

The
East

Villager

The Pulse of Our Residents



Rincon Country® East RV Resort
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November, 2010
Volume 32
Number 2

The Gaslight Theatre presents: "The Secret Santa"

It's the swinging sixties and it's the Christmas season in Merryton, but not everybody has the holiday cheer. Local politician Maxwell Power is out to squash the Christmas spirit in the towns-people.

As usual, Max will stop at nothing to get his way. Luckily, help comes from an unexpected place... a mysterious old toy maker. He and his assistant Candy enlist the help of Reporter Barclay Baxter along the way and are determined to bring Christmas back into the heart of Merryton.

Join us on Thursday, December 9th at 3:00 pm at the Gaslight Theatre for yet another one of their hilarious Christmas stories that will warm your hearts and tickle your toes.

Show starts promptly at 3:00 pm, doors open at 2:30 pm. Tickets are \$18.50 and are available in the Activity Office. Seating is limited, so reserve your seat early so you don't miss out.



Thanksgiving Dinner

Our Annual Thanksgiving Dinner will be held on, November 25th at 1:00 pm in the Auditorium. As always, RCE will be furnishing the turkey, the mashed potatoes, gravy, stuffing and rolls.

Ticket cost will be \$5.00 per person and must be paid for at the time of sign up. Table sign up sheets will be in the Activity Office. All people at the table will sign-up to bring the remaining ingredients to complete the meal. Remember, you will have 8 people at your table so be sure to bring large portions for everyone.

If you are a new resident and would like more information, please stop into the Activity Office. Remember there are no stupid questions. Everyone needs to sign up and purchase a \$5.00 ticket. You are welcome to invite family, including children, but you will need to sign up for one food item (enough for 8 people) for each two guests.

We will have plastic table cloths on each table but if you would prefer, you could put your own holiday cover on. Please feel free to bring your own place settings and table decorations. Each table will be responsible for cleaning up your area.

We are always looking for volunteers to help cook or clean-up. If you are available to help out, please sign up in the Activity Office.

Monday, Nov. 1

4:30 pm **Singles Potluck**
Bring a dish to share
Bring your own service
Meet in the Rec Hall

Wednesday, Nov. 3

9:00 am **Coffee and Donuts**
Bring your cup
Meet in the Auditorium
50/50 by Kokonuts

7:00 pm **Bingo**
Meet in the Auditorium

Friday, Nov. 5

6:00 pm **Ice Cream Sundaes**
In the Rec. Hall
Tickets: \$3.00

Saturday, Nov. 6

9:00 am **\$1.00 pay Coffee by Photo Club**
Bring your cup
Meet in the Auditorium

Monday, Nov. 8

7:00 pm **Dance with Night Hart**
In the Auditorium
Tickets: \$5.50
Beer, soda and ice provided,
BYOB and snacks

Tuesday, Nov. 9

9:00 - 11:00 am **Flu Shots by appointment**
Bring your insurance card
Meet in the Rec. Hall



Wednesday, Nov. 10

9:00 am **Coffee and Donuts**
Bring your cup
Meet in the Auditorium
50/50 by Lapidary

7:00 pm **Bingo**
Meet in the Auditorium

Thursday, Nov. 11

6:00 pm **Special Veterans Day Program by Vespers with the Joint Heirs**
Place: Auditorium

Saturday, Nov. 13

9:00 am **\$1.00 pay Coffee by Library**
Bring your cup
Meet in the Auditorium

Tuesday, Nov. 16

8:00 am **Walk Around Sale**
Take a walk through the park and check out everyone's treasures for sale. Notify the Activity Office by Friday Nov. 12th to be on the Map of the "selling" Stars. Maps will be distributed in the mail boxes on Monday Nov. 15.

Wednesday, Nov. 17

9:00 am **Coffee and Donuts by
Craig Guernsey of Edward Jones**

Bring your cup
Meet in the Auditorium
50/50 by Kokonuts

7:00 pm **BINGO**

Meet in the Auditorium

Thursday, Nov. 18

12:00 pm **Edward Jones Financial Seminar**

“American Legacy Lincoln
Lifetime Income”

Pizza will be served following the
seminar.

Place: Rec. Hall

See written article in this newsletter.

