$8)
- Dec. 8: Romero Pools (Moderate/Gas charge: \$5)
- Dec. 15: La Milagrosa Ridge (Difficult/Gas charge: \$10)
- Dec. 22: Seven Falls (Difficult/Gas charge: \$5)
- Dec. 29: Atascosa (Difficult/Gas charge: \$10)

Reminder: 7:15 a.m. RCW Hikers Meet in Class Room 1 off the main parking lot.

KNIFE SHARPENING

To Benefit The Food Bank

Rincon Country resident, Jim Haack with Shear Magic, will be sharpening knives on Friday, January 6 in the Rec Hall. Sharpening will start at 8:30 am. Please bring your knives in a rolled up towel with a slip of paper with your name and lot number.

Any knives not picked up before I finish will be left on the counter. Be sure to wash your knives before using.

A donation jar will be on the table. Last year I sharpened 168 knives and thanks to the generosity of Rincon Country residents, \$500 was donated to the food bank.

LIBRARY NEWS

It is good to see so many people checking out our 'newly upgraded' Library. Thanks again to the many Volunteers who got the books back on the shelves. And a BIG thanks George O'Leary for making it possible.

Once again, let me remind you all of the Library guidelines. The Library is staffed by Volunteers. Our books and magazines are given to us. Books are accepted if they are not older than ten years for general fiction, three years for Romance and nonfiction books. We look at several areas including their uniqueness for our patrons (do our readers usually pick-up books of this type). If you have donated books but do not see them, be assured that someone else has taken them home to read, or that we have passed them on to a bigger reader audience.

Here is a quick Library 101. If you are looking for a particular author and can only find him/her in General Fiction, but you know that they also write mystery, look in that section also. There are many authors who write several genres, like Grisham (non-fiction, Mystery, general fiction), Nora Roberts, Macomber (Romance, General Fiction), Cussler (Military, Mystery, Parker, and many more. We classify them mainly by a publishers designation. Wish we had time to read each book, but sadly, that isn't possible.

Soon we will have the labels back in place to aid you in finding 'the book' you are looking for.

The newspapers are being donated to the Library by a club and they need to stay in the Library for our patrons. Please do not remove any apart of them.

The Fantasy/Science Fiction (with a Black label) has grown so much we have moved that section to the three lower shelves below the General Fiction (which are marked with blue label). We hope you enjoy your Library! See ya around.

Marti Fox

GARDEN RAILROAD CLUB

The RCW Garden Railroad Club meets on the first and third Wednesdays of each month in Class Room 1 at 3:00 pm. This month, meetings will be Dec. 7th and Dec. 21st. We wish to extend an invitation to anyone interested in joining. Come to our meetings or stop by the RCW Garden Railroad layout located at the end of the boulevard and talk to our members.

Trains will begin running in December! Park residents can always check the train schedule posted at the layout to learn when trains are running. This season our projects include the addition of a second water feature and more "characters" inhabiting the layout.

Our trains will be making their annual Christmas Eve "run." Come on out, join the fun and see our special Christmas trains! This winter we will have a "trainathon" and night running train events. Look for us at the "Spud Out" (in January), and our Western B-B-Q (in February). All money raised is used to upgrade and maintain the Garden Railroad layout.

The club would like to thank park residents for their words of encouragement and advice as our members work at the layout.

RCW COMPUTER CLUB (PC)

Hi to all the geeks, semi-geeks, casual geeks and just people who just want to learn more about their computers and what they can do.

The first meeting of the 2011 - 2012 season will be Wednesday, December 7. We meet every Wednesday until the end of March. Meetings are in Class Room 2 at 7:00 pm. MAC users are always welcome too.

We're planning a fun and informative season with both outside and internal program presenters. We look forward to seeing you there.