Friday, Nov. 19

8:00 am **Pancake Breakfast by
the Bocce Ball Club**

In the Auditorium
Tickets: \$3.50

Saturday, Nov.20

9:00 am **\$1.00 pay Coffee by Shuffleboard**

Bring your cup
Meet in the Auditorium

Monday, Nov. 22

7:00 pm **Dance with Two’s Company**

In the Auditorium
Tickets: \$5.50
Beer, soda and ice provided
BYOB and snacks

Wednesday, Nov. 24

9:00 am **Coffee and Donuts by
TBA**

Bring your cup
Meet in the Auditorium
50/50 by Sawmill

7:00 pm **NO BINGO TONIGHT**

Thursday, Nov. 25

“THANKSGIVING DINNER”

1:00 pm **Thanksgiving Dinner with Family
and Friends**

Meet in the Auditorium
Bring the dish you signed up for.
Tickets are \$ 5.00 per person

**Sign up early to reserve your table. Tickets
must be purchased at the time of sign up.**



Saturday, Nov.27

9:00 am **\$1.00 pay Coffee by Bocce Ball Club**

Bring your cup
Meet in the Auditorium

Monday, Nov. 29

7:00 pm **FREE Movie: Letters to Juliet**

Auditorium
BYOB and snacks

Flu Shots

Again this year flu shots will be offered in the park. On Tuesday, November 9th from 9:00 am to 11:00 am in the Rec Hall. Please don't forget to bring your ID and insurance card.

Please make sure you have signed up in the Activity Office. Please do not arrive more than 10 minutes early for your appointment.

Dance to the Music of "Night Hart"

Join us in the Auditorium on Monday evening, November 8th at 7:00 pm and listen to the band Night Hart. This band comes highly recommended by one of our own family members at RCE.

Night Hart has been performing together for over 12 years at many different types of venues and play a wide variety of music. Anything from the 50's, 60's and current top 40. Their music style includes easy listening, jazz, oldies and country, Motown and rock n roll. Their music will surely please everyone.

Beer, soda, and ice will be provided. Bring your own snacks. Tickets are \$5.50 and are available in the Activity Office.

Jam Sessions

Every Wednesday at 2:00 pm something really strange happens. From out of nowhere you can hear music. Not just music, music and singing, and laughter too. They sound like they are having so much fun, (and they are).

Everyone is invited to come down to the Rec. Hall and listen, sing or even bring an instrument and play along. There are no professionals, just people out to have a good time. So come on down and join us, rain or shine music always makes you feel better.

Annual Food Drive

Once again it's time to ask your help with donations for the annual Food Bank Drive. Boxes have been placed outside the Auditorium doors to hold your contributions.

As always we appreciate your very generous contributions to help others who are less fortunate have a happier holiday. Let's all enjoy this joyous season of giving.

FREE Movie: Letters to Juliet

When a young American (Amanda Seyfried) travels to the city of Verona, home of the star-crossed lover Juliet Capulet of Romeo and Juliet fame, she joins a group of volunteers who respond to letters to Juliet seeking advice about love. After answering one letter dated from 1957, she inspires its author (Vanessa Redgrave) to travel to Italy in search of her long-lost love, which sets off a chain of events that will bring a love into both their lives unlike anything they have ever imagined.

Join us on Monday evening November 29 at 7:00 pm in the Auditorium. Bring your own snacks and beverages. Sit, relax and just enjoy.

Free Financial Seminar

"American Legacy Lincoln Lifetime Income" hosted by Craig S. Guernsey, Financial Advisor with Edward Jones.

This seminar explains how an American Legacy variable annuity with Lincoln Lifetime Income Advantage can help someone in retirement, no matter what kind of market they encounter".

Please join us on Thursday, November 18 at 12:00 noon in the Rec. Hall to explore this topic. Free Pizza will be served.

Singles Potluck

The Singles Potlucks will continue to be held on the first Monday of each month. Join us in the Rec. Hall at 4:30 for some stimulating conversation with dinner to follow at 5:00 PM. The November potluck will be held on Monday, November 1st. Bring your favorite dish to pass.

If you have any questions, please call Ruthe Fox 886-3651 at site # 343.

Veterans Day Program

Thursday, November 11 is Veterans Day and we have a very special program planned. Again this year the Joint Heirs will be joining us.

They will do several different things to honor our Veterans.

- They will be singing patriotic music by their eleven member singing group.
- Quotes and poems of our founding fathers.
- Songs from each branch of the service.
- Pledge of Allegiance, and much more.

Please join us in the Auditorium and show your adoration and appreciation for those who have so proudly served our country.

Vespers Club and The Road Clean up Crew

Here in our RCE family, Vespers also does the Road Crew clean up on the road immediately in the front of our park. For this we always need more help. The road Crew will be beginning their meetings soon. Won't you please join us and make the road outside the park look as beautiful as the streets inside the Park.

If there are any questions please call Phyllis Tam at 520-955-3673.

Dumpster Dudes

Do you need help getting your trash and or recyclable to the dumpster? Now you can call on the "Dumpster Dudes".

These volunteers will help you if you are unable to make the trip to the dumpsters yourself. We only ask that you please don't wait until you have a whole truckload, we're "Dudes" not "Supermen".

Here's the list of Dudes you can call:
Dick Bernius 731-6514
Bill Dalager 296-3840

We are looking for more help so if you would like to volunteer to be a "Dude", please contact Dick Bernius or Debbie in the Activity Office.

Line Dancing

Line Dancing classes will begin on Monday, November 8th from 9 to 11 am in the auditorium. The cost is the same as last year at \$3.00 per lesson. All you need to do to join is to show up and have fun.

If you have never line danced before, this might be fun to add to your routine. This fun, lively activity is loved by a large number of RCE residents.

F.Y.I.

BYOB = Bring your own Beverage

BYOS = Bring your own Service

BYOC = Bring your own Cup

**AS A GENERAL RULE:
Tickets for food functions are not available for purchase on the day of the event.**

From the Office

It is so great to see so many familiar faces. There are also a lot of new faces too, so be sure and greet our visitors and make them welcome.

I would like to remind everyone that the park does have a few rules and we need to remember the following:

- 1-Speed limit is 10 mph in the park
- 2-Pets are to be on a leash and owners should clean up behind them
- 3-Stop signs are for everyone – vehicles, pedestrians and bikes
- 4-The newspaper in the coffee room is for everyone so please leave it on the table and do not cut up the articles or puzzles. Please leave the paper for everyone's enjoyment
- 5-Please check in with the office when you arrive and give us any update on changes, such as vehicle, phone, etc.

The next street sweeper date will be on Thursday, November 11.

If you see a maintenance problem in the park, please come to the office and report it so we can make out a work order for maintenance.

Don't forget our Refer A Friend program – it can earn you some credit on your account! If your friend with an RV has not stayed with us in the past 3 years (or at the West Park) and they stay a week or longer, you both get a \$20 credit. If they stay a month, you both get a \$100 credit. Pick up forms in the office. Be sure your friend says it is a "Refer a Friend" reservation when they call.

This past summer it was necessary to move my mother into assisted living. I have learned a lot through that process. One of the most valuable lessons I would like to pass on to all of you – that of labeling items that you want to pass on to children or relatives. Write on the back of your pictures as I have discovered after my mother's stroke that she can't remember where the pictures were taken or the names of the people in them. It has made me determined to clean out and organize

all my papers so that my children will not have this chore when I am no longer able to manage on my own. Use those special things you have been saving, and throw away what is no longer needed. Your children will thank you.

Welcome Home Everyone!
Joan

Holiday Hours

OFFICE HOURS DURING THANKSGIVING

The office will be closed at 2:00 pm on Wednesday, November 24 and will be closed all day on Thursday, November 25. We will also close at 2:00 pm on Friday, November 26.

VISITING GRANDCHILDREN DURING THANKSGIVING

Grandchildren over the age of 3 years visiting for the holidays are welcome to use the pool facilities between the hours of 12 noon to 4:00 pm from November 25 (Thanksgiving) through November 28th. In addition, they may use the other facilities during these days. As always, they must be accompanied and supervised by the resident. All guests should be registered in the office.



Tickets

To avoid confusion, remember that all tickets must be paid for at the time of sign up.