Dave Starnes, 215-353-7672
dstras@aol.com

SAVE THE DATE

February Quilt Show

The Cactus Quilters will be exhibiting quilts, wearable art, and home décor items at our annual quilt show on Saturday afternoon, February 18. Everyone in the park is welcome, so post it on your calendars now.

We are pleased to announce that nationally known quilt and sewing expert Sue Hausmann will be our featured speaker this year. She is the hostess of the popular PBS TV shows "America Sews" and "America Quilts Creatively." You will also be able to shop for hand-made items and quilting fabric at our boutique.

More details to come, for now, post the Quilt Show on your calendars for February 18, 2012.

DIGITAL IMAGING CLUB

This is going to be a new exciting season. If you love taking pictures/video, you will enjoy this club. We have weekly meetings filled with classes on computer programs for photography, hints for picture taking and a few field trips for fun.

The club has something for everyone from beginners to beyond. Photography is a great hobby so come to share or learn something new.

We are going to have our 5th annual Photo Contest again this season. Start looking for your favorite photos to enter! More information will be announced on the categories and details in the coming months.

Weekly Meetings are Mondays in Class Room 2.

Video 1:00-3:00pm

Camera 3:00-5:00pm

Hope to see you there!

Beckey Douglass

Club Secretary

COMFORT QUILTS

The Comfort Quilt Group is back for the season and busy completing quilts to be delivered before Christmas.

Many of our dedicated quilters have brought back quilts and quilt tops they worked on this summer. As a result, we have a head start on completing quilts for our veterans, the hospice and the women and children at Emerge Women's Shelter and of course our RCW residents with health issues.

We meet every Thurs. from 9:00 am-3:00 pm. If you have an interest in sewing or tying quilts, you are more than welcome to join us for an hour or all day, whatever your time allows.

To give you an idea of how dedicated our quilters are, these are the statistics from our 2010-2011 season. We completed and delivered 253 quilts to the following organizations: Heartland Hospice, Emerge Shelter, Veterans Hospital, Diamond Children's Hospital, Habitat for Humanity, AZ School for the Deaf and Blind, and RCW Residents.

We especially love to share our beautiful quilts with any RCW resident facing health challenges. Please let us know if you are aware of anyone at RCW in need of one of our Quilts, or let us know through the inner park mail system.

Co- Chairman: Charlotte Baker, # 807

402-490-7929

Jan Anders, # 711, 520-573-0850



LAPIDARY SILVERSMITH

The Lapidary and Silversmith shop is open to all that are interested in learning various aspects of jewelry making . We will be having classes for many forms of jewelry making starting in December. Class signup sheets are posted for Chain Making, Soldering, Silver Smithing, Wire Wrapping, Precious Metal Clay, Casting, Lapidary, and Wax Carving. Descriptions of each class will be posted in the shop.

We look forward to seeing all our returning members along with meeting new people in the park that may be interested in learning a new hobby in jewelry making.

Come join us
Bob Howland

MEDICAL NEWS YOU CAN USE

By Betty Blackstock
CUT RISK OF TYPE 2 DIABETES

A comprehensive study of about 200,000 people has linked meat consumption with diabetes risk. Substituting nuts, whole grains or low-fat dairy such as yogurt or cottage cheese for one daily serving of meat can reduce your risk of type 2 diabetes by up to 35%. On the other hand, the study reports that eating just 4 oz of red meat daily boosts your risk of developing diabetes by almost 20%! Processed meat was linked even more strongly to added risk, with a daily serving of just 2 oz - (about one hot dog or sausage, or 2 strips of bacon) - associated with a 51% greater likelihood of diabetes.

Other studies have linked meat consumption with diabetes risk, but this is the first to also calculate the benefits of eating low-fat dairy, or plant proteins such as nuts and whole grains instead. Even opting for poultry or fish in place of red meat and processed meat was found to reduce the risk.

How much meat is too much? Limiting processed meat to one serving a week and unprocessed red meat to 2 or 3 weekly servings is recommended. A serving of meat is 3 oz or about the size of a deck of cards! Think how today's burgers and restaurant meals are super sized!