Functions involving food will have a cut off date either to give the caterers a count or for us to do the shopping.

Please purchase your tickets early. We appreciate your cooperation in this matter.

Walk-Around Sale

With all the places that the internet will take you now days, you would think I could find out who said the famous quote I was looking for. But alas, I could not.

“One mans junk, is another mans treasure.” For every place it was written on the internet, behind it always was said: “unknown”. So although I don’t know who said it, I do believe it.

So lets pull out your junk from behind that old bike in the shed and see if someone else thinks it might be a treasure he can’t live without. Our fall walk-around sale will be on Tuesday November 16th at 8:00 am.

The way I look at it is this: at two walk around sales a year, if you shop every sale, in about 10 years from now, you should be buying your own things back.

Dance with Two’s Company

Come on down to the Auditorium on Monday evening, November 22nd at 7:00 pm. You’ll enjoy the start of the holiday season by listening to one of your favorite bands, Two’s Company.

Beer, soda, and ice will be provided. Bring your own snacks. Tickets are \$5.50 and are available in the Activity Office.



Office Hours

Starting November 1, 2010, office hours will be from 8:00-4:30 Monday thru Friday.

Coming in December

Toys for Tots

Christmas Caroling

Gaslight Theatre

Pinochle News

Thursday Oct 14th, our first night of pinochle for the new season and we had 12 people show up. Phyllis Faustich had the first double pinochle of the year. Dick Shaver was high for the night, Pat Hansen was second high, Eva Nickell was third high and Barbara Golibersuch was fourth high.

It was sure nice to see all the players back and enjoying the game. Come down and join us on Thursday evenings at 7:00 pm in the Recreation Hall.

Eileen & Jack Rowlands
195 751-9957

Euchre

Euchre began on Tuesday, October 25, at 7:00 pm and is now in full swing. Euchre is played every Tuesday in the Card Room. If you would like to learn to play Euchre, please contact George Golibersuch, Unit 12, 885-6666. Everyone is welcome. Come have some fun.

A rectangular advertisement for KMJ Business Graphics, Inc. The ad features a logo with the letters 'KMJ' in a stylized font, followed by the text 'Your One Stop Print Shop!'. Below this, it lists services: 'IN-HOUSE GRAPHIC DESIGN', 'OFFSET PRINTING', and 'FULL COLOR DIGITAL PRINTING'. A starburst graphic on the right says 'WELCOME BACK!!'. At the bottom, it provides contact information: 'Business Cards, Invitations, Copies, Letterhead & Envelopes', '1495 N. Stone Ave., Suite 301, Tucson, AZ 85705', and '520-792-3815 FAX: 792-9073, office@kmbusinessgraphics.com'.

Around Town

By Rachel Lockey

The Loft Film Fest

The Loft Cinema
3233 E Speedway Blvd

November 11th- 18th

Tucson's art cinema showcases an eclectic range of new and classic films, and champions mavericks of the film world at a week long festival of movies and events. Passes and tickets go on sale on October 11th. For more information, call 795.7777 or on the web at www.loftfilmfest.com.

Butterfly Magic at the Gardens

Tucson Botanical Gardens
50 N Alvernon Way

October-April

Greenhouse exhibit features more than 100 species of live, farm-raised tropical butterflies. \$12 for adults and \$7.50 for kids, and that includes the garden admission. For more information, call 326.9686 or on the web at: www.tucsonbotanical.org.

All Souls' Procession

4th and University

November 7th

Nonmotorized multicultural parade through the heart of downtown Tucson, with giant puppets and costumed participants. Procession begins at 6 pm in front of Epic Café on 4th and University. For more information call 312.1448 or on the web at www.allsoulsprocession.org.

Holiday Craft Market

Tucson Museum of Art
140 N Main Ave

November 19th - 20th

Extensive holiday artisan show of handmade and unique gift items. This is a free show, running from 10am-5pm on both days. For more information call 624.2333 or on the web at www.tucsonmuseumofart.org.

Open Studio Tour

Tucson Pima Arts Council

November 13th and 14th

More than 100 Tucson artists open their studios and galleries for a free, self-guided tour. For more information call 624.0595 or for a full list of artists participating in this event, and addresses, go to www.tucsonpimaartscouncil.org.

University Medical Center El Tour De Tucson

November 20th

Presented by Diamond Ventures, thousands of cyclists from around the world ride in annual perimeter tour, with 109-, 80-, 67-, 35-, 4-, and 1/4-mile courses - one of the premier organized rides in the US - open to pros, fitness buffs, fun-lovers, and kids. Perimeter Bicycling Association of America. For more information call 745.2033 or on the web at www.pbaa.com.

American Indian Heritage Month Social Powwow and Craft Market

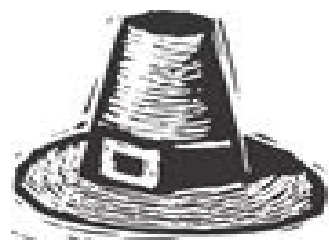
November 27th -28th

Exhibits of handmade jewelry, art and craftworks by Native American artists and artisans. For more information call the Indian Information and Trade Center at 622.4900 or on the web at www.usaindianinfo.org.

Holiday Nights At Tohono Chul Park

November 28th - December 6th

Sonoran Desert botanical garden, adorned with thousands of twinkling lights, celebrates the holiday season. For more information call 742.6455 or full a full schedule of performances go online to www.tohonochulpark.org.



MEDICAL NEWS YOU CAN USE

By Betty Blackstock

GUMMING UP THE WORKS!

Four out of every five Americans suffer from gum disease. It's the leading cause of adult tooth loss, and it's among the most common chronic infections among adults. Periodontal disease (perio) is a bacterial infection of your gums. In its early state, called gingivitis, it's preventable and reversible. Once it reaches the perio stage, it's irreversible and progressive, although it can be contained.

The problem is plaque. Plaque is a colorless film of bacteria and food debris that constantly forms on your teeth. The bacterial toxins irritate your gums and weaken their attachment to your teeth, and they can go all the way to the bone. If not removed, plaque eventually hardens into tartar. Tartar above the gum line may not cause perio, but that's only the tip of the tooth iceberg. Most tartar sticks to the dental root surface below your gums. At this point, usually, most symptoms begin.

Some symptoms are: bad taste in your mouth, bad breath, red or swollen gums, tender or bleeding gums, loose teeth, sensitive teeth, pain when chewing, a different fit to teeth or dentures when biting, gums shrinking away from teeth, brown spots on tooth surface.

Periodontal disease causes more tooth loss in adults than anything else. It infects gum tissue and bones and the supporting tissue of teeth. It can increase your chance of a fatal heart attack or stroke and is linked to Type-2 diabetes, gastritis, & respiratory infections!

Check out this web <http://www.webmd.com/heart-disease/features/periodontal-disease-heart-health>

Those most at risk are seniors, people under great deal of stress, including the stress of such common illnesses as cold and flu, and overweight people – researchers have found a link between obesity and perio.

The prevention is simple – brush after each meal, floss at least once a day, and make regular visits to your dentist, ideally every 4 to 6 months. Many of us don't have dental insurance, and regular maintenance may seem too expensive. But the alternative of costly treatments to correct a problem will be much more expensive!

Texas Hold'em Tournaments

We continued to play Texas Hold'em throughout the summer to the enjoyment of all the participants.

Beginning in November, tournaments will take place on the first and third Mondays of each month in the Card Room. If you are interested in playing, please sign up on the bulletin board. Buy-ins start at 5:30 p.m. with play beginning promptly at 6:00 p.m. Everyone is welcome to play. For a fun evening, please join us.

On October 4, there were 12 avid Texas Hold'em players. Virgil Darling came in third with Bill Driver and George Golibersuch dividing the first and second spots.

At our November 18 tournament, we had eight players. Phyllis Faustich took first place, Bill Driver second, and Ed Pierson came in third.

If you have any questions, please contact George Golibersuch, Unit 12, 885-6666.

Bocce Ball News

Another Bocce season and hopefully our new courts will be finished. We will have two regular sized courts. The whole area is being reconstructed. So get your teams together. We hope to have our first preseason game on Nov. 8th.

We are looking forward to another exciting year of fun and great times for everyone.

Jan & Carol Dennis # 248 885-0470
Dee & Marty Perez # 452 751-7677

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