The researchers suggested several ways in which meat consumption might contribute to diabetes. The chemical preservatives, such as nitrates, and high sodium content of processed meats can damage cells in the pancreas involved in producing insulin. Red meat is high in "heme" iron, which can contribute to oxidative stress and inflammation.

A TIP FOR THE SEASON: I would like to highly recommend the health presentations of the RCW Nurses. These are very useful and informative, and I personally believe that almost everyone in the park could benefit by attending! I have always learned a great deal. Be sure to take a pad & pencil for note taking!



AROUND TOWN

Researched by Rachel Margolis

Fourth Avenue Winter Street Fair

December 9th-11th from 10 am to 6 pm
Free Admission

Hundreds of arts and crafts booths, food vendors, and performers line the streets of 4th Avenue, between Ninth St. and University Blvd. For more information call 520-624-5004 or visit the web at www.fourthavenue.org.

A Southwest Nutcracker

Saturday December 10th at 2:00 & 7:30 pm
Sunday, December 11th at 2:00 pm

This original, full length classical ballet translates the traditional Nutcracker to Tucson in the 1880's, complete with the battle of the coyotes and the US Cavalry. Travel with young Maria (Clara) and the Nutcracker General over the glistening, falling snow of Mt. Lemmon to a Desert Dream of Chili Peppers, Mama Pinata and the waltzing Desert Poppies. For more information and ticket prices call 520-885-0862 or on the web at www.tucsonregionalballet.org.

Christmas at San Xavier Concert

December 12th - (Dress Rehearsal) 4:00 pm
December 13th -15th - 6:00 pm & 8:00 pm

Patronato San Xavier presents the Sons of Orpheus and the Tucson Boys Chorus in a concert of Christmas music at San Xavier Mission to benefit the restoration and preservation of the Mission. For more information call 520-407-6130 or visit the web at www.sonsoforpheus.org.

Downtown Tucson Parade of Lights

Saturday, December 17th at 6:30 pm

Downtown Tucson's holiday parade of lights and floats features Santa Claus, seasonal music, and a tree lights. Produced by Downtown Tucson Partnership. For more information call 520-837-6504 or on the web at www.downtowntucson.org.

Holiday Spectacular

Saturday, December 17th at 7:30 pm
Sunday, December 18th at 2:00 pm

Tucson Symphony Orchestra and Chorus, Mariachi Aztlan del Pueblo High School, and Tucson Regional Ballet perform at Tucson Music Hall. Music, dance, mariachis, sing-alongs and the TSO Carolers are guaranteed to put you in the holiday spirit! Michael Hall returns to conduct a program of cherished holiday favorites including selections from A Southwest Nutcracker. The holiday extravaganza Tucsonans love! For more information and ticket prices call 520-882-8585 or on the web at www.tucsonsymphony.org.

Ballet Tucson: The Nutcracker Ballet

December 22nd - 7:30 pm
December 23rd - 3:00 pm & 7:30 pm
December 24th - 3:00 pm

Ballet Tucson's larger than life production of The Nutcracker, performed at the Tucson Music Hall, is like no other! Whether you are enjoying it as a family tradition or discovering it for the first time, the magic will resonate long after the curtain comes down. For ticket information, call 800-745-3000 or on the web at www.ballettucson.org.

To find all of these events, plus many more, you can go online to www.visitTucson.org, scroll down to Upcoming Events and click on Complete Listing. Enjoy! <http://www.visittucson.org>.

WOW!!

\$7,850.00

The results of the Food Drive turned out fantastic thanks to the many residents of RCW. Your donations totaled \$2,850.00 and George matched and exceeded that amount with a \$5,000.00 check.

Check out the Rincon Country website: RinconCountry.com to see the details.

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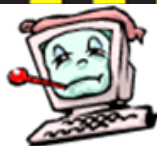
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